

# The Lord's Table

Connect Group Guide - 9.7.25

## Opening Prayer

## Key Takeaways:

1. Communion is more than just a ritual - it's a powerful, visible proclamation of our faith.
2. The Lord's table is a place of remembrance, unity, and anticipation of Christ's return.
3. There is power and healing available at the communion table.
4. Communion should be practiced not just at church, but also in our homes.

## Discussion Questions:

1. What new insights did you gain about communion from this sermon?
2. Pastor Mike mentioned that communion is a "visible confession of our faith." How does partaking in communion demonstrate your faith to others?
3. Discuss the significance of Jesus being "at the table" rather than "on the table" during the Last Supper. How does this change your perspective on communion?
4. The message emphasized teaching children about communion. How can we effectively pass on the meaning and importance of communion to the next generation?
5. How does understanding communion as "remembering" (versus "dismembering") impact your view of its role in church unity?
6. Pastor Mike mentioned doing communion at home. Have you ever practiced communion outside of a church setting? What was that experience like?
7. How can we approach communion with a deeper sense of reverence and understanding, avoiding the temptation to view it as routine?

## **Practical Applications:**

1. This week, take time to "examine yourself" before taking communion, as mentioned in 1 Corinthians 11:28. What does this process look like for you?
2. Consider incorporating communion into your family or personal devotional time this month. How might this enhance your spiritual walk?
3. Write a short prayer of thanksgiving, focusing on what Christ's body and blood mean for you personally. Share it with the group if you're comfortable.
4. Reflect on areas of your life where you may be taking "bits and pieces" of following Christ rather than "eating the whole lamb." What steps can you take to fully surrender those areas?
5. Practice "pleading the blood of Jesus" in your prayer life this week, as the pastor suggested. Share any experiences or insights with the group next time.

## **Closing Prayer:**

Thank God for the gift of communion and ask for His help in approaching the Lord's table with greater understanding and reverence.