# Intro to Biblical Counseling: Connecting Biblical Truth in Practical Ways

## Lesson 3: God and His Word

How we think about God and His Word directly and radically affects how we approach and engage in biblical counseling.

# I. There is Hope: It is found in God and His Word

- A. Our hope is in God Himself
- B. True hope vs. false Hope
- C. A certain hope
- D. How to inspire hope

# II. Biblical Counseling: What are we talking about?

### III. Our Biblical Mandate and Foundation

- A. We have a biblical obligation to each other
- B. We need biblical counseling because of the nature of sin

# IV. The Scripture is sufficient to help us solve all of the non-physical challenges of life

#### **Discussion and Application Questions**

- Have you ever felt hopeless? Is there hope to be found in even the worst trials?
- · How would you define biblical counseling?
- · Why do we do biblical counseling?
- Is the Bible sufficient for the task of Biblical Counseling? Why or why not?