

Lesson Plan

January 18th, 2026

This Month's Truth: I Am Secure—God can Always be Trusted

Bible Story: David trusted God (1 Samuel 17)

Theme Verse: Jesus Christ is the same yesterday, today, and forever. (Hebrews 13:8)

Teachers rally with your team a few minutes before kids start to arrive: Rally is a pre-service time for you to be expectant and equipped before the kids start arriving. Go over the lesson and any ideas for the day! Pray over your space and for the kids that will be coming that they will be connected to the person of Jesus!

Share: We get to teach kids that God can always be trusted. When David faced off against the giant Goliath, David trusted God to have the victory. (Read 1 Samuel 17:45,47.) Whatever giants we face in life, kids—and all of us here— can know that we are secure because we can trust God in everything.

Pray: Ask God to help your team trust and follow Him as they serve and lead today.

Pre Service

Arrival time, please use this time to build relationships with kids and encourage them to build relationships with one another.

Service

What To Do:

- **Teacher** Start 5-minute countdown **5 minutes prior to service start time**. The Countdown Video is meant to be played as a signal to transition to Large Group. The video is fun and interactive with opportunities for the kids to respond and cheer. Help kids engage and interact with the video by calling out what's happening, asking for their guesses, and cheering with them.

Teacher Opener: Welcome, everyone! My name is _____. What is my name? (Allow responses.) Wow, you all are so welcoming! I am so glad you are here today!

I am going to share a list of things that I think are pretty awesome. After I say something, I want you to reply, “That is awesome!” Let’s practice! I think dogs are pretty awesome! (That is awesome!) Great! Here are a few things I think are awesome: Pizza! (That is awesome!) Fuzzy socks! (That is awesome!) Playing games! (That is awesome!) (Include your own items that are unique and special to you.)

Now I know that some of these things might only be awesome to me and not you, but I do know of one thing that is always awesome to everyone everywhere all the time—God! Today we are going to learn about how God is, repeat after me (hold up a thumb after each word), “Always awesome!” (Always awesome!)

Game: Epic Facts

What You Say: Everyone, say, “Epic!” (Epic!) Everyone, say, “Facts!” (Facts!) Everyone, say, “Epic Facts!” (Epic Facts!) We are going to play a game called “Epic Facts!” Epic means something that is extraordinary, impressive, or awesome! God is always awesome, and He made people to be able to do awesome things too!

In “Epic Facts,” you will see an epic fact and a question on the screen. To answer the question, pick the answer you think is right and do the corresponding action. After you all have made your selections, I will show you the answer. Keep track of how many you get right! Give yourself a high five if you guessed correctly or pat yourself on the back if you did not guess correctly. Ready? Let’s play “Epic Facts!”

What You Say: What is the quickest someone has ever climbed Mount Everest? Was it A. 10 hours and 56 minutes? If so, then balance on your left foot! Was it B. 12 hours and 9 minutes? If so, then balance on your right foot! Or if you think it is C. 14 hours and 12 minutes, then jump up and down! (Allow responses.) OK, looks like the answer is—

If you guessed A. 10 hours and 56 minutes and balanced on your left foot, you are right! Give yourself a high five if you guessed correctly or pat yourself on the back if you did not guess correctly. You will get it next time! Let’s see the next one!

Who was one of the first people to fly non-stop across the Atlantic Ocean? Was it A. Amelia Earhart? If so, bend down. If you think B. Buzz Aldrin, bend side to side. If you think C. John Alcock, then stretch up on your tiptoes with your arms in the air. (Allow responses.) What is the correct answer?

Community Big Kids

If you stretched up on your tiptoes and guessed John Alcock, then you are right! Give yourself a high five or pat yourself on the back! Let's see "Epic Fact" number three.

What is the longest consecutive days someone has ever spent in space? Was it A. 365? If so, wave your hands in the air like you just do not care. If you are going with B. 405, flap your arms at your sides like wings. And if you think C. 437, turn in circles. (Allow responses.) Let's see the answer!

If you turned in circles and guessed 437, then you are right! Give yourself a high five or pat yourself on the back! Now for the next one.

The deepest ocean dive was made at what? If you think it is A. the Tonga Trench, pretend to swim forward. If you think it is B. Mariana Trench, pretend to swim backward. If you think it is C. Kermadec Trench, pretend to sink down and float up. (Allow responses.) OK, what is the correct answer?

If you pretended to swim backward and guessed B, the Mariana Trench, then you are right! Give yourself a high five or pat yourself on the back! Time for "Epic Fact" number five.

