

150 Days of PRAYING *the* PSALMS

Monday, 1/12	Psalm 1
Tuesday, 1/13	Psalm 2
Wednesday, 1/14	Psalm 3
Thursday, 1/15	Psalm 4
Friday, 1/16	Psalm 5
Saturday, 1/17	Psalm 6
Sunday, 1/18	Psalm 7
Monday, 1/19	Psalm 8
Tuesday, 1/20	Psalm 9
Wednesday, 1/21	Psalm 10
Thursday, 1/22	Psalm 11
Friday, 1/23	Psalm 12
Saturday, 1/24	Psalm 13
Sunday, 1/25	Psalm 14
Monday, 1/26	Psalm 15
Tuesday, 1/27	Psalm 16
Wednesday, 1/28	Psalm 17
Thursday, 1/29	Psalm 18
Friday, 1/30	Psalm 19
Saturday, 1/31	Psalm 20
Sunday, 2/1	Psalm 21
Monday, 2/2	Psalm 22
Tuesday, 2/3	Psalm 23
Wednesday, 2/4	Psalm 24
Thursday, 2/5	Psalm 25
Friday, 2/6	Psalm 26
Saturday, 2/7	Psalm 27
Sunday, 2/8	Psalm 28
Monday, 2/9	Psalm 29
Tuesday, 2/10	Psalm 30

Wednesday, 2/11	Psalm 31
Thursday, 2/12	Psalm 32
Friday, 2/13	Psalm 33
Saturday, 2/14	Psalm 34
Sunday, 2/15	Psalm 35
Monday, 2/16	Psalm 36
Tuesday, 2/17	Psalm 37
Wednesday, 2/18	Psalm 38
Thursday, 2/19	Psalm 39
Friday, 2/20	Psalm 40
Saturday, 2/21	Psalm 41
Sunday, 2/22	Psalm 42
Monday, 2/23	Psalm 43
Tuesday, 2/24	Psalm 44
Wednesday, 2/25	Psalm 45
Thursday, 2/26	Psalm 46
Friday, 2/27	Psalm 47
Saturday, 2/28	Psalm 48
Sunday, 3/1	Psalm 49
Monday, 3/2	Psalm 50
Tuesday, 3/3	Psalm 51
Wednesday, 3/4	Psalm 52
Thursday, 3/5	Psalm 53
Friday, 3/6	Psalm 54
Saturday, 3/7	Psalm 55
Sunday, 3/8	Psalm 56
Monday, 3/9	Psalm 57
Tuesday, 3/10	Psalm 58
Wednesday, 3/11	Psalm 59
Thursday, 3/12	Psalm 60

Friday, 3/13	Psalm 61
Saturday, 3/14	Psalm 62
Sunday, 3/15	Psalm 63
Monday, 3/16	Psalm 64
Tuesday, 3/17	Psalm 65
Wednesday, 3/18	Psalm 66
Thursday, 3/19	Psalm 67
Friday, 3/20	Psalm 68
Saturday, 3/21	Psalm 69
Sunday, 3/22	Psalm 70
Monday, 3/23	Psalm 71
Tuesday, 3/24	Psalm 72
Wednesday, 3/25	Psalm 73
Thursday, 3/26	Psalm 74
Friday, 3/27	Psalm 75
Saturday, 3/28	Psalm 76
Sunday, 3/29	Psalm 77
Monday, 3/30	Psalm 78
Tuesday, 3/31	Psalm 79
Wednesday, 4/1	Psalm 80
Thursday, 4/2	Psalm 81
Friday, 4/3	Psalm 82
Saturday, 4/4	Psalm 83
Sunday, 4/5	Psalm 84
Monday, 4/6	Psalm 85
Tuesday, 4/7	Psalm 86
Wednesday, 4/8	Psalm 87
Thursday, 4/9	Psalm 88
Friday, 4/10	Psalm 89
Saturday, 4/11	Psalm 90

Sunday, 4/12	Psalm 91
Monday, 4/13	Psalm 92
Tuesday, 4/14	Psalm 93
Wednesday, 4/15	Psalm 94
Thursday, 4/16	Psalm 95
Friday, 4/17	Psalm 96
Saturday, 4/18	Psalm 97
Sunday, 4/19	Psalm 98
Monday, 4/20	Psalm 99
Tuesday, 4/21	Psalm 100
Wednesday, 4/22	Psalm 101
Thursday, 4/23	Psalm 102
Friday, 4/24	Psalm 103
Saturday, 4/25	Psalm 104
Sunday, 4/26	Psalm 105
Monday, 4/27	Psalm 106
Tuesday, 4/28	Psalm 107
Wednesday, 4/29	Psalm 108
Thursday, 4/30	Psalm 109
Friday, 5/1	Psalm 110
Saturday, 5/2	Psalm 111
Sunday, 5/3	Psalm 112
Monday, 5/4	Psalm 113
Tuesday, 5/5	Psalm 114
Wednesday, 5/6	Psalm 115
Thursday, 5/7	Psalm 116
Friday, 5/8	Psalm 117
Saturday, 5/9	Psalm 118
Sunday, 5/10	Psalm 119
Monday, 5/11	Psalm 120

Tuesday, 5/12	Psalm 121
Wednesday, 5/13	Psalm 122
Thursday, 5/14	Psalm 123
Friday, 5/15	Psalm 124
Saturday, 5/16	Psalm 125
Sunday, 5/17	Psalm 126
Monday, 5/18	Psalm 127
Tuesday, 5/19	Psalm 128
Wednesday, 5/20	Psalm 129
Thursday, 5/21	Psalm 130
Friday, 5/22	Psalm 131
Saturday, 5/23	Psalm 132
Sunday, 5/24	Psalm 133
Monday, 5/25	Psalm 134
Tuesday, 5/26	Psalm 135
Wednesday, 5/27	Psalm 136
Thursday, 5/28	Psalm 137
Friday, 5/29	Psalm 138
Saturday, 5/30	Psalm 139
Sunday, 5/31	Psalm 140
Monday, 6/1	Psalm 141
Tuesday, 6/2	Psalm 142
Wednesday, 6/3	Psalm 143
Thursday, 6/4	Psalm 144
Friday, 6/5	Psalm 145
Saturday, 6/6	Psalm 146
Sunday, 6/7	Psalm 147
Monday, 6/8	Psalm 148
Tuesday, 6/9	Psalm 149
Wednesday, 6/10	Psalm 150

Use this schedule to pray through one psalm each day as we turn our eyes to Jesus and color in the corresponding rectangle to track your progress. Fallen behind? Don't worry! Just jump back in with today's psalm.

Join us in person at TGCW26, happening June 11-13 in Indianapolis, where we'll turn our eyes to see the Savior in the Psalms. Register now at www.tgcw26.com

150 Days of PRAYING *the* PSALMS

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40	41	42	43	44	45
46	47	48	49	50	51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70	71	72	73	74	75
76	77	78	79	80	81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100	101	102	103	104	105
106	107	108	109	110	111	112	113	114	115	116	117	118	119	120
121	122	123	124	125	126	127	128	129	130	131	132	133	134	135
136	137	138	139	140	141	142	143	144	145	146	147	148	149	150