# The Year(s) Of Following Jesus #195 How To Deal With A Troubled Heart (conclusion)

September 22, 2025

Welcome Home! Thanks for joining us today

#### September 27 & 28, 2025

Holy is the Lord

#### Welcome

Goodness of God

Such an Awesome God

#### **Lord's Supper Thought**

Great Are You Lord

#### Prayer

#### Communion

Lesson: The Year(s) of Following Jesus #195 - How to Deal with a Troubled Heart - Part Two — Pastor Ed



#### **Good Stuff To Know**

Riverside Services Online- If you aren't in town on the weekend, you can still follow our services. We live stream each service on Facebook! You can also watch them anytime through Facebook by navigating over to https://www.facebook.com/EagleRiverside. And you don't need a Facebook account to watch the videos.

Offerings To Riverside - In case you were wondering- We don't pass a collection plate at Riverside. If you'd like to give, there are boxes at the back & envelopes in the information racks for cash donations. If you would like the convenience of giving online, go to www.EagleRiverside.com, click on "Give" and follow the directions. Your donations are an answer to our prayers and are the only means by which Riverside is able to operate.

**FAQs** - Have questions about why we do what we do and why we don't do what we don't do? Chances are you'll find more about it on our FAQs page. You can access the page from our website or text the word "Guest" to 907-312-2662 and you'll receive a link to the page.



OCODOOCH, LOOK AT MR FANCY JOSEPH

#### **First Time Visitors**

#### The Lord's Supper (Communion)

This is a time when we "commune" with God and remember Jesus' sacrifice. We also "commune" with one another as His church family. You are welcome to participate with us by going to one of the tables set up with trays- each cup is actually 2 cups (bread in bottom and juice on top) so grab a set of cups and take it back to your place. You can eat/drink the cracker and juice whenever you feel ready and then throw the cups away on your way out (there are trash cans at all exits). Ask if you need gluten free. Everyone is welcome to join us if you're interested in remembering Jesus' life & sacrifice with us.

"Welcome To Riverside" brochure available online.

www.EagleRiverside.com

#### This Week At Riverside

- **⇒** Bible Study Wednesday
- **→** Thrive Thursday
- **→** Learning with Laughter

#### Need To Talk?...

The church office is not staffed during the week. There is a preschool that uses our building, so Ed, Aniela & Nate work from home. If you would like to contact them directly you can call them or email and set up an appointment.

Ed - 907.306.2823, ednjude@gmail.com Aniela - 907.748.1556, anielawhah@gmail.com Nate - 907.360.4825, nrsandback@gmail.com Cassie - 907.360.2996, cassiemlinn@gmail.com

Website: www.EagleRiverside.com

Facebook: EagleRiverside

#### Riverside Happenings

Service Project(s) - Our September service project is Learning with Laughter, a Christian program bringing education to children in Liberia. Donations can be made for school supplies and food all year long. Our October service project is the Harvest Festival. Save the date - October 26th. We need lots of candy and

**Bible Study** - Meeting Wednesdays from 6:30 to 7:30 pm, led by Jake Belford. This is an opportunity to fill up your tank mid-week with Jesus! All are welcome.

**Community Group** - Alive is expanding to include our entire church family! Contact Cassie, and text 'alive' to 907-312-2662 for updates.

Ladies Craft Day - Bring your own craft and a dish to share. Saturday, October 11th, 10 am-4 pm at the church. See Becky 812-449-7004.

Riverside Potluck - October 12th, after the 2nd service, Chili cookoff! Compete for the best traditional and. Non-traditional chili. Don't want to bring chili? Bring some toppings/sides: cheese, onions, or combread. See Jon for details.

Baptism - Want to get baptized or have questions? Scan the QR code or go to www.EagleRiverside.com/baptism

Riverside App - Did you know Riverside has its own app?

Feed the Teens: Sign up to make a meal or donate cash for pizza. See Aniela or Cassie for details.





#### **Upcoming Youth Events**

Monday, October 6th, 6:00 - 7:30

Ignite and Rev (our two younger youth groups) will combine at Riverside for pizza, games, and a devotional. For 4th - 8th graders. Questions? Like to help?



THRÉÉE

Thursday, October 2nd, 6:00 - 8:00

9th - 12th graders. At Riverside. Pizza, games, and a devotional. Questions? Like to help? See Aniela.

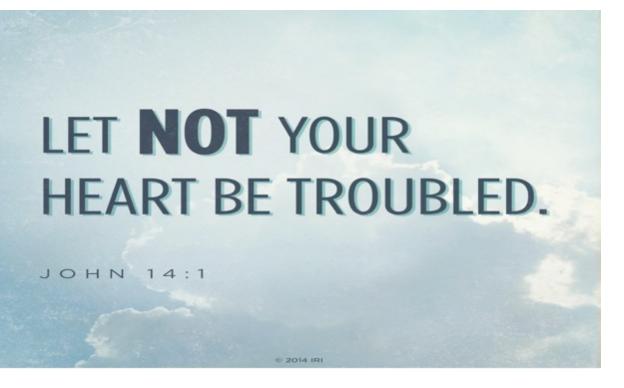
To get updates, text the following to 907.312.2662: "IGNITE" (4th & 5th) "REV" (6th-8th), -or- "THRIVE" (9th-12th)

Everybody's Welcome...

Nobody's Perfect...

Anything's Possible!





Simon Peter asked, "Lord, where are you going?" And Jesus replied, "You can't go with me now, but you will follow me later."

—John 13:36 (NLT)

## How Did Jesus Tell The Disciples To Grieve?

### 1. He Tells Them To Trust In God.

• Do not let your hearts be troubled. You trust in God; trust also in me.

—John 14:1 (NLT)

## 2. Focus On The <u>Future</u>.

• In my Father's house there are many rooms; if that were not so, would I have told you that I am going there to prepare a place for you? And if I go and prepare a place for you, I will come back and take you to be with me that you also may be where I am.

—John 14:2-3 (NIV)

## 3. Don't Worry About Directions.

• "And you know the way to where I am going."

"No, we don't know, Lord," Thomas said. "We

have no idea where you are going, so how can we know the way?"

—John 14:4-5 (NLT)

\* Jesus told him, "I am the way, the truth, and the life. No one can come to the Father except through me."

—John 14:6 (NLT)

• I am leaving you with a gift— peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid. Remember what I told you: I am going away, but I will come back to you again.

—John 14:27-28 (NLT)

# **Follow Through Step:**

Spend some time reflection on what it means that Jesus is "The Way". How does that help you to deal with your troubled heart when things seem darker than they've ever been?