Rooted IN THE WORD

DAILY JOURNAL 8/04/25-10/27/25





Psalm 1 teaches us that the person who is rooted in the Word is, "... like a tree planted beside flowing streams that bears its fruit in its season and whose leaf does not wither." The time you spend with the Lord in His Word and in prayer is the greatest investment you can make in your relationship with God. I am praying that God will grow you and bless you as you journal your way through His Word.

- Pastor Rob Armstrong

ROOTED IN THE WORD

The **ROOTED IN THE WORD** journal is intentionally designed to help you grow and mature in your faith through the study of Scripture.

"For the **WORD** of the LORD is upright..." – Psalm 33:4

"I have stored up your **WORD** in my heart, that I might not sin against you." – Psalm 119:11

"Man shall not live on bread alone, but by every **WORD** that comes from the mouth of God." – Matthew 4:4

"Sanctify them in the truth, your **WORD** is truth." – John 17:17

"So faith comes from hearing, and hearing through the **WORD** of Christ." - Romans 10:17

"Let the **WORD** of Christ dwell in you richly, teaching and admonishing one another in all wisdom..." – Colossians 3:16

"For the **word** of God is living and active..." – Hebrews 4:12

WORD is an acronym that stands for:

Write
Observe
Reflect
Do

Three to five sentences, in each of these four sections, are sufficient to help you stay **ROOTED IN THE WORD** and live a Christ-centered life.

Write

As you read a passage of Scripture, write out the verse or verses that jump out at you. Include the following information in this section: the date, verse(s), verse reference (book, chapter & verse), and a title for the text.

Observe

The goal here is to observe and discover the original meaning of the text by asking key questions about the text: Who is speaking? To whom are they speaking? Who wrote the text? What did the text mean then? When in the life of Jesus did this text take place? Did it take place before, during, or after the cross of Jesus? Why was the text written? How did people respond to the text back then?

Observe the type of genre in which the text is written. Is the text written as poetry, biography, narrative, parable, law, history, wisdom, prophecy, discourse, letters, or proverbs?

Observe the grammatical nuances of the text in its context. Pay attention to the following: pronouns, repetitive words, shift in location, shift in speakers, shift in audiences, shift in thought, shift in subject, or shift in verbs.

Observe whether the text is written as a prescriptive text or a descriptive text. A prescriptive text is one that prescribes certain behaviors or actions. Prescriptive texts tell us "what to do" (commission) or "what not to do" (omission). A descriptive text is one that describes what is happening without giving commands or instructions on how to behave. Descriptive texts tell us "what happened."

Reflect

The goal here is to reflect and discover what the text means today. What is the timeless truth of this text that transcends time? What is the "take-away" truth of this text?

□ Do

The goal here is to discover what God wants me to do in response to this text. What can I do to move myself from a hearer of the Word to a doer of the Word? What application can be made from this text for my life today? In what ways does God want me to share His Word, pray His Word, memorize His Word, sing His Word, or obey His Word?

Sample WORD entry:

Write:

Date: 8/15/19

Title: God Speaks: "So, faith comes from hearing, and hearing

through the word of Christ." Romans 10:17

Observe:

Paul is writing a letter to the followers of Christ in Rome. Romans is rich with the theology of salvation by grace. Paul is explaining how a person is saved in Romans 10. Paul is saying that the words or works of man can't save but only God's redemptive work heard through His Word saves.

Reflect:

God's Word must get into a person in order for them to be saved. Getting into God's Word allows God's Word to get into me. Getting into God's Word saves me and sanctifies me.

take-away truth: Get into God's Word!

Do:

Lord, help me to get into your Word daily. God wants me to set aside time each day to read His Word, hear His Word, pray His Word, and obey His Word.

D-GROUPS: SCRIPTURE SCHEDULE 8/04/25/-10/27/25

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MEMORY
8/4/25(1)	Hebrews 9	Hebrews 10	Hebrews 11	Hebrews 12	Hebrews 13	Matthew 6:19-21
8/11/25(2)	1 Timothy 1	1 Timothy 2	1 Timothy 3	1 Timothy 4	1 Timothy 5	Matthew 6:22-24
8/18/25 (3)	1 Timothy 6	2 Timothy 1	2 Timothy 2	2 Timothy 3	2 Timothy 4	Matthew 6:25-26
8/24/25 (4)	Titus 1	Titus 2	Titus 3	l Peter l	l Peter 2	Matthew 6:27-28
9/1/25 (5)	1 Peter 3	1 Peter 4	1 Peter 5	2 Peter 1	2 Peter 2	Matthew 6:29-30
9/8/25(6)	2 Peter 3	I nhol	John 2	John 3	John 4	Matthew 6:31-32
9/15/25 (7)	John 5	9 uyoſ	7 uhoſ	John 8	9 nho	Matthew 6:33-34
9/22/25(8)	John 10	John 11	John 12	John 13	John 14	Matthew 7:1-2
9/29/25 (9)	John 15	John 16	John 17	John 18	John 19	Matthew 7:3-4
10/6/25 (10)	John 20	John 21	I nhol I	1 John 2	1 John 3	Matthew 7:5-6
10/13/25 (11)	1 John 4	1 John 5	2 John	3 John	Jude	Matthew 7:7-8
10/20/25 (12)	Revelation 1	Revelation 2	Revelation 3	Revelation 4	Revelation 5	Matthew 7:9-10
10/27/25 (13)	Revelation 6	Revelation 7	Revelation 8	Revelation 9	Revelation 10	Matthew 7:11-12

