

HABITS

Let's Choose Wisely

January 11, 2026

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Series: "Habits: Let's Choose Wisely" - Part 1

Message: "A Christ-centered Identity Leads to God-honoring Habits"

Text: Romans 7:15-25; Galatians 6:7-9

Big idea: Lasting change doesn't start with what we want to do, but with who we are becoming in Jesus.

Why we fail to see lasting change

1. We admire the _____ but ignore the _____.
2. We do not see _____ fast enough.
 - Wrongly conclude: Small _____ decisions do not matter that much.
 - Wrongly conclude: Small _____ decisions do not matter that much.
 - Our life is the sum total of all the _____ decisions we make.
3. An ungodly/mistaken _____ leads to unwise _____.
 - An unhealthy identity creates unwise _____.
 - A healthy identity creates positive _____.

The starting point for lasting change

When we know _____ we want to become in Jesus, we will know _____ to do.

My identity in Jesus

Who I am becoming in Jesus: _____

What are some practices that would help me reach it: _____



Digital Bulletin



Sermon Resources

MY NEXT STEP TODAY IS TO:

- ☐ What stands out to you from this message?
- ☐ Identify who you want to become in Jesus.
- ☐ What steps do you need to take for your identity in Jesus to be a reality?
- ☐ Join Celebrate Recovery or an Engage Group.
- ☐ Trust and follow Jesus today.