

30 Ideas to Celebrate Random Acts of Kindness Day

1. Compliment the first three people you talk to today!
2. Send encouraging text messages to a few people!
3. Post inspirational sticky notes around your neighborhood, office, school, etc!
4. Donate old towels or blankets to an animal shelter!
5. Surprise a neighbor with freshly baked cookies or treats!
6. Let someone go in front of you in line who only has a few items!
7. Leave a gas gift card at a gas pump!
8. Celebrate someone just for being who they are, which is awesome!
9. Have a LinkedIn account? Write a recommendation for coworker or connection!
10. Leave quarters at the laundromat!
11. Encounter someone in customer service who is especially kind? Take an extra five minutes to tell their manager!
12. Write a kind message on your mirror with a dry erase marker for yourself or a family member!
13. Set alarms on your phone to go off during the day to pray for someone!
14. Send a gratitude email to a coworker who deserves more recognition!
15. Know parents who could use a night out? Offer to babysit for free!
16. Return shopping carts for people at the store!
17. Buy a plant or treat for a friend!
18. Write a positive comment on your favorite blog, website, or a friend's social media account!
19. Have a clean up party at a park!
20. While you're out, compliment or encourage a parent who is doing a great job!
21. Leave a hard-working server a large tip!
22. When out and about, pick up any litter around you and put it in the trash!
23. Write your spouse, child, friend, or other family member a list of things you love about them!
24. Purchase extra dog or cat food and bring it to an animal shelter!
25. Send a 'Thank you' card or note to the officers at your local police or fire station!
26. Run an errand for a family member or friend who is busy!
27. Leave a box of goodies in your mailbox for your mail carrier!
28. Pay it Backward: buy coffee or QT drink for the person behind you in line!
29. Put your phone away while in the company of others!
30. Email or write to a former teacher or mentor who made a difference in your life!

