**Lesson Plan**

Sept. 14, 2025

### God Knows Me—God Knows Everyone

**Bible Story:** Jesus Healed a Woman (Mark 5:21-34)

**Theme Verse:** “The LORD sees the heart.” (1 Samuel 16:7c)

Teachers rally with your team a few minutes before kids start to arrive: Rally is a pre-service time for you to be equipped and encouraged in your ministry.

Read: Mark 5:30-34

Share: Today we get to teach preschoolers that in a world where they may feel overlooked or unknown, God knows them and loves them. Jesus promised that He even knows the number of the hairs on our head! (Read Mark 5:30-34.) Kids can know that Jesus knows everyone, and He wants us to share His love with them too.

Pray: Lead the group in prayer, asking God to help kids know that He loves them and wants a relationship with them.

Remember: Share important information related to today’s activities. Mention any upcoming ministry announcements.

**Pre-Service:** TeachersChoose Playlister and start the preservice slide with music

**Co-Teacher/Volunteers: Arrival time, please use either one of these options as kids arrive for the morning to build relationships with kids and encourage them to build relationships with one another.**

**Option 1:** Kids will greet friends by waving hello, giving fist bumps, or giving high fives.

**Big Goal:**Learn a new name.

**What To Do:** Hello, everyone! My name is \_\_\_\_, and I am so glad you are here! Let’s say hello to each other in fun and different ways. Here is how we will play. I will say one of your names. The person I name will tell us how he would like his friends to say hello to him. We can wave, fist bump, or high-five. (Name a kid and ask how he would like everyone to say hello to him.) We will say this cheer to get started. Hello, hello, hello! Let’s \_\_\_\_ (wave, fist bump, or high-five) hello to \_\_\_\_ (say the kid’s name). (Repeat activity as time allows.)

**Connect It:**Great job saying hello to all of our friends in different ways! I hope you had fun and learned a new friend’s name. Learning the names of our friends is so important because it lets them know they are welcomed and wanted here. Let’s keep using each other’s names today as we have fun together.

**Option 2:** Kids will make a face out of play dough.

**Big Goal:**Encourage kids to help other kids belong.

**Leader Prep:**Print and post the “Allergy Alert” printable for adults to see for any kids who may have gluten allergies or sensitivities.

**Craft Instructions:**

1. **Before the session, print and post the “Allergy Alert” printable for adults to see for any kids who may have gluten allergies or sensitivities.**
2. **Give kids play dough.**
3. **Invite kids to make a face out of their play dough.**

**What To Do:**Are you ready to make a fun craft? Let’s use play dough to make a face. Make a happy face with a big smile like this. (Demonstrate a happy face.) Let’s all make a happy face. Ready? (Allow responses.) Great! Now let’s make a surprised face like this. (Demonstrate a surprised face.) Let’s all make a surprised face. Ready? (Allow responses.) Good job! Can you make a mad face like this? (Demonstrate.) Let’s all make a mad face. Ready? (Allow responses.) Way to go! As you mold and play with your play dough you can make any of these faces with it. Are you ready to get started? If you are ready say, “Let’s go!” (Let’s go!)

**Connect It:**That was so fun! We made lots of different faces. Let’s show each other our play dough faces. Ready? (Allow each kid time to show their play dough faces to the group.) Way to go, everyone! We are all so creative and belong here on this team. Great job making your play dough faces and then showing your teammates your creations!

##### **Leader Tip: Announce a 2-to-3-minute signal before asking them to clean up their toys. Giving your group a mental head start will begin to cue their minds for what is next.**

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##### **Clean-up time:**

##### **What to do:** Teacher play clean- up song, encouraging all kids to help get things put away and ready for service.

**Service**

**Teacher Opener:** Welcome! My name is \_\_\_\_, and I am so glad to see you today! Let’s do some movements that are up, down, and all around. Ready? Let’s shake our heads up and down like this. (Demonstrate.) Great job! Now let’s shake our heads all around like this.

(Demonstrate.) Way to go! Now let’s look up like this. (Demonstrate.) Good! Now let’s look down like this. (Demonstrate.) Great! Now let’s look all around like this. (Demonstrate.) You all did great! Today we are learning about how God knows us. God is everywhere—up, down, and all around—and that means He knows everything about us.

**Worship song #1:** Teachers, Co-Teachers, and volunteers worship with the kids, modeling what it looks like to give God our praise. Stand in the front of the room, or next to the kids- but not in the back.

**Bible Story Video**

What to do

* Play the Bible Story use the script below after video to help make the connection for the kids.

**Making the connection script:** Our Super Clue is a picture of friends, and it reminds us that just like we know and love our friends, God knows us and loves us too. That reminds me of our Big Deal, “Up, Down, All Around! God Knows Me!” Let’s say it together. Ready? 3-2-1 Go! (Do motions as you say the Big Deal.) “Up, Down, All Around! God Knows Me!” Great job!

Let’s talk and listen to God together by praying. Let’s thank Him for knowing us and caring about us.

God, thank You so much for knowing every single person. Thank You for knowing our needs, like when we are sick and need help. Thank You for knowing us, caring about us, and loving us very much. Amen.

Let's all stand and sing one last song to God together today!

**Worship song #2:** Teachers, Co-Teachers, and volunteers worship with the kids, modeling what it looks like to give God our praise. Stand in the front of the room, or next to the kids- but not in the back.

**Memory Verse Video:**

Let's stand up together and learn our Theme Verse!

