

PRAYER SUPPORT

LISTEN

DONATE

EVENTS

SHOP

CONTACT

**FALL GREETING COU FRIENDS,**

As the year winds down, October invites us to reflect on our journey. Take time to look at what you have harvested—your achievements and lessons learned—and give thanks for the abundance in your life. Release what you have outgrown with grace, trusting that like the trees, your soul will deepen with each thing you let go of. By finding balance and preparing your inner self, you honor the cycle of change and ready yourself for the new beginnings that lie ahead.

Just as trees release their leaves, October encourages you to shed the things you have outgrown. This can include old patterns of behavior, limiting beliefs, or relationships that no longer serve you. This act of release can feel painful or scary, but the lesson of autumn is to trust that a greater power is at work and that new life will eventually return.

The autumn equinox marks the time when day and night are of equal length, signifying the need to balance the light and

darkness within yourself. Embracing your inner shadow rather than fearing it is part of the path to soul growth.

October reminds us that all things are fleeting. By accepting the temporary nature of life, you can grow to appreciate the beauty of each moment more deeply.

This is a great month to find time to get out in nature and marvel at the explosion of colors. These vibrant colors appear as chlorophyll breaks down, revealing the innate colors always present within those leaves. May it awaken a revelation of inner truths, beauty, and the true nature of things.

With love and blessings,

Rev Linda

WHO WE ARE AT COU**OUR MISSION**

Transforming lives and inspiring people to make a positive difference in the world.

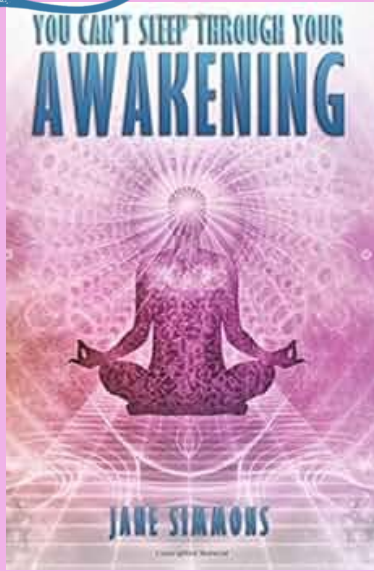
OUR VISION

Centered in God, we envision a world free of judgment and filled with love.

OUR CORE VALUES

Spirit-led, Service, Inclusive, Joy, and Prosperous

Sunday Series



Last month, we began waking up together by exploring what it really means to live from an awakened state. We uncovered how spiritual practices can help release limiting beliefs, heal unmet needs, and open the door to the FACE Formula: forgiveness, appreciation, compassion, and embodiment.

This month, we're taking it even further by living these truths and feel lighter, freer, and more fully alive. If you're ready to experience that shift, you'll want to be here for what comes next...

OCTOBER 5

JUDGEMENT SCHMUDGMENT

OCTOBER 12

USED CAR COMMERCIAL BLUES

OCTOBER 19

AUTHORIZE YOURSELF

OCTOBER 26

BE THE CHANGE



Inspired by the series, Denise Teague felt moved to share a video meditation and reflection series with us that you can use as part of your own journey through *You Can't Sleep Through Your Awakening*. Each week, Denise will provide a new video practice to support your spiritual growth and awakening. You can watch them from our website or Youtube.

WATCH HERE



♥ **MUST BE AN ACTIVE VOTING MEMBER.**

♥ **DESIRES TO SERVE ON THE BOARD.**

♥ **ENDEAVORS TO LIVE IN ACCORDANCE WITH THE JESUS CHRIST PRINCIPLES OF LOVE AND TRUTH AS TAUGHT BY UNITY.**

♥ **FURTHERS THE WORK OF THE MINISTRY THROUGH ACTIVE INTEREST, LOVE AND SUPPORT AS SHOWN BY FAITHFUL ATTENDANCE AT SERVICES AND OTHER ACTIVITIES OF THE MINISTRY.**

