

# Rooted

IN THE WORD

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DAILY JOURNAL  
11/03/25-12/28/25







Psalm 1 teaches us that the person who is rooted in the Word is, "... like a tree planted beside flowing streams that bears its fruit in its season and whose leaf does not wither." The time you spend with the Lord in His Word and in prayer is the greatest investment you can make in your relationship with God. I am praying that God will grow you and bless you as you journal your way through His Word.

- Pastor Rob Armstrong

# ROOTED IN THE WORD

The **ROOTED IN THE WORD** journal is intentionally designed to help you grow and mature in your faith through the study of Scripture.

"For the **WORD** of the LORD is upright..." – Psalm 33:4

"I have stored up your **WORD** in my heart, that I might not sin against you." – Psalm 119:11

"Man shall not live on bread alone, but by every **WORD** that comes from the mouth of God." – Matthew 4:4

"Sanctify them in the truth, your **WORD** is truth."  
– John 17:17

"So faith comes from hearing, and hearing through the **WORD** of Christ." – Romans 10:17

"Let the **WORD** of Christ dwell in you richly, teaching and admonishing one another in all wisdom..." – Colossians 3:16

"For the **WORD** of God is living and active..." – Hebrews 4:12

**WORD** is an acronym that stands for:

**Write**  
**Observe**  
**Reflect**  
**Do**

Three to five sentences, in each of these four sections, are sufficient to help you stay **ROOTED IN THE WORD** and live a Christ-centered life.

## **Write**

As you read a passage of Scripture, write out the verse or verses that jump out at you. Include the following information in this section: the date, verse(s), verse reference (book, chapter & verse), and a title for the text.

## **Observe**

The goal here is to observe and discover the original meaning of the text by asking key questions about the text: Who is speaking? To whom are they speaking? Who wrote the text? What did the text mean then? When in the life of Jesus did this text take place? Did it take place before, during, or after the cross of Jesus? Why was the text written? How did people respond to the text back then?

Observe the type of genre in which the text is written. Is the text written as poetry, biography, narrative, parable, law, history, wisdom, prophecy, discourse, letters, or proverbs?

Observe the grammatical nuances of the text in its context. Pay attention to the following: pronouns, repetitive words, shift in location, shift in speakers, shift in audiences, shift in thought, shift in subject, or shift in verbs.

Observe whether the text is written as a prescriptive text or a descriptive text. A prescriptive text is one that prescribes certain behaviors or actions. Prescriptive texts tell us “what to do” (commission) or “what not to do” (omission). A descriptive text is one that describes what is happening without giving commands or instructions on how to behave. Descriptive texts tell us “what happened.”

## **Reflect**

The goal here is to reflect and discover what the text means today. What is the timeless truth of this text that transcends time? What is the “take-away” truth of this text?



## Do

The goal here is to discover what God wants me to do in response to this text. What can I do to move myself from a hearer of the Word to a doer of the Word? What application can be made from this text for my life today? In what ways does God want me to share His Word, pray His Word, memorize His Word, sing His Word, or obey His Word?

### Sample WORD entry:

#### Write:

Date: 8/15/19

Title: God Speaks: "So, faith comes from hearing, and hearing through the word of Christ." Romans 10:17

#### Observe:

Paul is writing a letter to the followers of Christ in Rome. Romans is rich with the theology of salvation by grace. Paul is explaining how a person is saved in Romans 10. Paul is saying that the words or works of man can't save but only God's redemptive work heard through His Word saves.

#### Reflect:

God's Word must get into a person in order for them to be saved. Getting into God's Word allows God's Word to get into me. Getting into God's Word saves me and sanctifies me.  
take-away truth: Get into God's Word!

#### Do:

Lord, help me to get into your Word daily. God wants me to set aside time each day to read His Word, hear His Word, pray His Word, and obey His Word.

