



# Fresh Start






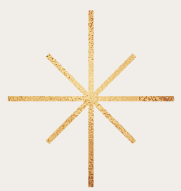
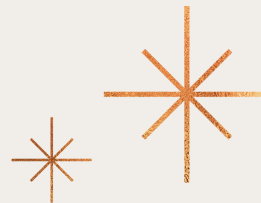
## Thirty Day Prayer and Scripture Guide

This 30-day guide is designed to lead you, and us as a church, into a new season of renewal, vision, transformation, and purpose for 2026. Each day includes a scripture reference, a prayer focus, and a reflection prompt to help us step into this new year in faith.

God wants to bring us all into alignment with His incredible plans for our lives and for us here at South Point Church. However, He does require us to renew our minds toward faith, truth, obedience, and thanksgiving.

I Corinthians 2:9 AMP

“But just as it is written [in Scripture], ‘Things which the eye has not seen and the ear has not heard, and which have not entered the heart of man, all that God has prepared for those who love Him [who hold Him in affectionate reverence, who obey Him, and who gratefully recognize the benefits that He has bestowed].’”



## **Week 1 – New Beginning**

### **Day 1**

Scripture Reference: John 3:3 “Jesus answered him, ‘Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God.’”

Prayer Focus: Thank God for your new birth through Jesus.

Reflection: How does this truth change how I live every day?

### **Day 2**

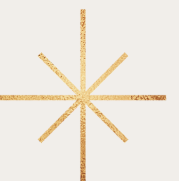
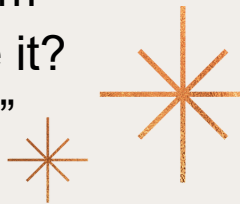
Scripture Reference: 2 Corinthians 5:17 “Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.”

Prayer Focus: Pray to recognize your new identity through Jesus.

Reflection: How can I walk in my new identity within myself?  
How can I walk in my new identity with my family, friends, co-workers, and even strangers?

### **Day 3**

Scripture Reference: Isaiah 43:18-19 “Remember not the former things, nor consider the things of old. 19 Behold, I am doing a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert.”



Prayer Focus: Thank God for new beginnings. Even those you have not yet seen.

Reflection: What old things is God asking me to release so He has room to do a new thing in me?

#### Day4

Scripture Reference: Romans 6:4 “We were buried therefore with Him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in the newness of life.”

Prayer Focus: Pray to walk in the newness of life that Jesus has provided for you through His death and resurrection.

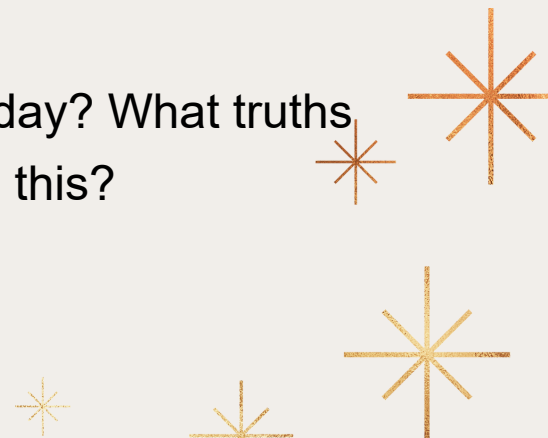
Reflection: In what ways do I see I am walking in that newness? How can I align with Him to receive all He desires for me?

#### Day5

Scripture Reference: Lamentations 3:22-23 “The steadfast love of the Lord never ceases; His mercies never come to an end; 23 they are new every morning; great is your faithfulness.”

Prayer Focus: Thank God for His daily steadfast love, mercies, and faithfulness in your life.

Reflection: How can I live with fresh hope today? What truths do I need to receive from God to accomplish this?



## Day 6

Scripture Reference: Psalms 51:10 “Create in me a clean heart, O God, and renew a right spirit within me.”

Prayer Focus: Ask God to continuously create a clean heart in you.

Reflection: Where do I need a spiritual reset? How can I cooperate more with the Holy Spirit on this?

## Day 7

Scripture Reference: Philippians 3:13-14 “Brothers, I do not consider that I have made it my own. But one thing I do: forgetting what lies behind and straining forward to what lies ahead, 14 I press on toward the goal for the prize of the upward call of God in Christ Jesus.”

Prayer Focus: Pray for strength to press forward, and to let go of past ways and sins.

Reflection: What distractions do I need to leave behind? How am I endeavoring to look forward to the future God has planned for me instead of spending my time looking backwards?