What is the length of the longest tightrope walk? Is it A. .75 miles? If so, kick your feet forward—but be careful not to kick anyone! If you think it is B. 1 mile, kick your feet side to side without kicking your neighbor. If you think it is C. 1.4 miles, kick your feet backward without kicking anyone else. (Allow responses.) Show us the answer!

If you guessed C, 1.4 miles, then you are right! Give yourself a high five or pat yourself on the back! We have one more, so let's see it!

The highest skydive took place in which place? If A. Boston, Massachusetts, then hop on your right foot. If B. Roswell, New Mexico, then hop on your left foot. If C. The Sahara Desert, then hop back and forth, switching feet. (Allow responses.) And our final answer is—

The answer is B. Roswell, New Mexico! Give yourself a high five or pat yourself on the back!

Loud And Clear: Wow, those facts were epic! Show me with your hands how many facts you got right! (Allow responses.) Great job! Sometimes people can do some really awesome stuff! However, I do not think I would be able to do most of these things. Tightrope walking? Living in space? No, thank you! Not for me! I would not feel secure at all!

But sometimes, even our normal lives do not feel very secure. Sometimes we can be sad, scared, or angry. In those moments, we may not be sure what will happen and feel very unsettled. But we can know God is with us! No matter what happens in our lives, we are secure in God. This means God knows what we need and is able to hold us fast no matter what we face. Point at yourself and say, “I am secure!” (I am secure!) That is right! We are secure because God is, repeat after me (hold up a thumb after each word), “Always awesome!” (Always awesome!)

Transition Script to go into the Intro Video: Everyone, stand up. Start running in place as fast as you can until I say stop. Ready? Go! (Allow kids to start running.) 5-4-3-2-1! Stop! Go ahead and sit back down. (Allow time.) You all seem like you would make very fast delivery people! Let's check out a video about a delivery man named Dominic who tries—and sometimes struggles—to be the fastest delivery guy ever! Let me hear you say, “Let's go!” (Let's go!)

Play Intro Video

What You Say: Dominic sure got distracted, but his watch really helped him get back on track! While we may not have to make deliveries like Dominic, we can also get easily distracted. We all struggle with wanting to do our own thing and trusting our own thoughts and feelings—even if those thoughts and feelings are not right. This can leave us feeling unsure or confused. But we have something—or should I say Someone—way better than a smartwatch. Ask, “Who?” (Who?) God! God's ways are always right and always best. We can trust God no matter what is happening or how we are feeling. Say, “God can always be trusted!” (God can always be trusted!) When we trust and follow God, we know we are secure in Him. Say, “I am secure!” (I am secure!)

Worship

What You Say: I am so excited for worship this morning! Let's all come up front and worship together this morning!

What To Do:

- Turn lights off
- 2-3 songs of worship

- **Teachers and Small Group Leaders worship with the kids, modeling what it looks like to give God our praise. Stand in the front of the room, or next to the kids- but not in the back.**
- Dismiss the kids back to their seats when the songs are over

What To Do:

- Have the kids **open up** a physical Bible and find the Bible story for that day.
- Use the Bibles provided in the classroom if a kid does not have their own Bible with them.

Transition Script to go into the Bible Story Video: (Open the Bible to 1 Samuel 17.) Our Bible story today is from the book of 1 Samuel. What book is it in? (1 Samuel!) First Samuel is a book of the Bible! The Bible is God's true message to us about Himself. In this story, we will learn about a young man named David who trusted God completely. David was secure in God, just like we can be secure in God. Say, "I am secure!" (I am secure!) David's story is just one example of how God can always be trusted. Because God is, repeat after me (hold up a thumb after each word), "Always awesome!" (Always awesome!)

Play Bible Story Video

Questions to consider asking after the video:

- What is something that you learned about God from the video?
- What is something that you learned about people?
- What can you take away from the video?
 - How can you apply the lesson from today into your life?

Making The Connection Script: Up against Goliath, I do not know if I would have shared David's reaction! I would have been so scared! Show me your scared face! (Allow kids to respond.) I probably would have screamed! With all of you in here, a super loud scream might be too much, so give me a medium scream! (Aaaahhh!) I might have even run away! Pat your legs quickly to make a running sound! (Allow kids to respond.) David's faith in God was on full display when he faced Goliath!

