



MAIN IDEA

When we trust God, we can rise above the world's opinions.

Head Change: To understand that trust should express itself in our responses.

Heart Change: To draw inspiration from knowing that when our hearts are aligned with God, He fights life's battles with and for us.

Life Change: To take heart in the Lord even when the circumstances around us seem unsatisfying from a worldly point of view.

GO DEEPER

Read 1 Samuel 13:14, Acts 13:22, 1 Samuel 17, Psalm 119:34, Psalm 25:11, Psalm 9:1, Psalm 27:1.

David is called a man after God's own heart, first in the book of Samuel and later in the book of Acts. As you read the psalms, note a few of the characteristics displayed by David.

What does it mean to be a man or woman after God's own heart? How do you see this being played out in 1 Samuel 17?

Find a few other psalms written by David that demonstrate his trust in God?

How do you think trust plays an integral part in being deemed a man or woman after God's own heart?

1 SAMUEL 17



VERSE SPOTLIGHT

V45 - Then David said to the Philistine, “You come to me with a sword, a spear, and a javelin, but I come to you in the name of the LORD of hosts, the God of the armies of Israel, whom you have taunted.”

DIGGING IN

- **What does it mean to be a man or woman after God's own heart? How do you see this being played out in 1 Samuel 17?**
- **How do you think trust plays an integral part in being deemed a man or woman after God's own heart?**
- **How would you define the word TRUST?**
- The text tells us the soldiers were “dismayed and terrified” (verse 11). **Do you think some were secretly hoping that they wouldn't be chosen to go out and fight this guy? Do you think they had already given up hope? How do you think King Saul felt about all of this?**
- Let's look back to chapter 9 for a moment. This is the story of when Saul first became king. Somebody read 1 Samuel 9:2. **What does this tell us about King Saul?**
- So, when Goliath issues his challenge—“Send one guy out to fight me”—**who do you think everybody's looking at? Who do they expect to step up to the fight?**
- **Why is David so sure he can win?**
- So, as you think about the “giants” in your life—the big problems you're facing, **is there a difference between self-confidence and trusting in God? What is the difference?**
- Don't get confused and read yourself into this story. You are not king David. If anything, we are more like all the frightened Israelites, cowering and unable to defeat our great foe. Rather, Jesus is the King that defeats the ultimate giant (The Devil, sin, death, and grave).
- **How do you respond to the notion that Jesus, not you, is the David who has defeated the giant in your life? What are the implications of this for the way you live your life?**
- **Consider the victory you have in Christ. What do you think it means to life *from* victory as opposed to living *for* it?**

5 MARKS FOCUS: PRAYER

This portion of Scripture encourages us to remain faithful to the Lord. We must trust in him. We have a Kingly Representative in Jesus as he faced and defeated the giant of sin. Pray that the Lord would give you courage and comfort as you face battles in your daily walk.

Pray together as you take turns reading Psalm 18:1-6; 13-19; and 46-48

PSALMTHING SPECIAL

Psalm 23 picks up where 1 Samuel 17 left off. It wasn't David who had the necessary skills, it was the Lord. The Lord gave David confidence when everyone else was shaking in their sandals. The Lord gave him courage while the mighty Goliath was trash talking. And the Lord sent that stone to its destination.

And in the same way, the Lord guides us in paths of righteousness. The Lord goes with us into the valley. The Lord helps us deal with our enemies. Those promises are given to us as well as to David.

David's faith and confidence were placed in the Lord; not himself. Consider that we have a *LIVING GOD*. He is not a mere, abstract idea of some far-off being. He is near to each believer. He is just as alive and present today as he was in David's time.

What hope does that give us today?