##### **Leader Tip**: Choose between the Host-Led or the Video-Led option. Watch the Theme Verse Video to learn the motions. Use the Big Deal motions provided.

**Theme Verse Motions:**The LORD (Raise hands up facing inward.)

sees the heart. (Bring hands to your heart.)

1 Samuel 16:7c (Hold hands out like a book.)

**Offering**

WHAT TO DO

* Ask one of the kids to pass out the money.
* Play offering time video while kids pass the bucket.
* Ask a student(s) to come up and pray over the offering.

**Small Group Time:**

**Option #1:** Kids will create art using their hands and heart cutouts.

**Big Goal:**Remember the Bible story.

**Leader Prep:**Print “Hand Art” labels, one per child. Cut out hearts from tissue paper or construction paper, several per child.

**Craft Instructions:**

1. **Before the session, print “Hand Art” labels, one per child. Cut out hearts from tissue paper or construction paper, several per child. Offer heart-shaped stickers if you prefer not to cut out paper hearts.**
2. **Give each kid a sheet of construction paper. Invite leaders to trace each kid’s hand on the paper.**
3. **Give kids several heart-shaped cutouts and a glue stick or heart-shaped stickers.**
4. **Allow kids to glue the hearts on the paper around their traced hands.**
5. **Encourage kids to decorate their papers with crayons and a “Hand Art” label.**

**What To Do:** We are going to make a craft called “Hand Art.” What is it called? (Hand Art!) Yes! A leader will trace your hand on a piece of paper. Then we will give you several heart-shaped cutouts and a glue stick. You will put glue on the back of each heart and add them all around your handprint by pressing them down on the paper. (Use heart stickers if you prefer.) You can add some decorations with crayons and a sticker that says Jesus Healed a Woman to remind you of our Bible story.

**Loud And Clear:**Your crafts are so beautiful. They remind me that in our Bible story, a sick woman used her hand to touch Jesus’ clothes for healing. She knew Jesus could heal her, and He did. Jesus could heal her because He is God’s Son. He knew the moment the woman touched Him and was healed. Jesus knew everything about the woman who was sick, and He loved her. God is everywhere—up, down, and all around. And, that means He knows everything about us, and He loves us more than we can ever know. These hearts all around your handprints remind us that God knows us and loves us. Great job!

**Option 2:** Kids will work together to keep a ball on the parachute while lifting it up and down.

**Leader Prep:**Spread the parachute out on the ground so kids can go to a handle and be ready to play. If you do not have a parachute, a bedsheet or tablecloth will work as a substitute.

**Big Goal:**Remember the Bible story.

**What To Do:**We are going to play a super fun game called “Parachute Party.” Let’s all say, “Parachute,” together. Ready? “Parachute!” Great job! First, we will all stand around this parachute on the floor. Each of you will take a handle. We will start by working together to lift the parachute up and down. A leader will put a ball in the center of the parachute while we are moving it up and down. Our goal is to try to keep the ball from falling off the parachute. Let’s try it! Ready? 3-2-1 Go! (Play a few times like this. As kids get the hang of the game, add additional balls to the parachute. Praise kids for doing a good job keeping the balls on the parachute.)

**Loud And Clear:**That was such a fun game! As we played, we needed everyone to work together to help keep the ball on the parachute. If we did not work together, the ball would roll off the parachute. Today we are learning that **God knows everyone.**In our Bible story, Jesus was in a large crowd and someone touched Him. Even though there was a large group of people, Jesus knew every person. He knew the woman who touched Him had been sick, and He knew that His power had healed her. God knows everything about everyone. That includes you too. God is everywhere—up, down, and all around—and that means He knows everything about us.

**Close out in prayer:**

WHAT TO DO

* Ask for any specific prayer requests
* Pray with the group
* Lead the group in the prayer below.

**WHAT YOU SAY:** God, thank You so much for knowing every single person. Thank You for knowing our needs, like when we are sick and need help. Thank You for knowing us, caring about us, and loving us very much. Amen.

**End of service Activity:**

Have all kids come back together and have a seat and lead kids in the following discussions below. This is a time for side-by-side learning, where all kids have the opportunity to connect and participate.

1. **Who remembers what our Super Clue is today? (a picture of friends)**
2. **What does a picture of friends help us remember? (It helps us remember that God knows us and cares about us.)**
3. **Today we learned that God knows everyone. Does God know us and our friends? Does God know our families? (Yes! *God knows everyone.* God is everywhere—up, down, and all around—and that means He knows everything about us.)**
4. **In our Bible story, Jesus’ friends asked Jesus how He knew who touched His clothes. How did Jesus know who touched His clothes? (Jesus knows everyone and everything because He is God the Son. He knew the woman who touched His clothes.)**
5. **Who can you tell that God knows everyone?**
6. **Do you remember today’s Big Deal? Let’s say it together. I will say it first, then you say it after me. (Use the motions below as you say the Big Deal.) Ready? Up, Down, All Around! (Up, Down, All Around!) God Knows Me! (God Knows Me!)**

**Keep It Going:** Say each phrase of the Big Deal in different ways and allow preschoolers to repeat after you. Examples could include a loud, booming voice with exaggerated motions, a tiny voice using only your fingers for motions, and so forth. Call on a new volunteer to lead each time.

**Closing:**

**Leader Tip:** Work with your Teacher to dismiss the kids in a fun, manageable, and safe way. As kids leave, make sure they have all of the crafts and papers. Share with the person picking them up something positive you observed today. Invite them back next week.