Instead of running away, screaming, or being scared when he saw and heard Goliath, David knew he could trust God for the victory! David knew that God had been trustworthy in the past and that God does not change. Therefore, David could trust God in the moment against the

giant Goliath. Say, “I am secure!” (I am secure!) Say, “God can always be trusted!” (God can always be trusted!)

Use the Three Circle Graphics on the Playlist

(Circle 1) God can always be trusted to carry out His plans, even when things seem hard or impossible. We can believe this because God has never changed! God created the whole world. He made everything out of nothing! That would be absolutely impossible for any person, but not for God! If God can create the whole world and take care of everyone in it, and He never changes, then we can trust Him to take care of us today.

(Circle 2) But instead of trusting God, people turn from His perfect plan and try to be in charge of their lives. All people—including us—trust ourselves instead of Him. When we choose what we think is best rather than trusting and following what God says is best, God calls this sin. Sin has broken our world and broken our view of ourselves, others, and even God. Instead of trusting God and others, we feel let down and wonder who we can trust. And there is no way for us to fix the problem of our sin by ourselves.

(Circle 3) But God loves us so much that He sent His Son, Jesus, to fix our sin problem and restore our relationship with Him! The punishment for sin is death and separation from God forever. Jesus died on a cross to take the punishment for our sin, then showed that He is more powerful than sin and death by coming back to life on the third day. When we ask Jesus to forgive our sin, trust that He is the only One who can save us, and turn from sin to follow Him, Jesus restores our relationship with God!

Even if people around you are not always trustworthy, God is. Even when your situation or circumstance seems confusing or intimidating, God is with you and will take care of you. We can always trust Him because He has been, is, and will be trustworthy forever. If you have never trusted God but want to, please come and talk to me or your Team Leader! We would love to share how you can trust that God made the way for you to have a relationship with Him through Jesus.

We are secure and can always count on God because He can always be trusted. Say that with me, “God can always be trusted!” (God can always be trusted!) That is right! Because God is, repeat after me (hold up a thumb after each word), “Always awesome!” (Always awesome!)

Offering

What To Do:

- Play video explaining offering to kids
- Play offering time video while kids pass the bucket
- Ask a student(s) to come up and pray over the offering

Theme Verse Review:

Choose between the Video-Led Theme Verse option or the Host-Led Theme Verse option.

Theme Verse Motions: Jesus Christ is the same (Point your right hand up to the sky with an open palm.)

yesterday, today, and forever. (Bring your hand down and pretend to slice something. Slice something in the middle with your left hand. Slice something to your left with your right hand.) Hebrews 13:8 (Hold your hands out like a book.)

Option #1: Put the memory verse slide on the screen.

What You Say: God is always awesome! And God can always be trusted! God can always be what? (Trusted!) That is right! We can trust Him because He never changes! Let's stand up and learn our Theme verse that tells us this truth!

Repeat after me: (Use the motions above.)

Jesus Christ is the same (Jesus Christ is the same)

yesterday, today, and forever. (yesterday, today, and forever.)

Hebrews 13:8 (Hebrews 13:8)

Great job! This time let's say it as quiet as possible!

Jesus Christ is the same (Jesus Christ is the same)

yesterday, today, and forever. (yesterday, today, and forever.)

Hebrews 13:8 (Hebrews 13:8)

Excellent! Now, let's say it super loud!

Jesus Christ is the same (Jesus Christ is the same)

yesterday, today, and forever. (yesterday, today, and forever.)

Hebrews 13:8 (Hebrews 13:8)

God is always awesome, always good, and always trustworthy! He has always been this way, and He will always be this way. No matter your situation, you can always trust God! You can always what? (Trust God!) That is right! Because He is, repeat after me (hold up a thumb after each word), “Always awesome!” (Always awesome!)

Option #2: Play Memory verse video

What You Say: God is always awesome! And God can always be trusted! God can always be what? (Trusted!) That is right! We can trust Him because He never changes! Let's learn our Theme verse that tells us this truth!

Play Memory Verse Video

What You Say: God is always awesome, always good, and always trustworthy! He has always been this way, and He will always be this way. No matter your situation, you can always trust God! You can always what? (Trust God!) That is right! Because He is, repeat after me (hold up a thumb after each word), “Always awesome!” (Always awesome!)

Large Group Closing:

What You Say: We can be sure that we are secure in God because God can always be trusted. He is trustworthy yesterday, today, and forever! Point to your neighbor and say, “You are secure!” (You are secure!) Point to yourself and say, “I am secure!” (I am secure!) Let's pray and talk to God in 3-2-1.

