

## Intro to Biblical Counseling: Connecting Biblical Truth in Practical Ways

### **Lesson 6: God and His Word**

*How we think about God and His Word directly and radically affects how we approach and engage in biblical counseling.*

#### **IV. The Scripture is sufficient to help us solve all of the non-physical challenges of life (Psalm 19:7-11 2 Timothy 3:14-17)**

- A. The Biblical Support (Psalm 19:7-11)
- B. The Biblical Support (2 Timothy 3:14-17)
- C. Hard things in life do not invalidate Scripture
- D. The example of Sufficiency: Christ's Temptation
- E. An Illustration of Sufficiency: What's in the Bag?

### **Affirmation of Biblical Sufficiency**

### **Application of Sufficiency to biblical counseling**

#### **Discussion and Application Questions**

- What is meant by the sufficiency of Scripture?
- What is the Bible sufficient for, in biblical counseling?
- Do you affirm the sufficiency of Scripture in biblical counseling? Why/why not?
- If the Bible is sufficient, does secular psychology play a role in biblical counseling? What?
- Does sufficiency invalidate the role of other believers, or of the presence and need of the Holy Spirit in our lives?