♥ **IS A SINCERE AND CONTINUING STUDENT OF UNITY, EVIDENCED BY ATTENDANCE AND PARTICIPATION AT CLASSES AND BEING CONVERSANT WITH ITS TEACHINGS.**

♥ **HAS DEMONSTRATED LEADERSHIP CAPABILITIES AND IS WILLING TO SERVE AS AN EXAMPLE TO THE MEMBERSHIP.**

♥ **TITHES TO CENTER OF UNITY.**

JOIN THE BOARD



APPLICATIONS DUE: NOVEMBER 02

The Nominating Committee will receive applications for new board members until Sunday, November 02. There are two positions available for the three year term beginning in 2026.

According to the by-laws of our church, the following are qualifications to become a board member:

Applications are available online and must be received by November 02.

WOLF'S MESSAGE

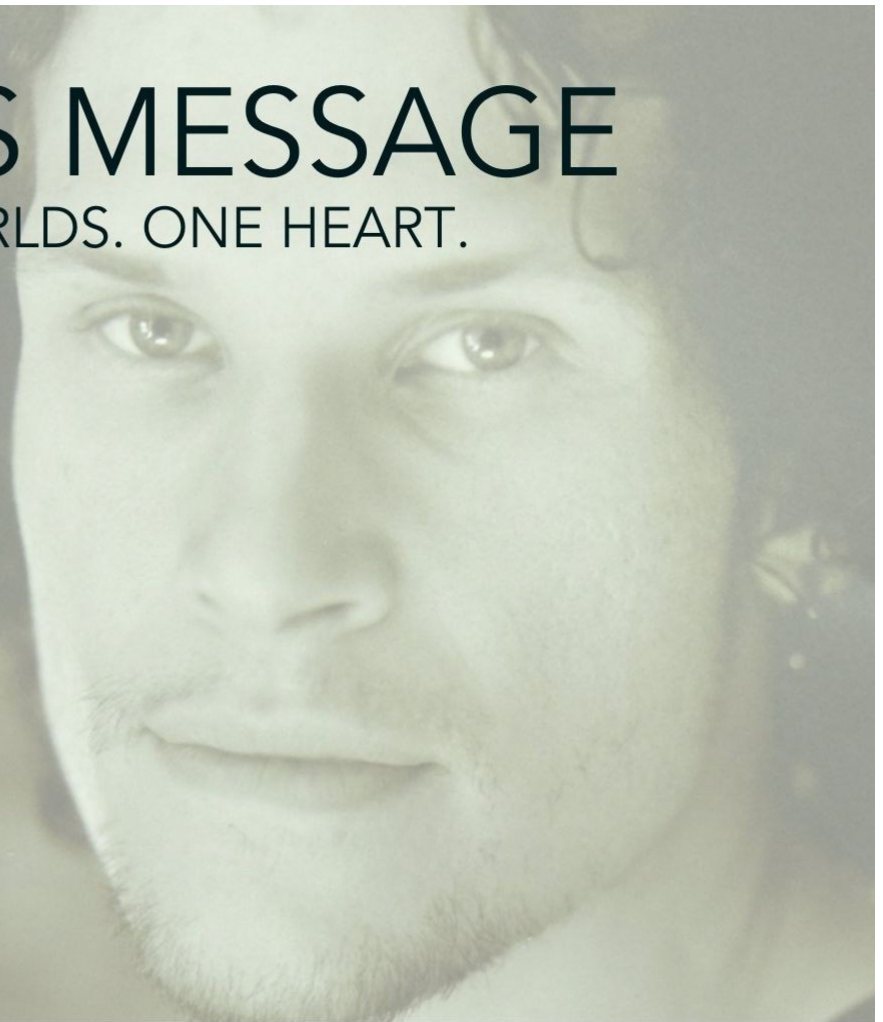
TWO WORLDS. ONE HEART.