GUIDE

Books of the Bible

(Memory Verses)

Write:

- Write out the verse or verses that jump off the page to you.
- Write the date.
- Write the verse reference (book, chapter & verse)
- Write out any words and phrases that jumped out.
- Write a title for this text.

Observe:

- Who wrote the verse? To whom was it written?
- Did it take place before, during, or after the cross?
- Is there any repetition? What is the genre?
- Is there any shift in audience, place, or time?
- Is the text descriptive or prescriptive?

Reflect:

- What is the timeless truth of this text?
- Did it take place before, during, or after the cross?

Do:

- What does God want you to do?
- What is keeping you from being a doer of the Word?
- Ask God to help you do what His Word says.



Memory Verses:

Don't store up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal. But store up for yourselves treasures in heaven, where neither moth nor rust destroys, and where thieves don't break in and steal. For where your treasure is, there your heart will be also.

Matthew 6:19-21 (CSB)



Hebrews 9

(Memory Verses: Matthew 6:19-21)

WRITE the verse or verses that jump off the page to you.
OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
γ
DO what God wants in response to the text.



Hebrews 10

(Memory Verses: Matthew 6:19-21)

WRITE the verse or verses that jump off the page to you.
OBSERVE the meaning of the text.
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REFLECT on the timeless truth of the text.
DO what God wants in response to the text.
= Mat God Walls in response to the text.



Hebrews 11

(Memory Verses: Matthew 6:19-21)

WRITE the verse or verses that jump off the page to you.
OBSERVE the meaning of the text.
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REFLECT on the timeless truth of the text.
\boxminus DO what God wants in response to the text.



Hebrews 12

(Memory Verses: Matthew 6:19-21)

	e verse or verses that jump off the page to you.
Q	OBSERVE the meaning of the text.
₽ RE	FLECT on the timeless truth of the text.
⊟ DO	what God wants in response to the text.



Hebrews 13

(Memory Verses: Matthew 6:19-21)

WRITE the verse or verses that jump off the page to you.
\bigcirc OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
,
DO what God wants in response to the text.



Memory Verses:

The eye is the lamp of the body. If your eye is healthy, your whole body will be full of light. But if your eye is bad, your whole body will be full of darkness. So if the light within you is darkness, how deep is that darkness! No one can serve two masters, since either he will hate one and love the other, or he will be devoted to one and despise the other. You cannot serve both God and money.

Matthew 6:22-24 (CSB)



1 Timothy 1

(Memory Verses: Matthew 6:22-24)

○ OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.
what God wants in response to the text.



1 Timothy 2 (Memory Verses: Matthew 6:22-24)

OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.

WEDNESDAY

1 Timothy 3 (Memory Verses: Matthew 6:22-24)

OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
🖰 DO what God wants in response to the text.



1 Timothy 4

(Memory Verses: Matthew 6:22-24)

WRITE the verse or verses that jump off the page to	o you.
Q OBSERVE the meaning of the text.	
REFLECT on the timeless truth of the text.	
DO what God wants in response to the text.	



1 Timothy 5

(Memory Verses: Matthew 6:22-24)

OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.



Memory Verses:

Therefore I tell you: Don't worry about your life, what you will eat or what you will drink; or about your body, what you will wear. Isn't life more than food and the body more than clothing? Consider the birds of the sky: They don't sow or reap or gather into barns, yet your heavenly Father feeds them. Aren't you worth more than they?

Matthew 6:25-26 (CSB)



1 Timothy 6

(Memory Verses: Matthew 6:25-26)

WRITE the verse or verses that jump off the page to you.
OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
γ
DO what God wants in response to the text.



2 Timothy 1

(Memory Verses: Matthew 6:25-26)

OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
DO what God wants in response to the text.



2 Timothy 2

(Memory Verses: Matthew 6:25-26)

WRITE the verse or verses that jump off the page to you.
OBSERVE the meaning of the text.
COBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
E DO what God wants in response to the toyt
DO what God wants in response to the text.



2 Timothy 3

(Memory Verses: Matthew 6:25-26)

WRITE the verse or verses that jump on the page to
Q OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.



