

The Year(s) Of Following Jesus #194 How To Deal With A Troubled Heart

September 20, 2025

*Welcome Home!
Thanks for joining us today*

September 20 & 21, 2025

Blessed Be Your Name

Welcome

Honest Offering/I Surrender All

How Can It Be

Lord's Supper Thought

I Surrender

Prayer

Communion

Lesson: The Year(s) of Following Jesus

#194 - How to Deal with a Troubled Heart —

Pastor Ed



Good Stuff To Know

Riverside Services Online- If you aren't in town on the weekend, you can still follow our services. We live stream each service on Facebook! You can also watch them anytime through Facebook by navigating over to <https://www.facebook.com/EagleRiverside>. And you don't need a Facebook account to watch the videos.

Offerings To Riverside - In case you were wondering- We don't pass a collection plate at Riverside. If you'd like to give, there are boxes at the back & envelopes in the information racks for cash donations. If you would like the convenience of giving online, go to www.EagleRiverside.com, click on "Give" and follow the directions. Your donations are an answer to our prayers and are the only means by which Riverside is able to operate.

FAQs - Have questions about why we do what we do and why we don't do what we don't do? Chances are you'll find more about it on our FAQs page. You can access the page from our website or text the word "Guest" to 907-312-2662 and you'll receive a link to the page.



First Time Visitors

The Lord's Supper (Communion)

This is a time when we "commune" with God and remember Jesus' sacrifice. We also "commune" with one another as His church family. You are welcome to participate with us by going to one of the tables set up with trays- each cup is actually 2 cups (bread in bottom and juice on top) so grab a set of cups and take it back to your place. You can eat/drink the cracker and juice whenever you feel ready and then throw the cups away on your way out (there are trash cans at all exits). Ask if you need gluten free. Everyone is welcome to join us if you're interested in remembering Jesus' life & sacrifice with us.

"Welcome To Riverside" brochure available online.
www.EagleRiverside.com

This Week At Riverside

(Specific info about these activities is listed in the "Happenings" section)

- ➔ Ignite/Rev Monday
- ➔ Bible Study Wednesday
- ➔ Thrive Thursday
- ➔ Learning with Laughter

Need To Talk?...

The church office is not staffed during the week. There is a preschool that uses our building, so Ed, Aniela & Nate work from home. If you would like to contact them directly you can call them or email and set up an appointment.

Ed - 907.306.2823, ednjude@gmail.com

Aniela - 907.748.1556, anielawhah@gmail.com

Nate - 907.360.4825, nrsandback@gmail.com

Cassie - 907.360.2996, cassienninn@gmail.com

Website: www.EagleRiverside.com

Facebook: EagleRiverside

Riverside Happenings

Service Project - Our September service project is **Learning with Laughter**, a Christian program bringing education to children in Liberia. Donations can be made for school supplies and food all year long.

Bible Study - Meeting Wednesdays from 6:30 to 7:30 pm, led by Jake Belford. This is an opportunity to fill up your tank mid-week with Jesus! All are welcome.

Community Group - Alive is expanding to include our entire church family! Contact Cassie, and text 'alive' to 907-312-2662 for updates.

Ladies Craft Day - Bring your own craft and a dish to share. Saturday, October 11th, 10 am-4 pm at the church. See Becky 812-449-7004.

Riverside Potluck - October 12th, after the 2nd service. Chili cookoff! Compete for the best traditional and. Non-traditional chili. See Jon for details.

Baptism - Want to get baptized or have questions? Scan the QR code or go to www.EagleRiverside.com/baptism

Riverside App - Did you know Riverside has its own app? Download here.

Feed the Teens - Sign up to make a meal or donate cash for pizza. See Aniela or Cassie for details.



Upcoming Youth Events

Monday, September 22nd, 6:00 - 7:30

Ignite and Rev (our two younger youth groups) will combine at Riverside for pizza, games, and a devotional.

For 4th - 8th graders. Questions? Like to help?

See Cassie.



Thursday, September 25th, 6:00 - 8:00

9th - 12th graders. At Riverside. Pizza, games, and a devotional.

Questions? Like to help? See Aniela.



To get updates, text the following to 907.312.2662:

"IGNITE" (4th & 5th) "REV" (6th-8th), -or- "THRIVE" (9th-12th).

Everybody's Welcome...

Nobody's Perfect...

Anything's Possible!

Following The Year(s) Of ^Jesus #194 How To Deal With A Troubled Heart



Simon Peter asked, "Lord, where are you going?" And Jesus replied, "You can't go with me now, but you will follow me later."

—John 13:36 (NLT)

How Did Jesus Tell The Disciples To Grieve?

1. He Tells Them To Trust In God.

- *Do not let your hearts be troubled. You trust in God; trust also in me.*

—John 14:1 (NLT)

- *While he was still speaking to her, messengers arrived from the home of Jairus, the leader of the synagogue. They told him, "Your daughter is dead. There's no use troubling the Teacher now." But Jesus overheard them and said to Jairus, "Don't be afraid. Just trust."*

—Mark 5:35-36 (NLT)

- *This is how we know that we belong to the truth and how we set our hearts at rest in his presence: If our hearts condemn us, we know that God is greater than our troubled hearts, and he knows everything.*

—1 John 3:19-20 (NIV)

2. Look To The Future.

- *There is more than enough room in my Father's house. If this were not so, would I have told you that I am going to prepare a place for you? When everything is ready, I will come and get you, so that you will always be with me where I am. And you know the way to where I am going.*

—John 14:2-3 (NLT)

- *It was by faith that Abraham obeyed when God called him to leave home and go to another land that God would give him as his inheritance. He*

went without knowing where he was going. And even when he reached the land God promised him, he lived there by faith—for he was like a foreigner, living in tents... Abraham was confidently looking forward to a city with eternal foundations, a city designed and built by God.

—Hebrews 11:8-10 (NLT)

- *Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us. We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God's throne. Think of all the hostility he endured from sinful people; then you won't become weary and give up.*

—Hebrews 12:1-3 (NLT)

- *Therefore, we who have fled to him for refuge can have great confidence as we hold to the hope that lies before us. This hope is a strong and trustworthy anchor for our souls. It leads us through the curtain into God's inner sanctuary. Jesus has already gone in there for us.*

—Hebrews 6:18-20 (NLT)

3. Don't Worry About ____.

- *"And you know the way to where I am going."
"No, we don't know, Lord," Thomas said. "We have no idea where you are going, so how can we know the way?" Jesus told him, "I am the way, the truth, and the life. No one can come to the Father except through me. If you had really known me, you would know who my Father is. From now on, you do know him and have seen him!"*

—John 14:4-7 (NLT)

- *Some people naturally obey the Law's commands, even though they don't have the Law. This proves that the conscience is like a law written in the human heart. And it will show whether we are forgiven or condemned, when God appoints Jesus Christ to judge everyone's secret thoughts, just as my message says.*

—Romans 2:14-16 (CEV)

- *Then you will call my name. You will come to me and pray to me, and I will listen to you. You will search for me. And when you search for me with all your heart, you will find me! I will make sure you find me," says the Lord. "And I will bring you back from your captivity.*

—Jeremiah 29:12-14 (NCV)

- *I am leaving you with a gift— peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid. Remember what I told you: I am going away, but I will come back to you again.*

—John 14:27-28 (NLT)

Follow Through Step:

Spend some time reflecting on what Jesus says about trusting in God and focusing on the future. How are you doing at those two things? Remember God doesn't expect you to be perfect at this. He knows you too well. ;0)