Be part of an inspiring afternoon featuring a screening of an unforgettable new documentary followed by a discussion that will open your heart and mind to new possibilities.

Wolf's Message explores the continuity of love, consciousness, and the undeniable connections that transcend physical existence.

Come experience a film that will forever change the way you see yourself and the world.

-Suzanne Gieseemann



Exclusive Screening of Wolf's Message with Suzanne Gieseemann!

CENTER OF UNITY GRAPEVINE
GRAPEVINE, TX

OCTOBER 26, 2025 12:30 - 2:30 PM



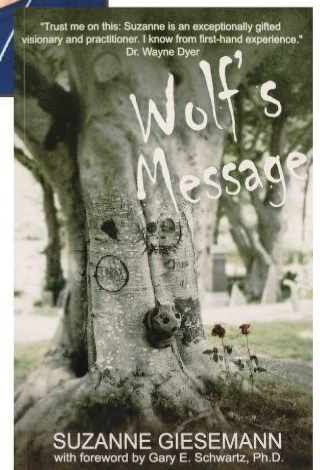
Wolf was struck and killed by lightning. He left stunning evidence that he knew where and when it would happen. He came back with an important message for all of us.



Enjoy the film, then hear Suzanne share insights and behind-the-scenes stories.



Come with an open heart and leave with a new sense of purpose and connection.



1650 Hughes Rd, Grapevine, TX 76051

**TICKETS AVAILABLE ONLINE WHILE SUPPLIES LAST!
WE'RE REACHING MAX CAPACITY QUICKLY AND
EXPECT TO SELL OUT COMPLETELY!**



Nurturing Our Inner Harvest: Reflections from the Garden of the Soul

It's hard to believe we're already turning the calendar to October. Just the other day, I found myself looking out at my garden in a bit of disbelief—watermelons still clinging to the vine, even as the leaves start to turn and the evenings grow ever so cooler. It's a beautiful reminder that nature often holds a mirror up to our spiritual journey.

We talk a lot about the Unity principles of recognizing the divine within and around us. As we move into autumn, it's a perfect time to consider what we're harvesting in our own lives. Just as the garden yields its late fruits, we, too, can pause and reflect on the spiritual gifts we've nurtured throughout the year.

Maybe this is the season to gather the wisdom we've gained, to appreciate the divine growth that has happened within us, even if it arrived in unexpected ways. Unity reminds us that we are co-creators with the divine, and this month can be a gentle invitation to recognize and celebrate the "inner harvest" of love, peace, and understanding we've cultivated.

So as you look around at the changing leaves or maybe even those lingering watermelons and the jungle of basil plants let it be a reminder of your own divine nature. Let's embrace this October as a time to give thanks for all we've grown spiritually, and to share those gifts of kindness and compassion with those around us.

Lori Elhardt, Board Member



There are many ways you can help — assisting with office tasks, supporting Sunday services, or offering your time and presence in other areas. Your willingness to serve is a beautiful expression of love in action.

- ♥ SUNDAY HOSPITALITY (30 MIN. BEFORE & AFTER SERVICES)
- ♥ USHER/AMBASSADOR/GREETER (ONE SUNDAY A MONTH)
- ♥ TAKE THE FOOD TO GRACE (MONTHLY)
- ♥ BACKUP FOR CAMERAS/POWERPOINT (AS NEEDED)
- ♥ BACKUP FOR SOUND SYSTEM (AS NEEDED)
- ♥ DISPOSE OF HAZARDOUS MATERIAL (OLD PAINT CANS, OLD TV, OLD MICROWAVE)
- ♥ ON CALL HELP

SIGN UP



Calling All Artists! Painters, Sculptors & Creators!

We're excited to share a new project that will bring fresh beauty and inspiration to our church home. The hallway between Fellowship Hall and the Sanctuary is being transformed into an **art gallery** and we'd love for your creativity to be part of it!

