

# Foundations

## Week One: Family

Connect Group Guide - 9.21.25

### Opening Prayer

### Key Takeaways:

- God designed the family as the first and foundational institution for society.
- Marriage is defined as one man and one woman united in a lifetime bond of committed love.
- The family is meant to reflect Christ's relationship with the church.
- Sin has fractured families, but Jesus came to restore what was lost.
- Building a strong family requires intentional effort and putting Christ at the center.

### Discussion Questions:

1. How does understanding marriage as a picture of Christ's relationship with the church impact your view of family?
2. Pastor Mike mentioned that disappointment can lead to loss of passion. Have you experienced this in your faith or family life? How can we combat this?
3. What are some practical ways we can make Jesus the cornerstone of our families?
4. The message highlighted the importance of men leading their families spiritually. What does this look like in practice? How can we support and encourage this?
5. How has technology and busy schedules impacted family time and communication? What changes might we need to make?
6. Pastor Mike emphasized the need for both "caretaking" and "kingship" in marriage. How do you understand this balance?

## Practical Applications:

1. Commit to eating dinner together as a family at least 3 times this week, engaging in meaningful conversation.
2. **For married couples:** Begin practicing daily communion together at home.
3. **For parents:** Initiate a family devotional time or prayer time this week.
4. Evaluate your use of technology and create a plan to limit distractions during family time.
5. **Men:** Take initiative to lead your family in a spiritual activity this week (prayer, Bible reading, etc.)
6. **Singles:** Consider how you can strengthen relationships within your church family or biological family.

## Closing Prayer:

Pray for God's guidance in strengthening families, for wisdom in leading, and for a renewed passion for Christ in all areas of life.