## WEEK 2 - Renewing the Mind

### Day 8

Scripture Reference: Romans 12:2 “Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.”

Prayer Focus: Pray for a renewed and transformed mind - that through the Holy Spirit you may know God more, His truths, and His will for your life.

Reflection: What thought patterns have you previously had that need to change?

### Day 9

Scripture Reference: Philippians 4:8 “Finally brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if that is anything worthy of praise, think about these things.”

Prayer Focus: Pray that the Holy Spirit would help you learn to have more Christ-focused thoughts.

Reflection: How can I choose thoughts that align with God's truth and nature?



### **Day 10**

Scripture Reference: 2 Corinthians 10:5 “We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ,”

Prayer Focus: Pray about getting victory over negative thoughts through the Holy Spirit.

Reflection: Where do I believe lies about myself and others? Am I aligning with scripture even regarding how I think God feels about me?

### **Day 11**

Scripture Reference: Colossians 3:2 “Set your minds on things that are above, not on things that are on earth.”

Prayer Focus: Ask for God’s perspective for your life and family.

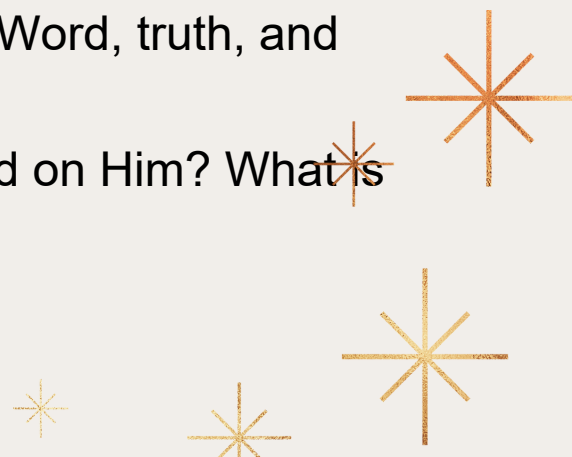
Reflection: How can I make changes to receive a more Heavenly viewpoint of my life?

### **Day 12**

Scripture Reference: Isaiah 26:3 “You keep him in perfect peace whose mind stays on you, because he trusts in you.”

Prayer Focus: Pray for more trust in God’s Word, truth, and ways.

Reflection: Where do I need to rest my mind on Him? What is hindering me in this area?



### **Day 13**

Scripture Reference: Psalm 19:14 “Let the words of my mouth and the mediation of my heart be acceptable in your sight, O Lord, my rock and my redeemer.”

Prayer Focus: Ask God to purify your thoughts and words.

Reflection: What words truly reflect what’s in my heart versus His heart?

### **Day 14**

Scripture Reference: James 1:5 “If any of you lack wisdom, let him ask God, who gives generously to all without reproach, and it will be given him.”

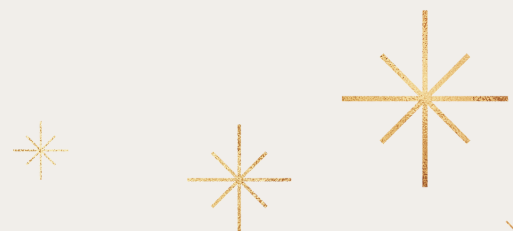
Prayer Focus: Pray for wisdom and discernment over every situation you are facing.

Reflection: How can I align my desires with His, and follow His wise answers for my life?

## **WEEK 3 – Power of Vision**

### **Day 15**

Scripture Reference: Proverbs 29:18 “Where there is no prophetic vision the people cast off restraint, but blessed is he who keeps the law.”



Prayer Focus: Pray for God's vision over your life so you may follow Him closer.

Reflection: Where am I lacking a clearer vision to accomplish this?

## Day 16

Scripture Reference: Habakkuk 2:2-3 "Write the vision; make it plain on tablets, so he may run who reads it. 3 For still the vision awaits its appointed time; it hastens to the end – it will not lie. If it seems slow, wait for it; it will surely come; it will not delay."

Prayer Focus: Ask God for patience and trust in His timing.