2 Timothy 4

(Memory Verses: Matthew 6:25-26)

OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
DO what God wants in response to the text.



Memory Verses:

Can any of you add one moment to his life span by worrying? And why do you worry about clothes? Observe how the wildflowers of the field grow: They don't labor or spin thread.

Matthew 6:27-28 (CSB)



Titus 1

(Memory Verses: Matthew 6:27-28)

WRITE the verse or verses that jump off the page to you.
OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
γ
DO what God wants in response to the text.



Titus 2

(Memory Verses: Matthew 6:27-28)

> WRITE the verse or verses that jump off the page to you.
\bigcirc OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.

WEDNESDAY

Titus 3

(Memory Verses: Matthew 6:27-28)

WRITE the verse or verses that jump off the page to you.
○ OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
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Do what God wants in response to the text.



(Memory Verses: Matthew 6:27-28)

WRITE the verse or verses that jump off the page to you.
Q OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.



(Memory Verses: Matthew 6:27-28)



Memory Verses:

Yet I tell you that not even Solomon in all his splendor was adorned like one of these. If that's how God clothes the grass of the field, which is here today and thrown into the furnace tomorrow, won't he do much more for you — you of little faith?

Matthew 6:29-30(CSB)



(Memory Verses: Matthew 6:29-30)

WRITE the verse or verses that jump off the page to you.
Q OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.
what God wants in response to the text.



(Memory Verses: Matthew 6:29-30)

Q OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
DO what God wants in response to the text.



(Memory Verses: Matthew 6:29-30)

WRITE the verse or verses that jump off the page to you.
Q OBSERVE the meaning of the text.
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REFLECT on the timeless truth of the text.
DO what God wants in response to the text.



(Memory Verses: Matthew 6:29-30)

WRITE the verse or verses that jump off the page to you.
\bigcirc OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.



(Memory Verses: Matthew 6:29-30)

WRITE the verse or verses that jump off the page to you.		
OBSERVE the meaning of the text.		
CODSERVE the meaning of the text.		
REFLECT on the timeless truth of the text.		
DO what God wants in response to the text.		
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Memory Verses:

So don't worry, saying, 'What will we eat?' or 'What will we drink?' or 'What will we wear?' For the Gentiles eagerly seek all these things, and your heavenly Father knows that you need them.

Matthew 6:31-21 (CSB)



(Memory Verses: Matthew 6:31-21)

WRITE the verse or verses that jump off the page to you.
OBSERVE the meaning of the text.
EDEFIECT on the timeless truth of the toyt
REFLECT on the timeless truth of the text.
DO what God wants in response to the text.



(Memory Verses: Matthew 6:31-21)

OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.

WEDNESDAY

John 2

(Memory Verses: Matthew 6:31-21)

\bigcirc WRITE the verse or verses that jump off the page to you.
Q OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.



(Memory Verses: Matthew 6:31-21)

WRITE the verse or verses that jump off the page to you.
Q OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.



(Memory Verses: Matthew 6:31-21)

WRITE the verse or verses that jump off the page to you.
OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.
What God Wants in response to the text.



Memory Verses:

But seek first the kingdom of God, and his righteousness, and all these things will be provided for you. Therefore don't worry about tomorrow, because tomorrow will worry about itself. Each day has enough trouble of its own.

Matthew 6:33-24 (CSB)



(Memory Verses: Matthew 6:33-24)

WRITE the verse or verses that jump off the page to you.
OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
γ
DO what God wants in response to the text.



(Memory Verses: Matthew 6:33-24)

WRITE the verse or verses that jump on the page to you.
OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.

WEDNESDAY

John 7

(Memory Verses: Matthew 6:33-24)

\bigcirc OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.



(Memory Verses: Matthew 6:33-24)

WRITE the verse or verses that jump off the page to you.
\bigcirc OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.



(Memory Verses: Matthew 6:33-24)

WRITE the verse or verses that jump off the page to you.
OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.
— — What God Walls in response to the text.



Memory Verses:

Do not judge, so that you won't be judged. For you will be judged by the same standard with which you judge others, and you will be measured by the same measure you use.

Matthew 7:1-2 (CSB)



John 10 (Memory Verses: Matthew 7:1-2)

\bigcirc WRITE the verse or verses that jump off the page to you.	
Q OBSERVE the meaning of the text.	
REFLECT on the timeless truth of the text.	
Do what God wants in response to the text.	
what God wants in response to the text.	





John 11 (Memory Verses: Matthew 7:1-2)

OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.

WEDNESDAY

John 12

(Memory Verses: Matthew 7:1-2)

\bigcirc OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.



(Memory Verses: Matthew 7:1-2)

\bigcirc WRITE the verse or verses that jump off the page to you.
OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.

