*Ask for God’s Spirit to give you understanding of His Word, eyes to see who He is, conviction and discernment to know how this applies to your life, freedom to speak with humility and honesty before others, as well as love to listen graciously to others. Then read through the passage together before talking through the questions below. Leave time at the end for sharing more specifically how you might need prayer in light of what you discussed, as well as ways you can respond this week.*

**DISCUSSION 1: REVIEW OF PSALM 16**

1. What does this psalm say about what having a relationship with God is like?
2. Why is it often hard for us to be content? Where do we usually turn to find fulfillment?
3. What are some ways that the Lord has provided for you? Can you remember any times that He has been your portion by providing more of Himself?
4. How is the eternal hope of heaven previewed in Psalm 16? (See also Acts 2:22-32; Rom. 8:23; 1 Cor. 15:23)
5. What are some ways we can take delight in the Lord?

**DISCUSSION 2: SPIRITUAL THIRST AND REFRESHMENT**

1. What comes to mind when you think about being thirsty (v. 1)? Why do you think David uses this illustration?
2. What kinds of circumstances in our lives reveal our need—our thirst—for God?
3. Read John 4:13-14 and 7:37-39. What do these passages say about how our spiritual thirst is satisfied?
4. How does David apply the truth he knows about God (v. 2-8) to his own life circumstances (v. 9-11)?
5. Read Isaiah 41:8-13. What do these verses, along with Psalm 63:7-11, say about God’s attitude towards us when we’re experiencing hard things?

**DISCUSSION 3: SATISFACTION IN GOD ALONE**

1. [Blaise Pascal](https://www.epm.org/resources/2008/Feb/21/longing-for-happiness-in-blaise-pascal/) once said, “the infinite abyss can only be filled by an infinite and immutable object, that is to say, only by God Himself.” What does David do to try to fill this abyss, to quench his thirst (v. 2-8)?
2. What are some of the deepest desires we have as human beings? How does God satisfy these for us?
3. What are some of the other things we try to find satisfaction in besides God? Why do we even look anywhere besides God for satisfaction?
4. What are some ways that we can walk more closely with God, close enough to be “in the shadow of [His] wings” (v. 7)?

**ADDITIONAL RESOURCES:**

* Extra Scriptural references: Psalm 1:1-3; Psalm 73:23-28; Isaiah 55:1-3
* [“Psalm 63 (Better than Life)”](https://youtu.be/UdS6fFDf170?si=Y8LnaZF_yAAqkdw5)—a song by Shane and Shane ([Spotify](https://open.spotify.com/track/43rVaC703YCbLSUBeGW9Jo?si=c1e4a005577d40d4))
* [“Psalm 63 - My Soul Thirsts for You”](https://open.spotify.com/episode/6nplNNJh7BTDRM7RivcCJn?si=b194af80b408499f)—an audio devotional by Dane Ortlund (also in print in his book [*In the Lord I Take Refuge: 150 Daily Devotions through the Psalms*](https://www.amazon.com/-/es/Dane-Ortlund/dp/1433577704/ref=sr_1_1?dib=eyJ2IjoiMSJ9.0hWiHYy98dtngJTImIUdN_UZjtFKNjP8jVS6IITHTY2wzg6pFpLA4aZWG_dz7tTUoy3DH0H8VO8mroD881pu4NGpijCA1oVg7k44I59FCKRM51sKdkALjjT1veySgmZw8Mzlxdu5A7yl1j8QzckEcBgCEyge5OffKtVqF8yVsx2_6Zb7jygbQ-ogG3jz49eOH3grJn0Ov9Tc9CiqWHbwB2sSxFI9mVa4qUAW7phCt_8.bwoLFthZrolFicpAnSaUrkVOIgT-JL0AQmOkfmYnhuQ&dib_tag=se&hvadid=580635170538&hvdev=c&hvlocphy=9016105&hvnetw=g&hvqmt=e&hvrand=8051283470325553310&hvtargid=kwd-1363560154711&hydadcr=22565_13493330&keywords=in+the+lord+i+take+refuge&qid=1718233366&sr=8-1))
* [“To Experience God’s Love”](https://www.thegospelcoalition.org/article/to-experience-gods-love/)—an article by Colin Smith with The Gospel Coalition
* [“Worship: The Feast of Christian Hedonism”](https://www.desiringgod.org/messages/worship-the-feast-of-christian-hedonism)—a sermon by John Piper on Ps. 63:5-6

**NOTES OR PRAYER REQUESTS**