

1. THANKS 5 MINS

Do not be anxious about anything, but in every situation, by prayer and petition, with *thanksgiving*, present your requests to God. Phil 4:6

Give thanks for a handful of things, and write them down

2. REQUEST 5 MINS

“I also tell you this: If two of you agree here on earth concerning anything you ask, my Father in heaven will do it for you. For where two or three gather in my name, there am I with them.” Matt 18:19, 20

Ask God out loud for the needs you have. Take turns & agree with the one praying. Write them down.

3. RESPOND 5 MINS

During this time what brought you comfort, insight, encouragement, or wisdom, etc?. What would be a good action step for you to take from what you have experienced? Write them down.

4. REPORT

Take out your phone, access the camera, and scan this QR code. It will bring up Pastor Mark's email, type out something that has encouraged you or any answers or insights. Hit Send. This will benefit you & others and it's anonymous.

