



Part 1: Fast & Furious

✓ The _____ of Fasting

(Matthew 6:16-18) "When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full. But when you fast, put oil on your head and wash your face, so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you."

Different Types of Fasts:

- _____ fast
- _____ fast
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(Luke 2:36-37 NKJV) Now there was one, Anna, a prophetess, the daughter of Phanuel, of the tribe of Asher. She was of a great age, and had lived with a husband seven years from her virginity; and this woman was a widow of about eighty-four years, who did not depart from the temple, but served God with fastings and prayers night and day.

- The number one goal of fasting is to experience the _____.



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(2 Peter 3:9 MSG) God isn't late with his promise as some measure lateness. He is restraining himself on account of you, holding back the End because he doesn't want anyone lost. He's giving everyone space and time to change.

(Matthew 9:15 NLT) Jesus replied, "Do wedding guests mourn while celebrating with the groom? Of course not. But someday the groom will be taken away from them, and then they will fast."

✓ **The _____ of Fasting**

1. _____ **for our nation** (1 Samuel 7:3-6)

2. _____ **from bondage** (Matthew 17:19-21)

3. _____ **over trouble** (Ezra 8:21)

4. _____ **for my future** (Acts 9:3-6, 9)

5. _____ **over my enemy** (Daniel 10:1-3)

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