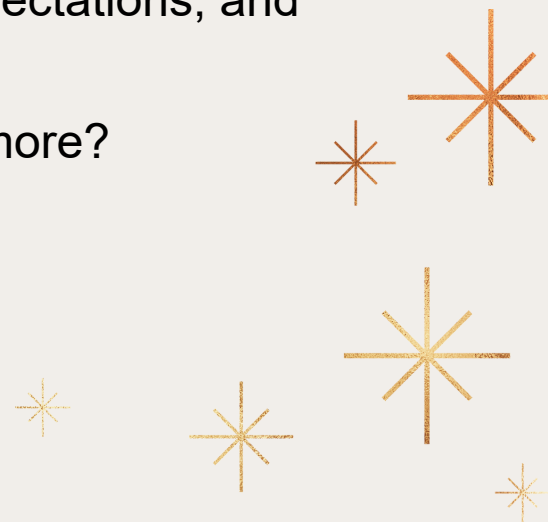
Reflection: What vision has He already placed in your heart that you should be cooperating with?

## Day 17

Scripture Reference: Ephesians 3:20 "Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us,"

Prayer Focus: Thank God for exceeding expectations, and endeavor to believe He can again.

Reflection: How can I learn to trust Him for more?





### Day 18

Scripture Reference: Jeremiah 29:11 “For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope.”

Prayer Focus: Thank God for His heart toward you always, and for His good plans for your life.

Reflection: How does His plan for me give me peace?

### Day 19

Scripture Reference: Isaiah 30:21 “And your ears shall hear a word behind you, saying, ‘This is the way, walk in it,’ when you turn to the right or when you turn to the left.”

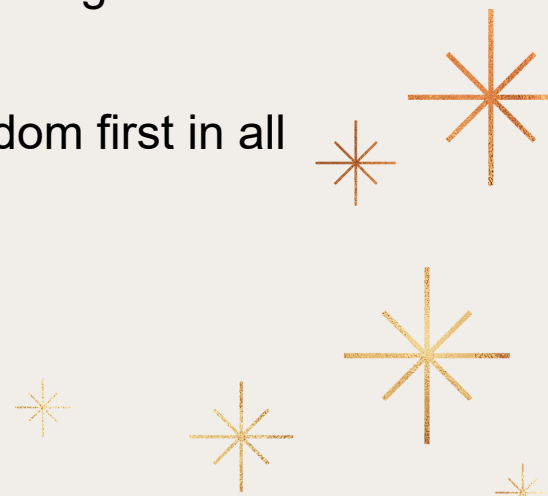
Prayer Focus: Pray to hear His voice clearly so that you may know His will for your life.

Reflection: Where do I need His direction? Do I believe the Holy Spirit can give it to me?

### Day 20

Scripture Reference: Matthew 6:33 “But seek first the kingdom of God and His righteousness, and all these things will be added to you.”

Prayer Focus: Pray to always seek His Kingdom first in all areas of your life.



Reflection: What priorities need to shift in my life so that I may be able to seek Him better?

### **Day 21**

Scripture Reference: Psalm 37:4 “Delight yourself in the Lord, and He will give you the desires of your heart.”

Prayer Focus: Lord, help me to delight in your will, timing, and vision for my future.

Reflection: What would it look like to delight in Him no matter what?

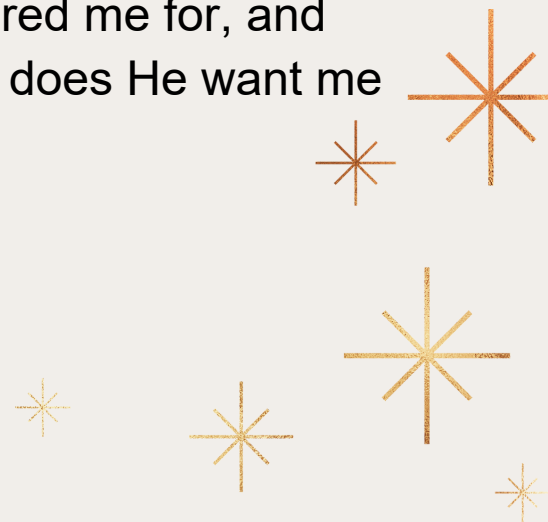
## **WEEK 4 – Walking into Purpose**

### **Day 22**

Scripture Reference: Ephesians 2:10 “For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.”

Prayer Focus: Thank God for creating you with a defined purpose for His Kingdom’s sake, and that He may reveal your calling and gifts through the Holy Spirit.

Reflection: What good works has God prepared me for, and shown me to do already? What future works does He want me to get to?



### Day 23

Scripture Reference: Matthew 5:14-16 “You are the light of the world. A city set on a hill cannot be hidden. 15 Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. 16 In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in Heaven.”

Prayer Focus: Pray to be a light where God has placed you.