# D-GROUPS: SCRIPTURE SCHEDULE 11/3/25-12/28/25

| WEEK         | MONDAY        | TUESDAY       | WEDNESDAY     | THURSDAY      | FRIDAY        | MEMORY          |
|--------------|---------------|---------------|---------------|---------------|---------------|-----------------|
| 11/3/25 (1)  | Revelation 11 | Revelation 12 | Revelation 13 | Revelation 14 | Revelation 15 | Matthew 7:13-14 |
| 11/10/25 (2) | Revelation 16 | Revelation 17 | Revelation 18 | Revelation 19 | Revelation 20 | Matthew 7:15-16 |
| 11/17/25 (3) | Revelation 21 | Revelation 22 | Matthew 1     | Matthew 2     | Matthew 3     | Matthew 7:17-18 |
| 11/30/25 (4) | Matthew 4     | Matthew 5     | Matthew 6     | Matthew 7     | Matthew 8     | Matthew 7:19-20 |
| 12/7/25 (5)  | Matthew 9     | Matthew 10    | Matthew 11    | Matthew 12    | Matthew 13    | Matthew 7:21-23 |
| 12/14/25 (6) | Matthew 14    | Matthew 15    | Matthew 16    | Matthew 17    | Matthew 18    | Matthew 7:24-25 |
| 12/21/25 (7) | Matthew 19    | Matthew 20    | Matthew 21    | Matthew 22    | Matthew 23    | Matthew 7:26-27 |
| 12/28/25 (8) | Matthew 24    | Matthew 25    | Matthew 26    | Matthew 27    | Matthew 28    | Matthew 7:28-29 |

# GUIDE

## Books of the Bible

(Memory Verses)

### Write:

- Write out the verse or verses that jump off the page to you.
- Write the date.
- Write the verse reference (book, chapter & verse)
- Write out any words and phrases that jumped out.
- Write a title for this text.

### Observe:

- Who wrote the verse? To whom was it written?
- Did it take place before, during, or after the cross?
- Is there any repetition? What is the genre?
- Is there any shift in audience, place, or time?
- Is the text descriptive or prescriptive?

### Reflect:

- What is the timeless truth of this text?
- Did it take place before, during, or after the cross?

### Do:

- What does God want you to do?
- What is keeping you from being a doer of the Word?
- Ask God to help you do what His Word says.

# WEEK



# 1

## **Memory Verses:**

Enter through the narrow gate. For the gate is wide and the road broad that leads to destruction, and there are many who go through it. How narrow is the gate and difficult the road that leads to life, and few find it.

Matthew 7:13-14 (CSB)



# MONDAY

## Revelation 11

(Memory Verses: Matthew 7:13-14)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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 **REFLECT** on the timeless truth of the text.

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 **DO** what God wants in response to the text.

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# NOTES

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# TUESDAY

## Revelation 12

(Memory Verses: Matthew 7:13-14)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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 **REFLECT** on the timeless truth of the text.

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# WEDNESDAY

## Revelation 13

(Memory Verses: Matthew 7:13-14)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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 **REFLECT** on the timeless truth of the text.

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 **DO** what God wants in response to the text.

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# NOTES

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# THURSDAY

## Revelation 14

(Memory Verses: Matthew 7:13-14)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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# FRIDAY

## Revelation 15

(Memory Verses: Matthew 7:13-14)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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 **REFLECT** on the timeless truth of the text.

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 **DO** what God wants in response to the text.

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# NOTES

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# WEEK

# 2

## **Memory Verses:**

Be on your guard against false prophets who come to you in sheep's clothing but inwardly are ravaging wolves. You'll recognize them by their fruit. Are grapes gathered from thornbushes or figs from thistles?

Matthew 7: 15-16(CSB)



# MONDAY

## Revelation 16

(Memory Verses: Matthew 7: 15-16 )

 **WRITE** the verse or verses that jump off the page to you.

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 **REFLECT** on the timeless truth of the text.

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# NOTES

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# TUESDAY

## Revelation 17

(Memory Verses: Matthew 7: 15-16)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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# WEDNESDAY

## Revelation 18

(Memory Verses: Matthew 7: 15-16)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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# THURSDAY

## Revelation 19

(Memory Verses: Matthew 7: 15-16)



**WRITE** the verse or verses that jump off the page to you.

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**OBSERVE** the meaning of the text.

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**REFLECT** on the timeless truth of the text.

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**DO** what God wants in response to the text.

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# FRIDAY

## Revelation 20

(Memory Verses: Matthew 7: 15-16)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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 **REFLECT** on the timeless truth of the text.

