



ASBURY
United Methodist Church



Asbury Articles: January 21, 2026

UPCOMING ASBURY EVENTS

Unafraind

Living with courage and faith

Unafraind - Living with Courage and Faith

Fear touches every part of our lives, from our relationships to our sense of control. But over and over, Scripture reminds us: "Do not be afraid." Based on Rev. Adam Hamilton's book, Unafraind, in this six-week series, we'll explore how faith can help us face our deepest anxieties and fears and live with courage and hope. We will discover that, with God's help, we can live unafraind and learn practical ways to live with peace in uncertain times.

Upcoming Sermons:

January 25 | Fear of Aging and Death

February 1 | Fear of Being Alone

February 8 | Fear of Intimacy

February 15 | Fear of Losing Control



🥔 Baked Potato Dinner & 🎲 Game Night

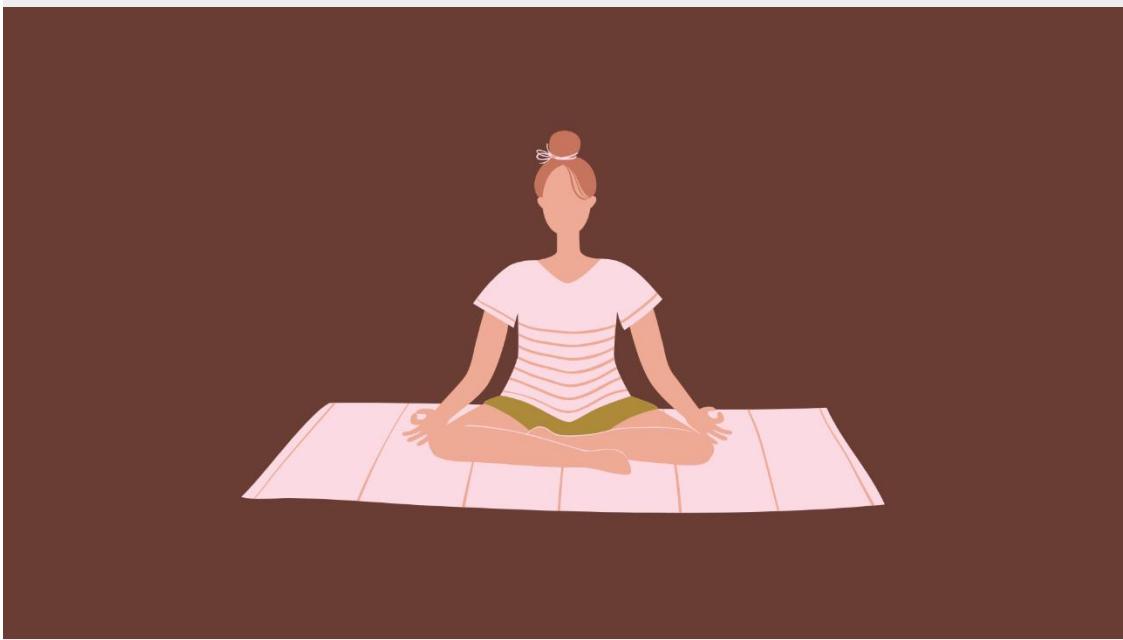
Join us this Friday, January 23 for a **Baked Potato Dinner and Game Night** hosted by the Fellowship Team! 🍠 🎲

We'll have baked potatoes with *all the fixings*, plus chili, and plenty of games to play 🎲 🎲.

This night is **free and open to everyone of all ages** — bring friends, bring family, bring your favorite game if you'd like! 🎉 🌟

RSVP here, to Scott Smith, or the church office so we know how many potatoes to bake 😊

Come hang out, eat good food 🍔, and enjoy a fun night together! 🎉



Asbury Yoga Ministry Classes – Schedule & Registration

Thank you for participating in the Asbury Yoga Ministry online survey conducted January 14–19. We received 18 responses, and based on the survey results, we will offer two weekly yoga classes:

- Gentle Vinyasa Flow Yoga, Starting January 26, 2026

Mondays, 10:00–11:00 AM,

- Level 1–2 Vinyasa Flow Yoga, Starting January 30, 2026

Fridays, 10:00–11:00 AM

Location: Fireside Room

To register for the classes, please complete the following form:

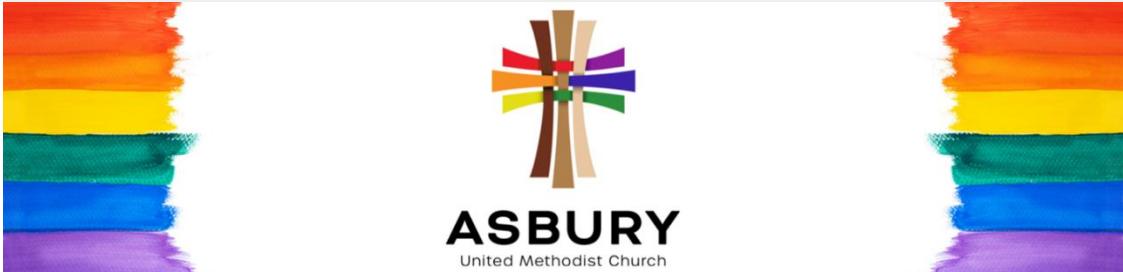
<https://forms.gle/FAm9YtLPudZTp3aY8>

After registering, you will receive an email with a link to sign up for individual classes via Eventbrite. Please sign up for each class you plan to attend and cancel if you change your mind in advance, as this will help us with class planning.

Please bring your yoga mat and wear comfortable clothing. We look forward to practicing yoga with you.

Namaste,
Asbury Yoga Ministry Committee

ANNOUNCEMENTS



Office Update

Starting Monday, 1/12/2026 through Thursday, 1/29/2026, the Asbury office will be open from 10 AM to 2 PM, Monday through Thursday.

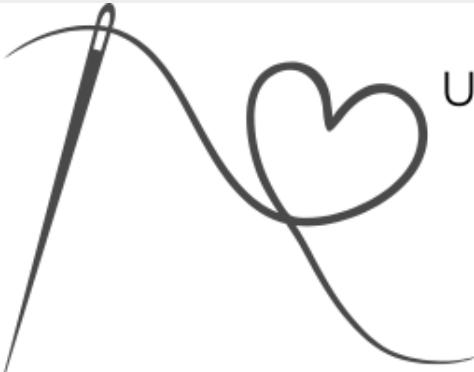
On Monday, 2/2/2026, Asbury's office will continue with regular Monday through Thursday hours of 10 AM to 4 PM.

📖 ❤️ The Anti-Racism Group 📖 ❤️

❤️ The Anti-Racism Group will discuss *My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies* by Resmaa Menakem at our **January 26** meeting at **7:00 p.m.** on Zoom. Everyone is welcome to join the conversation and work together to end racism. ❤️

[Join here.](#)





United Women in Faith

Monthly Sew-In

Jan. 29

Room 10+11



Shower Trailer update for January'26

Thanks to some dedicated workers, the Shower Trailer project is moving along nicely. The roof has received its second coat of “RV Roof Paint”, the reflects heat and help seal those pesky leaks! The frames, that raise the shower trays up off the floor and allow the plumbing to travel under the trays and dressing rooms, on their way to the main collection manifold in the rear of the trailer, have been tapered so that the shower and dressing room walls will be “Plumb” when the Trailer is tilted rearward for drainage.

We will be working on Dressing Room Frames next along with Wire Ways to collect the wiring and connections for all the lighting.

All donations made toward this project just need to have “Shower Trailer” in the MEMO. Thanks for your support toward the completion of the greatly need project for SSP and UMVIM mission work.

Thanks again for helping, Serve Others With Love, Steve W.



Memorial Garden Update

Ruth Hawley and I just installed 10 new bricks in the Memorial Garden. As a reminder, the Memorial Garden is in a fenced area north of the Chapel. It contains a brick courtyard with bricks installed in memory of members, family, pastors and friends. Below is a list of the recent 10.

If you wish to have a brick installed, please contact the church office and provide the following information. First name, middle initial, Last name (if you want a "nick name" included, please add that information).Year of birth and year of death.

This information will be laser engraved into a red brick.

