NINE SECRETS FOR HEALTHY RELATIONSHIPS WEEK 4

5:22-23(ANP)

'But the fruit of the Spirit [the result of His presence within us] is love [unselfish concern for others], joy, [inner] peace, patience [not the ability to wait, but how we act while waiting], kindness, goodness, faithfulness, gentleness, selfcontrol. Against such things there is no law. And those who belong to Christ Jesus have crucified the sinful nature together with its passions and appetites.

5:22-23(NLT)

'But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!



-Peace does not mean "the absence of tension or conflict" but rather "the tranquility of order."



'These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world.'





1. Peace with God

<u>Disobedience</u> always brings a feeling of disorder to your life

'Therefore being justified by faith, we have peace with God through our Lord Jesus Christ Romans 5:1



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2. Peace of God

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'Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

Philippians 4:6-7

2. Peace of God

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3. Peace on earth

Differences with others can bring a feeling of disorder to your life, if you see them with the wrong perspective

'Glory to God in the highest, And on earth peace, good will toward men. '

Luke 2:14

Fools start fights everywhere while wise men try to keep peace.

Proverbs 29:8

Blessed are the peacemakers: for they shall be called the children of God. '

Matthew 5:9



P- Plan

So if you are about to place your gift on the altar and remember that someone is angry with you, leave your gift there in front of the altar. Make peace with that person, then come back and offer your gift to God. Matthew 5:23-24

E- Empathize with their feelings

Finally, all of you should be of one mind. Sympathize with each other. Love each other as brothers and sisters. Be tenderhearted, and keep a humble attitude.

1 Peter 3:8



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A- Attack the problem, not the people

'People who wink at wrong cause trouble, but a bold reproof promotes peace. Proverbs 10:10

Instead, by speaking the truth in a spirit of love, we must grow up in every way to Christ, who is the head. Ephesians 4:15



C- Cooperate as much as possible

If it be possible, as much as lieth in you, live peaceably with all men.

Romans 12:18

'But the wisdom from above is first of all pure. It is also peace loving, gentle at all times, and willing to yield to others. It is full of mercy and the fruit of good deeds. It shows no favoritism and is always sincere. James 3:17



E- Emphasize reconciliation, not resolution

'And all things are of God, who hath reconciled us to himself by Jesus Christ, and hath given to us the ministry of reconciliation; 2 Corinthians 5:18

'And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. Philippians 4:7