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# WEEK

# 3

## **Memory Verses:**

In the same way, every good tree produces good fruit, but a bad tree produces bad fruit. A good tree can't produce bad fruit; neither can a bad tree produce good fruit.

Matthew 7:17-18 (CSB)



# MONDAY

## Revelation 21

(Memory Verses: Matthew 7:17-18)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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 **REFLECT** on the timeless truth of the text.

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 **DO** what God wants in response to the text.

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# TUESDAY

## Revelation 22

(Memory Verses: Matthew 7:17-18)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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 **REFLECT** on the timeless truth of the text.

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# WEDNESDAY

## Matthew 1

(Memory Verses: Matthew 7:17-18)

 **WRITE** the verse or verses that jump off the page to you.

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# THURSDAY

## Matthew 2

(Memory Verses: Matthew 7:17-18)



**WRITE** the verse or verses that jump off the page to you.

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**OBSERVE** the meaning of the text.

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**REFLECT** on the timeless truth of the text.

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**DO** what God wants in response to the text.

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# FRIDAY

## Matthew 3

(Memory Verses: Matthew 7:17-18)

 **WRITE** the verse or verses that jump off the page to you.

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# WEEK

# 4

## **Memory Verses:**

Every tree that doesn't produce good fruit is cut down and thrown into the fire. So you'll recognize them by their fruit.

Matthew 7:19-20 (CSB)



# MONDAY

## Matthew 4

(Memory Verses: Matthew 7:19-20)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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# TUESDAY

## Matthew 5

(Memory Verses: Matthew 7:19-20)



**WRITE** the verse or verses that jump off the page to you.

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**OBSERVE** the meaning of the text.

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**REFLECT** on the timeless truth of the text.

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**DO** what God wants in response to the text.

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# WEDNESDAY

## Matthew 6

(Memory Verses: Matthew 7:19-20)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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 **REFLECT** on the timeless truth of the text.

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 **DO** what God wants in response to the text.

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# THURSDAY

## Matthew 7

(Memory Verses: Matthew 7:19-20)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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# FRIDAY

## Matthew 8

(Memory Verses: Matthew 7:19-20)

 **WRITE** the verse or verses that jump off the page to you.

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 **DO** what God wants in response to the text.

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[illegible]

# WEEK

# 5

## **Memory Verses:**

Not everyone who says to me, 'Lord, Lord,' will enter the kingdom of heaven, but only the one who does the will of my Father in heaven.

On that day many will say to me, 'Lord, Lord, didn't we prophesy in your name, drive out demons in your name, and do many miracles in your name?' Then I will announce to them, 'I never knew you. Depart from me, you lawbreakers!'

Matthew 7:21-23 (CSB)



# MONDAY

## Matthew 9

(Memory Verses: Matthew 7:21-23)

 **WRITE** the verse or verses that jump off the page to you.

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 **DO** what God wants in response to the text.

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# NOTES

This image shows a full page of blank handwriting practice paper. It features approximately 20 evenly spaced, horizontal blue lines running across the width of the page. The background is a solid off-white color, providing a clear contrast for the blue lines. There are no margins, text, or other markings on the page.

# TUESDAY

## Matthew 10

(Memory Verses: Matthew 7:21-23)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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# WEDNESDAY

## Matthew 11

(Memory Verses: Matthew 7:21-23)

 **WRITE** the verse or verses that jump off the page to you.

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 **DO** what God wants in response to the text.

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# NOTES

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# THURSDAY

## Matthew 12

(Memory Verses: Matthew 7:21-23 )

 **WRITE** the verse or verses that jump off the page to you.

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# FRIDAY

## Matthew 13

(Memory Verses: Matthew 7:21-23)

 **WRITE** the verse or verses that jump off the page to you.

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 **REFLECT** on the timeless truth of the text.

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# WEEK

# 6

## **Memory Verses:**

Therefore, everyone who hears these words of mine and acts on them will be like a wise man who built his house on the rock. The rain fell, the rivers rose, and the winds blew and pounded that house. Yet it didn't collapse, because its foundation was on the rock.