-Dick Crawford

Rev. Richard K. "Dick" Ernst 1937-2025

Paul H. Bauman Jr. 1939-2024

E. Jean Farmer 1934-2024

Steve D. Collup 1950-2024

Edie M. Lamb 1929-2025

Roger N. Everett 1939-2025

Arthur L. Weiss 1923-2011

Rev. John H. Emerson 1935-2023

Robert Lim 1934-2025

Peggy R. Pettis 1941-2025



😊 Hi Asbury! Laura will not be selling Girl Scout Cookies this year, but she still encourages everyone to continue supporting the Girl Scouts. 🍪 ❤️

FRIENDS OF WADI FOQUIN CIRCLE AT
ASBURY UNITED METHODIST CHURCH PRESENTS:

A screening of the two short films

Maryam, A Woman of Bethlehem

and

Mary Under Occupation



Followed by Q&A discussion with Dr Victoria Rue,
creator of *Maryam, a Woman of Bethlehem*

The film "Maryam, A Woman of Bethlehem" presents the play which asks the question: Who is Mary/Maryam in 21st century Bethlehem, Palestine? What role does she play in this occupied, politicized land? Mary is the Christian mother of Jesus. Maryam is the Islamic mother of Isa/Jesus. Two Palestinian actresses play 22 characters, both Christians and Muslims.

Through their stories, the everyday lives of Palestinian men and women, particularly women, are revealed.

(Run time 60 minutes.) **Some language and topics discussed not appropriate for children.**

The film "Mary Under Occupation" tells the story of the creation of the play,

"Maryam, A Woman of Bethlehem." (Run time 22 minutes.)

**Sunday, February 1st, at 2:00 pm
Asbury United Methodist Church
4743 East Avenue, Livermore CA**

**Admission is free. RSVP required.
Donations in support of MECA welcome.**

RSVP at
tinyurl.com/MaryamFOWF
or scan the QR code



The Friends of Wadi Foquin Circle

The Friends of Wadi Foquin Circle at Asbury is hosting a very special showing of two films on **Sunday, February 1, at 2 pm**. We will be showing "Maryam, A Woman of Bethlehem" that presents the play which asks the question: Who is

Mary/Maryam in 21st century Bethlehem? Mary is the Christian mother of Jesus. Maryam is the Islamic mother of Isa/Jesus. Two Palestinian actresses play 22 characters, both Christians and Muslims. Through their stories the everyday lives of Palestinian men and women, particularly women, are revealed. The play is based on interviews with Christians and Muslims asking what Mary/Maryam, a woman revered by both faiths, means to them.

The second film “Mary Under Occupation” tells the story of the creation of the play, which was first performed in Bethlehem.

After the films, Dr. Victory Rue, the creator of “Maryam, A Woman of Bethlehem” will participate in a Q&A discussion.

[Please RSVP by clicking here to attend.](#)

Ladies Night Out

Please save the dates for the year!
Looking forward to our time together!

2026 at 5:30pm:

January 20th

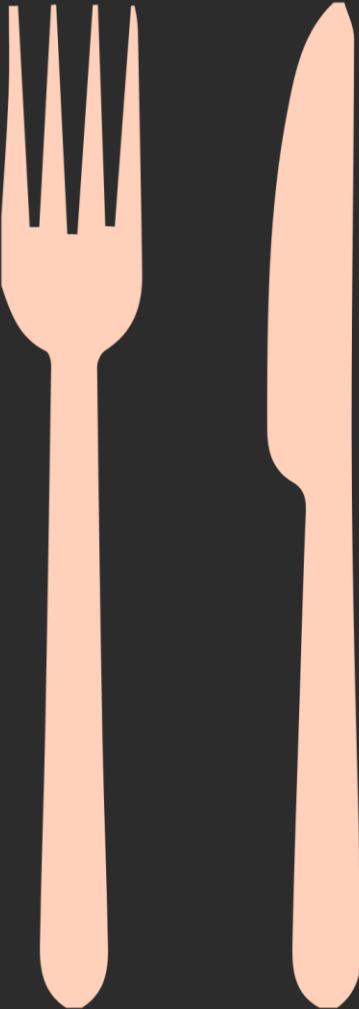
March 17th

May 19th

July 21st

September 15th

November 17th



UPCOMING COMMUNITY EVENTS



Livermore Community Blood Drives

Located in the Asbury United Methodist Church Fellowship Hall
4743 East Avenue, Livermore CA 94550

**Fridays, January 16, February 20
& March 20, 2026
11:00 AM to 5:00 PM**

To schedule your appointment or for more information visit RedCrossBlood.org and enter Sponsor Code: ASBURY925 or call 1-800 RED CROSS (1-800-733-2767).