Reflection: With whom can I intentionally demonstrate the light of Christ within me, and thereby impact them?

### Day 24

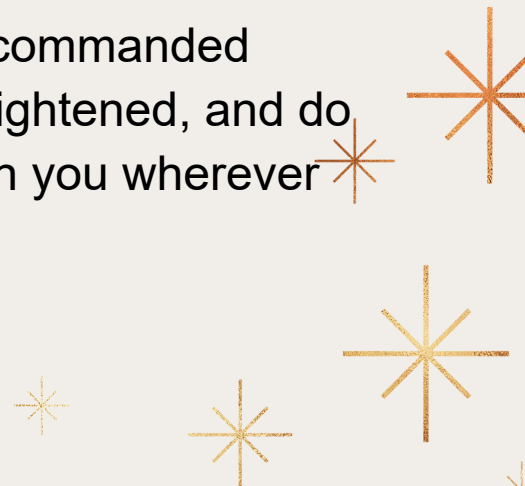
Scripture Reference: 1 Peter 4:10 “As each has received a gift, use it to serve one another, as good stewards of God’s varied grace.”

Prayer Focus: Pray to recognize, understand, and use your Holy Spirit-given gifts for God’s glory.

Reflection: How am I stewarding what He has given me in this area?

### Day 25

Scripture Reference: Joshua 1:9 “Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go.”



Prayer Focus: Ask for courage to walk in your calling and the gifts Holy Spirit has generously bestowed upon you to bring glory to our Father and King, Jesus.

Reflection: Where is fear holding me back from stepping out in faith for the Kingdom of God?

### Day 26

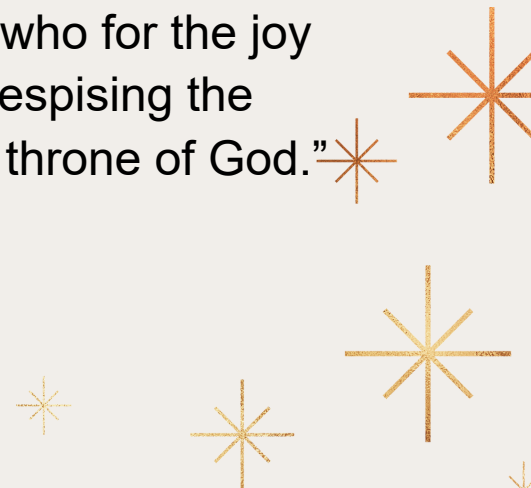
Scriptural Reference: John 15:5 “I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.”

Prayer Focus: Pray to always stay connected to The Vine, our Lord and Savior, Jesus.

Reflection: How can I abide more deeply in Him? What steps can I take to ensure a deeper relationship?

### Day 27

Scripture Reference: Hebrews 12:1-2 “Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and sin, which clings so closely, and let us run with endurance the race that is set before us.” 2 looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before Him endured the cross, despising the shame, and is seated at the right hand of the throne of God.”



Prayer focus: Pray for clarity and endurance from the Holy Spirit to run your race.

Reflection: Like all Christ followers before me, what weights do I need to lay aside to accomplish His will and finish well for His Kingdom?

### **Day 28**

Scripture Reference: Philippians 1:6 “I am sure of this, that He who began a good work in you will bring it to completion until the day of Jesus Christ.”

Prayer Focus: Thank God for the work in you He began and will help you finish.

Reflection: What areas in my life need God’s wisdom to complete His work in my life?

## **WEEK 5 – FreshStart Declaration**

### **Day 29**

Scripture Reference: Revelation 21:5 “And He who was seated on the throne said ‘Behold, I am making all things new.’ Also he said, ‘Write this down, for these words are trustworthy and true.’”



Prayer Focus: Praise and thank our Abba who makes all things new as He promised.

Reflection: Where has He brought new life for you this month? Where has He helped you to understand more about this season of renewal, vision, transformation, and purpose He has for you and our body of believers?

### Day 30

Scripture Reference: Ephesians 3:16-19 “That according to the riches of His glory He may grant you to be strengthened with power through His Spirit in your inner being, 17 so that Christ may dwell in your hearts through faith – that you, being rooted and grounded in love, 18 may have strength to comprehend with all the saints what is the breadth and length and height and depth, 19 and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God.”

Prayer Focus: Pray for more understanding of, and belief in, His great love for you so that you may be more rooted and grounded in that immeasurable love.

Reflection: What measures can I take to continue to walk in this “fresh start”?

