

Series: The Sermon on the Mount
Title: How to Have Real Happiness, Part 1
Text: Matthew 5:3-6
Date: September 14, 2025

Genesis _____

Psalm _____

In Matthew 5:3-6, Jesus spoke of four God-ward realities that instruct us concerning how we can be truly happy...

1. _____ your _____ for God (v. 3).

“Poverty of spirit is neither a financial nor a depressive condition, although it has often been mistaken for both...Neither is poverty of spirit a bad self-image, in which low self-esteem, introversion, and morbidity predominate...Jesus is describing a person who sees his spiritual bondage, is conscious of the debt of his sins.”

Sinclair Ferguson

2. Regularly _____ to God for _____ with your sin (v. 4).

Isaiah _____

Romans _____

“Repentance is a continuous act. The issue of godly sorrow must not be quite stopped till death.” **Thomas Watson**

3. Reject a _____-focused _____ in life (v. 5).

Matthew _____

“The meek are those who say to their king, ‘Not my will, but your will be done. ‘They give the Lord Jesus a blank check and delightedly ask him to fill in as he chooses. A meek person is not a weak person but a strong person in Christ.”

Daniel Akin

4. Making _____ your main aim in life (v. 6).

Matthew _____

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