Picture the walls filled with vibrant oil paintings, delicate watercolors, bold acrylics, mixed-media pieces, drawings, and even sculpture—artwork that uplifts, inspires, and reflects the beauty of our community. This is a wonderful way to showcase the talents within our congregation and beyond.

Artists are invited to display their work for **90 days**, with the opportunity to make pieces available for purchase. If a work sells, we're asking artists to donate a portion of the proceeds to support COU.

We are delighted to introduce our **first featured artist, Abedeh Shirazian**. Abedeh's work is already on display, and is offering her pieces at a 20% discount. She is generously donating **20% of any sales** back to COU. If you are interested in purchasing one of her artworks, please contact Abedeh directly.

Let's fill our hallway with creativity, color, and joy!



Interested? Contact:
June Brookshire
(817) 868-1400
Limit: 3 pieces per artist
for this first phase.

CORKED

Join our Social Group for fun outings each month.

Contact

**Barbara Luders | 682-208-9334 or
b.luders@yahoo.com**



THE 39 STEPS
Sunday, October 5
2:30 pm

Onstage in Bedford, 2400 School Ln, Bedford

An Afternoon of Laughter & Mystery!

Come cheer on **our very own Kenny Green**, starring in this hilarious, fast-paced adaptation of the Alfred Hitchcock classic! With just four actors playing dozens of characters, *The 39 Steps* promises clever comedy, thrilling suspense, and nonstop fun.

Tickets: \$27.55 (includes \$2.55 service charge)

Get yours here: onstageinbedford.com

Act Fast! Sunday shows sell out quickly—don't wait to grab your seat!



SOUL ON FIRE
Sunday, October 12
4:10 pm

Cinemark Tinseltown, Grapevine

Join us for an inspiring film based on the true story of John O'Leary. At just nine years old, John suffered burns over his entire body in a tragic accident. With the love of his family, the support of his community, and encouragement from baseball announcer Jack Buck, he began an extraordinary journey of healing. Today, John shares his story as a motivational speaker, touching millions with his message of hope and purpose.

You can watch the trailer on YouTube.

Tickets are \$10 for adults and \$8 for seniors (plus a \$1.99 fee).

After the movie, anyone interested is welcome to gather at PF Chang's, where the setting is usually quiet enough for good conversation and reflection.



LIFT YOUR VOICE: JOIN THE CHOIR!

Have you ever felt the joy of song? Do you find yourself humming along during Sunday services or tapping your foot to the rhythm? If so, the church choir may be calling your name!

- ♥ Build lasting friendships and find encouragement.
- ♥ Use your gift of music.
- ♥ Strengthen your musical skills.
- ♥ Experience the spiritual and emotional uplift that comes with harmonizing.

No auditions are required—just a willing heart. Rehearsals are held every Sunday at 8:30 am in the choir room. All voice parts and experience levels are welcome!

Come be a part of something meaningful. Come sing with us. **For more info, contact Juneria Berges at jbeddr@gmail.com. We'd love to welcome you to the choir family!**



Bring non-perishables to Fellowship Hall **the last Sunday of each month** for distribution to the GRACE Food Pantry clients. You don't have to wait until last Sunday, though; bring shelf-stable foods any time during the month and place them in the marked receptacle in Fellowship Hall. Spam is still welcomed; the foods suggested here may be a bit healthier than that "traditional" donation. You might consider low-sodium, low-sugar, high-fiber foods in your selections.

PLEASE ENSURE THAT YOUR ITEMS ARE NOT EXPIRED. Like all of us, GRACE clients prefer to eat food that is not expired.



Did you ever have those times you prayed so hard for a particular thing, but it didn't manifest as you envisioned? It's difficult to know why, when we think something would be just right for us, it simply doesn't happen.

The Care Team doesn't have answers to this question either, but we want to support you in prayer, knowing with you that the Universe is providing exactly what is needed, when it is needed. We affirm that the individuals with whom we pray

are open to all channels of manifestation and that divine order prevails.