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John 14 (Memory Verses: Matthew 7:1-2)

\bigcirc WRITE the verse or verses that jump off the page to you.			
OBSERVE the meaning of the text.			
CODSERVE the meaning of the text.			
REFLECT on the timeless truth of the text.			
DO what God wants in response to the text.			
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Memory Verses:

Why do you look at the splinter in your brother's eye but don't notice the beam of wood in your own eye? Or how can you say to your brother, 'Let me take the splinter out of your eye,' and look, there's a beam of wood in your own eye?

Matthew 7:3-4 (CSB)



(Memory Verses: Matthew 7:3-4)

WRITE the verse or verses that jump off the page to you.
Q OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.
what God wants in response to the text.



John 16 (Memory Verses: Matthew 7:3-4)

OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
DO what God wants in response to the text.

WEDNESDAY

John 17

(Memory Verses: Matthew 7:3-4)

$\ensuremath{ \bigcirc}$ WRITE the verse or verses that jump off the page to you.
Q OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.



John 18 (Memory Verses: Matthew 7:3-4)

WRITE the verse or verses that jump off the page to you.
Q OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.



John 19 (Memory Verses: Matthew 7:3-4)

WRITE the verse or verses that jump off the page to you.
OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.
What God Wants in response to the text.



Memory Verses:

Hypocrite! First take the beam of wood out of your eye, and then you will see clearly to take the splinter out of your brother's eye. Don't give what is holy to dogs or toss your pearls before pigs, or they will trample them under their feet, turn, and tear you to pieces.

Matthew 7:5-6 (CSB)



John 20 (Memory Verses: Matthew 7:5-6)

WRITE the verse or verses that jump off the page to you.
Q OBSERVE the meaning of the text.
Cobserve the meaning of the text.
REFLECT on the timeless truth of the text.
\Box DO what God wants in response to the text.



John 21 (Memory Verses: Matthew 7:5-6)

WRITE the verse or verses that jump on the page to you.
OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.

WEDNESDAY

1 John 1

(Memory Verses: Matthew 7:5-6)

\bigcirc OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.



1 John 2 (Memory Verses: Matthew 7:5-6)

WRITE the verse or verses that jump off the page to you.
Q OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.



1 John 3 (Memory Verses: Matthew 7:5-6)

WRITE the verse or verses that jump off the page to you.
OBSERVE the meaning of the text.
CODSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.



Memory Verses:

Ask, and it will be given to you. Seek, and you will find. Knock, and the door will be opened to you. For everyone who asks receives, and the one who seeks finds, and to the one who knocks, the door will be opened.

Matthew 7:7-8(CSB)



1 John 4

(Memory Verses: Matthew 7:7-8)

WRITE the verse or verses that jump off the page to you.
Q OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.
what God wants in response to the text.



1 John 5 (Memory Verses: Matthew 7:7-8)

OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
DO what God wants in response to the text.

WEDNESDAY

2 John

(Memory Verses: Matthew 7:7-8)

\bigcirc WRITE the verse or verses that jump off the page to you.
Q OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.



3 John (Memory Verses: Matthew 7:7-8)

\bigcirc WRITE the verse or verses that jump off the page to you.
Q OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.



Jude (Memory Verses: Matthew 7:7-8)

\bigcirc WRITE the verse or verses that jump off the page to you.
OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.



Memory Verses:

Who among you, if his son asks him for bread, will give him a stone? Or if he asks for a fish, will give him a snake?

Matthew 7:9-10 (CSB)



Revelation 1

(Memory Verses: Matthew 7:9-10)

○ OBSERVE the meaning of the text.
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REFLECT on the timeless truth of the text.
Do what God wants in response to the text.
what God wants in response to the text.



OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
DO what God wants in response to the text.



WRITE the verse or verses that jump off the page to you.
Q OBSERVE the meaning of the text.
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REFLECT on the timeless truth of the text.
Do what God wants in response to the text.



WRITE the verse or verses that jump off the page to you.
Q OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.

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Q OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.
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Memory Verses:

If you then, who are evil, know how to give good gifts to your children, how much more will your Father in heaven give good things to those who ask him. Therefore, whatever you want others to do for you, do also the same for them, for this is the Law and the Prophets.

Matthew 7:11-12 (CSB)



WRITE the verse or verses that jump off the page to you.
OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
γ
DO what God wants in response to the text.



OBSERVE the meaning of the text.
REFLECT on the timeless truth of the text.
Do what God wants in response to the text.



WRITE the verse or verses that jump off the page to you.				
\bigcirc OBSERVE the meaning of the text.				
REFLECT on the timeless truth of the text.				
Do what God wants in response to the text.				



WRITE the verse or verses that jump off the page to you.
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REFLECT on the timeless truth of the text.
Do what God wants in response to the text.



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REFLECT on the timeless truth of the text.
Do what God wants in response to the text.

