

## Church of the Servant Personal Worksheet

This exercise is intended to help inform your focus during Lent. What might God want to do in you? You are invited to ask God to guide you in assessing your progress toward becoming like Christ. Consider these verses:

*"Examine yourselves to see whether you are living in the faith. Test yourselves." II Corinthians 13:5 NIV*

*"Don't drift along taking everything for granted. Give yourself regular check-ups... Test it out." II Corinthians 13:5 The Message*

*"You will know them by their fruits." Matthew 7:16 NIV*

*"Search me, God, and know my heart; test me and know my thoughts. See if there is any offensive way in me and lead me in the way everlasting." Psalm 139:23-24 NRSV*

This worksheet is for your eyes only. It is an opportunity for you to be honest with yourself and with the Lord. The Christian life may not be able to be measured in typical ways, however, Jesus teaches about the character qualities that reveal the condition of our hearts and our relationship with God. Our faith is reflected in how we live. In other words, we can look at how we live to get a sense of the health of our faith.

You are invited to consider each of these qualities in your own life and place one of the following numbers next to each item.

- 1.) Not true of me.      2.) Needs help.      3.) Getting better.      4.) Going well.

\_\_\_ Gentleness - My life is free from rage and outbursts of anger. I am aware of what triggers my own irritations. I am approachable and kind.

\_\_\_ Humility - I do not have an inflated opinion of myself. I regard others as important. I have a teachable spirit. I avoid bragging, name-dropping, and making myself look good.

\_\_\_ Pure Heart - I have no hate, ill will or bitterness against anyone. I look for ways to bring peace into situations.

\_\_\_ Meekness - (Meekness is a restraining of one's own power, a patient endurance of offenses.) I am strong enough in Christ that I do not fight back or strike out when others criticize, reject, or complain against me.

\_\_\_ Compassion - I search out and act on opportunities to care for others, especially those about whom Jesus talks – the needy, sick, elderly, prisoners, homeless and the “little ones”. I listen well.

\_\_\_ Hypocrisy - I am the same person in public that I am in private. I am authentic in how I live.

\_\_\_ Forgiveness - I am able to say that there are no broken relationships that I have not attempted to straighten out. I hold no resentment, bitterness, or grudge.

\_\_\_ Loving - I see people the way God sees them, as precious children of God. I treat everyone with respect. I have invited God to express His love through me. I am conscious of representing the love of Jesus to my world.

\_\_\_ Restitution - If I have ever taken things which do not belong to me, or hurt people by what I said or did, I have gone back and made restitution where possible.

\_\_\_ Thought Life - I am careful about what I think about. I invite Christ into my thoughts. I have victory over sexual sin. I avoid situations that could tempt me to sin. I guard what I allow to enter my mind. I avoid questionable movies, videos, magazines, and media which could cause me moral problems. I give my worries over to Christ.

\_\_\_ Speech - I don't slander or gossip. I do not say harsh or unkind things. I do not give biting criticism or caustic remarks. I give encouragement, comfort, help and inspiration. My tongue is under control.

\_\_\_ Spiritual Passion - I take my spiritual growth seriously and want to become more Christ-like in my life. I do not ignore or dismiss areas where I fall short. I do the things I know keep me close to Christ. I invite the work of the Holy Spirit in all areas of my life.

What practice or discipline or experience during Lent might help you make progress on one or more of these?