

# Intro to Biblical Counseling: Connecting Biblical Truth in Practical Ways

## **Lesson 4: God and His Word**

*How we think about God and His Word directly and radically affects how we approach and engage in biblical counseling.*

### **III. Our Biblical Mandate and Foundation**

A. We have a biblical obligation to each other

#### *Review*

1. Believers are to admonish one another (Acts 20:31; Rom. 15:14; Col. 3:16)
2. Believers are to comfort one another (1 Thess. 4:18; 2 Cor. 1:3-7)
3. Believers are to encourage one another and build each other up (1 Thess. 5:11; Heb. 3:13)

#### *Today*

4. Believers are to love one another (1 John 4:7, 11; Rom. 13:8)
5. Believers are to speak the truth to one another in love (Eph. 4:15; 25)

B. We need biblical counseling because of the nature of sin

1. Sin deceives us and can carry a believer into lustful passions (Jer. 17:9; Heb. 3:13; 1 Thess. 4:3-5)
2. Believers can help each other to see the truth of God's Word, and encourage and stimulate heart change (Lke. 17:3; Matt. 18:15).
3. We need each other when we are stuck in sin. We have a biblical responsibility to gently restore those who have been caught in sin (Gal. 6:1).
4. Believers get to urge other believers to live biblical and holy lives, helping them to overcome the snares and sin that entangles them (Tit. 2:11-15; Heb. 12:1-3)
5. We want to bring the Word of God which is living and active to bear in people's lives in practical and applicable ways (Heb. 4:12).