Celtic Saints & Celtic Spirituality

Course Sheet

The Christians who came to faith on the British Isles developed their own unique traditions. This faith is shaped by the theology of the Eastern Church and is thus an important corrective to the prevailing Augustinian orientation of Western approaches to faith. We will explore the wealth of Celtic Spirituality, as well as be introduced to some of the Saints whose lives richly blessed the regions we will travel through.

Course Requirements:

- 1) Read one of the following books:
 - † Celtic Spirituality by Oliver Davies
 - † The Celtic Way of Prayer by Ester DeWaal
 - † <u>Listening for the Heartbeat of God: A Celtic Spirituality</u> by Phillip Newell

Write a one-page book reflection which is best due by December 15, 2025 but at the latest is due December 31 2025.

- 2) Attend the sessions and participate in the small-group activities.
- 3) Following the final class spend 30 days praying very "earthy" prayers. Prayers that would be at home in a Celtic Spirituality. Let the unique habits and values and tenets of Celtic Christianity shape you. Write a one-page experience reflection on what you discover. This is due within 60 days of the final course class (in this case before May 31, 2015).

(A Required Course for those going to Scotland/England in fall 2026)