If you have questions regarding your eligibility to donate blood,
please call 1-866-236-3276.

Identification is required.



Scan to be directed to
RapidPass®



**American
Red Cross**



Scan to schedule
an appointment!

1-800-RED CROSS | RedCrossBlood.org | Download the Blood Donor App

© 2025 The American National Red Cross | 418001-10



UNITY BUILD DAYS SEQUOIA GROVE



TURNING VALUES INTO ACTION

Unity Build Days bring together communities of all faiths and non-religious worldviews to volunteer and make a tangible impact for Bay Area Families. We invite you to these special volunteer days and experience first-hand the difference your support is making.

WHERE YOU'LL BUILD

Join us in the heart of Hayward and transform an empty lot into a thriving community. You'll help build 10 affordable townhomes that will soon be the foundation for brighter futures. No experience required! Our staff will teach you everything you need to make the biggest difference and enjoy your time on site!

JOIN US!



DECEMBER 13
JANUARY 17
FEBRUARY 21



SEQUOIA GROVE
123 A STREET
HAYWARD, CA

Volunteer spots are limited, so reach out to reserve your spot today!



CONTACT

Stacy Spence, Corporate & Community Engagement Specialist
408.620.3401 - SSpence@HabitatEBSV.org

LEARN MORE

www.HabitatEBSV.org/Unity-Builds

EAST BAY 2619 Broadway, Oakland, CA 94612 | SILICON VALLEY 513 Valley Way, Milpitas, CA 95035 | HabitatEBSV.org | 866.450.4432 | [@HabitatEBSV](https://www.instagram.com/HabitatEBSV)

Start the year with purpose. Imagine learning new skills, working side by side with incredible people, and leaving a tangible mark on a family's future. Every nail volunteers drive and every wall raised brings us closer to a home filled with love and stability.

This winter, Asbury UMC members can help keep construction on track for our **Home Dedication Ceremony this summer at our Sequoia Grove development in Hayward.**

Join us:

Saturdays: Unity Build days are held monthly. Reserve a spot for you, your family, or fellow Asbury members: February 21, and March 21

Weekdays: Wednesdays–Saturdays

Sign up on your own: [Habitat for Humanity East Bay/Silicon Valley](#)

Together, we're not just building homes, we're building community and hope. **Thank you for being part of this mission!**

Have questions?

Contact the church office via [email](#) or phone, 925-447-1950.

Have an article, announcement, or event to submit?

Send them to the [Martina](#), our Office and Communications Manager, **by 3pm on Tuesdays.**

Want to donate online?

[Click here](#) or use Zelle (our ID is finance@asburylive.org)

Miss a newsletter or need to go back and re-read?

Check out the [newsletter archive](#)!

Would like to get in touch with a fellow Asburyite?

Contact the office.

Asbury United Methodist Church

4743 East Avenue | Livermore, CA 94550



EVENTS AT A GLANCE

RECURRING EVENTS

- **Sundays | 10am:** Asbury Worship Service

CHOIRS:

- **Tuesday | 7:00pm:** Asbury Ringers (Contact [Michèle](#))
- **Thursday | 7:30pm:** Faith Choir (Contact [Jean](#))
- **Sunday | 11:30am:** Cherub Choir (Contact [Makayla](#))
- **Sunday | 11:30am:** Rainbow Choir (Contact [Jean](#))
- **Sunday | 11:30am:** Youth Choir (Contact [Bailey](#))

OPEN SMALL GROUPS

- **1st and 3rd Tuesdays | 1:30pm:** Women of the Vine (Contact [Burlyne](#))
- **2nd and 4th Wednesdays | 6-7pm:** Wednesday Zoom Group (Contact [Rita-Ann](#))
- **Thursdays | 7:45am:** Men's Bible Study on Zoom (Contact [Art](#))
- **Last Thursdays | 1pm:** Sew-In (Contact the [Office](#))
- **Saturdays | 8:30am:** B-MEN (Contact [Bob Berger](#))
- **Saturdays | 10am:** Craft and Chat (Online - Join [here](#))
- **4th Sundays | 11:30am:** Friends of Wadi Foquin Circle (Contact [Bob Johnson](#))



Asbury Office

Asbury United Methodist Church Of Livermore