

Intro to Biblical Counseling: Connecting Biblical Truth in Practical Ways

Lesson 9: The heart of the Issue. Understanding the heart and addressing idols of the heart.

The desires, focus, and inclinations of our heart directs and dictates our lives. When our heart worship anything other than God, it is idolatry. We are all susceptible to this, as are those we counsel.

A definition of the heart

Key Passages on the Heart - Jot down a summary of the Biblical teaching on the heart as we read through these.

1. Mark 7:14-23
2. Luke 6:43-45
3. Genesis 6:5
4. James 4:1-3
5. Jer. 17:9-10
6. Heb. 4:12

1. 1. Sam. 16:7
2. Ps. 111:1
3. Prov. 4:23
4. Matt. 22:34-40
5. Luke 6:44-45

Idolatry

The heart's desires

Reorienting our hearts

Discussion Questions / Homework

1. Do you have a biblical understanding of the heart?
2. Do you believe that the heart is the central issue that needs to be realigned and reprinted to the Lord and His truth for us to grow and change?
3. Use one or more of the provided handouts in thinking about your own set of idols or potential idols.