

# MAKE IT STICK

## THE LIFE OF JESUS LESSON 49

5 SIMPLE WAYS  
YOU CAN MAKE  
THIS LESSON STICK  
WITH YOUR KIDS

### THIS WEEK'S LESSON

#### 5 Simple Ways to Make This Week's Lesson Stick



##### **IN THE CAR:**

On the drive home, ask your child what he learned about this week:

When big things happen to us, who can we turn to? God! We can trust God with our big news. We can lean on Him for help, just like Mary did. Luke 1:26-38, The Coming Birth of Jesus



##### **HANGING OUT:**

Make this week's lesson real:

Ask your kid if they are having any difficulty with a change or big news in their life. Challenge your kid to spend time praying for 5 minutes every day this week to practice talking to God about their challenges and needs.



##### **AT DINNER:**

Here are some great discussion starters:

How would you feel if you were Mary, and Gabriel gave you that message?

How is this similar to a big thing you have gone through?

What are some ways we can take the emotions we are feeling and trust them to God?



##### **AT BEDTIME:**

Quiz your child on this week's memory verse:

"But the angel said to them, 'Do not be afraid. I bring you good news. It will bring great joy for all the people.'" Luke 2:10



##### **PARENT TIME:**

What you need to know:

As parents and teachers of our children, it can be a challenge to teach them to honor their emotions but not to let their emotions control their behaviors. One way we can help kids with this is by teaching kids to notice how they feel and not try to hide their emotions. It is only through acknowledging our emotions that we can deal with them. Next, we need to bring our emotions to God in prayer. When we lean on God with the BIG EMOTIONS that we have, He helps us to see them more clearly and know how to move forward with wisdom and discernment! It can be tempting to say things like "don't cry" or "stop being angry". But instead, we can say, "I'm sorry you feel angry, let's pray together and ask God to help you through this."