Please join us in the Prayer Room after service, send us a written prayer request, or call the Prayer Line and leave a message. We appreciate the opportunity to support you in seeing your dreams come true.

Your Care Team

PRAYER LINE – 817-251-2341



October is Pastor Appreciation Month and October 12th is Pastor Appreciation Day. Rev. Linda's birthday is just a few days before on October 8th.

Rev. Linda is not big on fanfare, but feel free to wish her a happy birthday and let her know how much her guidance means to you on one of those special days, or any day!

Rev. Linda, We Love You, We Appreciate You and We Behold the Christ in You!



We will not be hosting **First Sunday Lunch** this Sunday, October 5, following the service. Our faithful hosts, Eric and Jessica, are taking a pause while Eric continues to heal from bronchitis. Please join us in surrounding Eric with prayers and healing love during this time.

But don't worry, we'll be back together in November for something extra fun: our **Chili Cook-off!** Get ready to bring your best recipe and compete for awards like *People's Choice* and *Most Unusual or Creative Ingredient*.

Tasting plus a bowl of your favorite chili will be just **\$5 per person or \$10 per family**. Stay tuned for more details on how to enter and join the fun.



Sunday, October 5

Centering Prayer is a type of Christian meditation. We plan to do two 20 minute sits, then we will spend a few minutes in Lectio Divina, meditative scripture reading.

Join Mark and Dawn Morris in the Prayer Room. Visit contemplativeoutreach.org for more info.



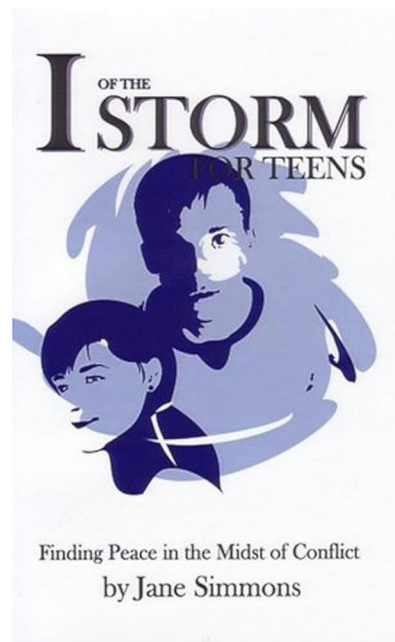
Over the next two months our little ones and grade school kiddos will be exploring the sacredness of life through stories, songs, and play. In *What a Wonderful World!* and *Celebrating My God-Self* they will learn to see God's love expressed in creation, in friendships, and in the beauty of our world. They will also begin to honor and celebrate the sacredness of all life while exploring the four elements—air, water, fire, and earth—as gifts from God.



@UNITY DALLAS OCTOBER 17-19

This month, our Uniteens will be attending a Unitreat at Unity of Dallas, October 17–19. We are so excited for them, and we look forward to hearing the stories, insights, and joy they'll bring back to share with us after this powerful weekend.

If you have any *The Grinch Who Stole Christmas* decorations, that you no longer want, Youth Ed will joyfully make use of them this Advent season.



Our older youth will continue Reverend Jane Simmons *I of the Storm For Teens, Finding Peace in the Midst of Conflict*.

The focus of the lessons is to demonstrate Unity principles in daily life.

Do you have a Roku device that you no longer use? Youth Ed can make use of it for one of the classrooms.



Our 4 year old - kindergarten class is **LOOKING FOR ONE MORE ADULT** to share their Sunday's with. This age group is fun, curious, and full of energy. All lessons are provided and prepped for you—just bring your heart and a smile. If you'd like to make a difference in these little ones' lives, talk to Debie about joining the team!

EMAIL DEBIE

The Youth Ed Dollar store is need of supplies, especially for our pre-teens and teens. You can find things in the clearance sections, leftover party favors, etc. All donations can be left in the blue laundry hamper in the Youth Ed hallway. Your contributions make a difference, thank you for all your contributions!