Matthew 7:24-25 (CSB)



# MONDAY

## Matthew 14

(Memory Verses: Matthew 7:24-25)

 **WRITE** the verse or verses that jump off the page to you.

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# TUESDAY

## Matthew 15

(Memory Verses: Matthew 7:24-25)

 **WRITE** the verse or verses that jump off the page to you.

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 **DO** what God wants in response to the text.

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# NOTES

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# WEDNESDAY

## Matthew 16

(Memory Verses: Matthew 7:24-25)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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 **REFLECT** on the timeless truth of the text.

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 **DO** what God wants in response to the text.

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# NOTES

[illegible]

# THURSDAY

## Matthew 17

(Memory Verses: Matthew 7:24-25)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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# FRIDAY

## Matthew 18

(Memory Verses: Matthew 7:24-25)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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 **REFLECT** on the timeless truth of the text.

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# WEEK

# 7

## **Memory Verses:**

But everyone who hears these words of mine and doesn't act on them will be like a foolish man who built his house on the sand. The rain fell, the rivers rose, the winds blew and pounded that house, and it collapsed. It collapsed with a great crash.

Matthew 7:26-27 (CSB)



# MONDAY

## Matthew 19

(Memory Verses: Matthew 7:26-27)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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 **REFLECT** on the timeless truth of the text.

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 **DO** what God wants in response to the text.

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# NOTES

[illegible]

# TUESDAY

## Matthew 20

(Memory Verses: Matthew 7:26-27)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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 **REFLECT** on the timeless truth of the text.

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 **DO** what God wants in response to the text.

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# NOTES

[illegible]

# WEDNESDAY

## Matthew 21

(Memory Verses: Matthew 7:26-27)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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 **REFLECT** on the timeless truth of the text.

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 **DO** what God wants in response to the text.

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# NOTES

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# THURSDAY

## Matthew 22

(Memory Verses: Matthew 7:26-27)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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 **REFLECT** on the timeless truth of the text.

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 **DO** what God wants in response to the text.

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# NOTES

[illegible]

# FRIDAY

## Matthew 23

(Memory Verses: Matthew 7:26-27)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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 **REFLECT** on the timeless truth of the text.

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 **DO** what God wants in response to the text.

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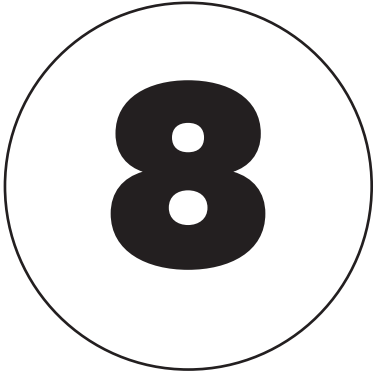
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# NOTES

[illegible]

# WEEK



# 8

## **Memory Verses:**

When Jesus had finished saying these things, the crowds were astonished at his teaching, because he was teaching them like one who had authority, and not like their scribes.

Matthew 7:28-29 (CSB)



# MONDAY

## Matthew 24

(Memory Verses: Matthew 7:28-29)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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 **REFLECT** on the timeless truth of the text.

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---

 **DO** what God wants in response to the text.

---

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# NOTES

This image shows a single page of white paper with horizontal blue lines. The lines are evenly spaced and run across the width of the page, typical of notebook paper or a document template. There are no margins, text, or other markings on the page.

# TUESDAY

## Matthew 25

(Memory Verses: Matthew 7:28-29)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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 **REFLECT** on the timeless truth of the text.

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 **DO** what God wants in response to the text.

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# NOTES

This image shows a single sheet of white paper with horizontal blue lines, similar to standard notebook paper. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

# WEDNESDAY

## Matthew 26

(Memory Verses: Matthew 7:28-29)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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 **REFLECT** on the timeless truth of the text.

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 **DO** what God wants in response to the text.

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# NOTES

[illegible]

# THURSDAY

## Matthew 27

(Memory Verses: Matthew 7:28-29)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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 **REFLECT** on the timeless truth of the text.

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 **DO** what God wants in response to the text.

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# NOTES

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

# FRIDAY

## Matthew 28

(Memory Verses: Matthew 7:28-29)

 **WRITE** the verse or verses that jump off the page to you.

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 **OBSERVE** the meaning of the text.

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 **REFLECT** on the timeless truth of the text.

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 **DO** what God wants in response to the text.

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# NOTES

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.