Closing Prayer: God, thank You that we can always trust You no matter our circumstances. You care about us deeply and have a good plan for our lives. Help us trust You more and tell others about Your awesomeness! In Jesus' name we pray, amen.

Transition to Small Group Time: Split the kids into small groups. This can be done either by age, grade, or gender.

Small Group Time:

Option #1: Connection Questions

What You Say: Let's dive a little deeper into why God is, repeat after me (hold up a thumb after each word), "Always awesome!" (Always awesome!)

1. What do you think would be the difference between a bridge built by a professional bridge builder and a bridge built by a professional clown? (Allow answers.)
2. What would happen if you sat on a broken camping chair? (Allow answers.) A broken chair cannot be trusted to hold you. What is different when it comes to trusting God? (Allow answers, which might include God can always be trusted, God will never break or let us down, and so forth.)
3. The Bible tells us that we are secure because God can always be trusted. Let's open our Bibles to 1 Samuel 17:45 and 47 and read about it together. (Invite kids to open their Bibles. Read the passage aloud or invite a kid who volunteers to read the passage aloud. Be sure to have Bibles available for kids who need one. Help kids find the passage so everyone can follow along together.) David said that the battle belonged to God. How can what David said help us when we react to the challenges in our lives? (Allow answers, which might include asking for God's help, trusting that God will take care of us, and so forth.)
4. We know that God has done some seemingly impossible things, like defeating Goliath. He also saved us from the punishment of our sin through His Son, Jesus! What are some different situations that we can trust God to handle? (Allow answers, being sensitive to those who do not want to share. Share your own answer.) If you have never trusted God or asked Jesus to forgive your sin, I would love to tell you more! God loves you so much and has so much security to offer you!
5. The Bible tells us we are secure because God can always be trusted, and He is always (hold up one thumb) awesome (hold up the other thumb)! What is something you learned today? Is there anything you have questions about? (Allow kids to answer and share your own answer.)

Option #2: Pom Pom Slingshots

Leader Tip: Today the kids are making slingshots out of cups. Please advise the kids to not shoot one another with the slingshots. You have the authority to take an item away if they choose to not be wise with what they are given.

What To Do: Today we are going to be making something very fun. David took three things with him to fight Goliath. What were those things? (a staff, sling, and stones) That's right! We're going to be making our own slings today. They will look a little different than the one David used in our Bible story.

We're going to be taking a cup and cutting the bottom of it. (Allow time.)

Now we're going to take a balloon and tie it. Then go ahead and cut the bottom off the balloon. Not too much, just a little.

Then put your balloon around the cut part of your cup. Now you have a sling! Let's glue this saying around our cup so that when we use it we can always remember that "God can always be trusted"!

I have some pom poms here for us to use as our stones. Let's see how far we can shoot them.

Loud And Clear: Your slings are so cool! We may never face a physical giant like David faced Goliath, but we can trust God like David did. No matter what is happening or how we are feeling, we can turn to God and remember that His ways are always best and that He will always take care of us. We can trust God to lead and guide us, like a compass! Repeat after me, "God can always be trusted!" (God can always be trusted!) That is right! Because God is, repeat after me (hold up a thumb after each word), "Always awesome!" (Always awesome!)

Option #3: Activity Page

What To Do: This activity page helps us remember some big things we have learned about today. As you color and work on activities, talk to a friend about some of your favorite parts of our time together.

Leader Tip: Use this time to get to know the kids better. Ask them what they remember about the Bible story or remind them we can trust God just like David did in his fight against Goliath. We can be sure we are always secure because God is, repeat after me (hold up a thumb after each word), "Always awesome!" (Always awesome!)

Loud And Clear: Just like the secret code does not change even if you do not know it yet, God also never changes, even if you do not know Him yet! And just like you trusted your teammate to give you instructions, you can always trust God. You are secure because God can always be trusted!

Close out in prayer:

What To Do:

- Ask for any specific prayer requests
- Pray with the group
- Lead the group in the prayer below.

What You Say: God, thank You for sending Your Son, Jesus, to forgive our sins. We can trust that You are faithful to forgive us when we ask and to restore our relationship with You. Help us to trust and follow You, no matter what is happening or how we are feeling. Give us the courage to tell others about how You are trustworthy yesterday, today, and forever! Amen.

Dismissal:

Leader Tip: Work with your team to dismiss the kids in a fun, manageable, and safe way. As kids leave, make sure they have all of the crafts and papers. Share with the person picking them up something positive you observed today. Invite them back next week.