ONLINE BIBLE STUDY

TUESDAYS | 11:30 AM

Discover deeper spiritual meaning in scripture and reconnect with the good that God is unfolding in your life right now. Each class stands on its own—join any time and drop in as you're able. All are welcome!

ZOOM ID 702 400 166



ADULT Sunday School

SUNDAYS | 9:30 AM

ZOOM ID 85810265049

SUNDAYS | 9:30AM

Looking to explore last Sunday's message more deeply? Join us for thoughtful conversation and spiritual connection—whether you're joining in person or online. Each session is self-contained, so you can drop in anytime!

ZOOM ID 858 102 650 49

HAPPY BIRTHDAY

Debie Franz	02
Rev. Linda Taylor	08
Brigitte Hughes	11
Larry Leslie	16
Karen Sanders	16
Mary Lou Stanford	19
Marilyn Browne	22
Diane Divin	22
Lisa Lane	23
Patsy Jackson	24
Debby Holt	27
Judy Hester	29
Paula Thornton	31

HAPPY ANNIVERSARY

Eric & Jessica Lantis	18
Lee & Susan Spradlin	19

after service fellowship EVERY SUNDAY

Each week, we ask those whose last name matches the schedule to bring a healthy snack to share with the community.

5th Sundays we invite ALL to share a snack.

**05
A-G**

**12
H-M**

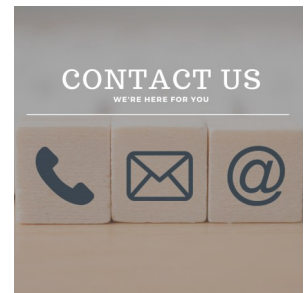
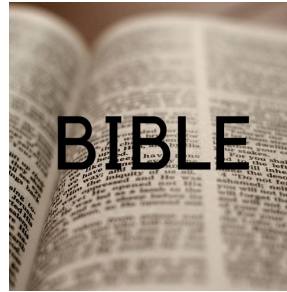
**19
N-S**

**26
T-Z**



RESOURCES

simply click the pic to be re-directed to the information you want



1650 Hughes Road, P.O. Box 667
Grapevine, TX 76051
817-488-1008
www.centerofunity.org

Our Mission:

Transforming lives and inspiring people to make a positive difference in the world.

Our Vision:

Centered in God, we envision a world free of judgment and filled with love.

FINANCIAL NEWS

God is the Source of Center of Unity. We are lavishly prospered in all ways. Thank you, God!

August General Fund

Income: \$22,157

Expenses: (\$17,003)

Net: \$5,154

YTD General Fund

Income: \$191,933

Expenses: (\$213,155)

Net: (\$21,194)



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 Office Closed	4
5 Fellowship Snacks: A –G 8:30 am: Choir Practice 9:30 am: Adult Sunday School 10:30 am: Judgement Schmudgment 2:30 pm: CORKED at the 39 Steps 6:30 pm: Centering Prayer	6	7 11:30 am Metaphysical Bible Study	8 Happy Birthday Rev. Linda	9	10 Office Closed	11
12 Fellowship Snacks: H –M PASTOR APPRECIATION DAY 8:30 am: Choir Practice 9:30 am: Adult Sunday School 10:30 am: Used Car Commercial Blues 4:10 pm: CORKED at Tinseltown	13	14 11:30 am Metaphysical Bible Study	15	16	17 Office Closed Uniteen Unitreat	18 Uniteen Unitreat
19 Fellowship Snacks: N - S Uniteen Unitreat 8:30 am: Choir Practice 9:30 am: Adult Sunday School 10:30 am: Authorize Yourself	20	21 11:30 am Metaphysical Bible Study	22	23	24 Office Closed	25
26 GRACE Donations Due Fellowship Snacks: T - Z 8:30 am: Choir Practice 9:30 am: Adult Sunday School 10:30 am: Be The Change	27	28 11:30 am Metaphysical Bible Study	29	30	31	