

what is ability camp

Our mission at Ability Tree is to come alongside families impacted by disability by providing R.E.S.T. — Recreation, Education, Support, and Training. Ability Camp is just one way we do that! It's a faith-based sleep-away camp designed for adults with disabilities. Our hope is that camp offers a haven where individuals can experience joy, belonging, and spiritual growth. Campers build life-long friendships with peers and counselors, while experiencing the fun of activities like archery, rock climbing, horseback riding, swimming, art, and so much more.



Currently, Ability Camp sites are rented in two states, with 3 available weeks for 105 total campers.

pennsylvania #1

oklahoma #2

Refreshing Mountain Retreat & Adventure Center 455 Camp Rd Stevens, PA 17578 New Life Ranch 5582 New Life Ranch Rd Adair, OK 74330



for campers

Only 22% of people with disabilities participate in recreational activities, compared to 59% of people without disabilities.

About 50% of individuals with disabilities participate in community activities less frequently than they'd like because of lack of accessibility and social stigma. Ability Camp provides them with a safe space to engage in recreation and community.



for caregivers

The role of a parent or caregiver is often 24/7 and for life. Over 50% of family caregivers of individuals with disabilities report high levels of stress and emotional strain.* Providing opportunities for respite is crucial for the well-being of the entire family.

(*National Alliance for Caregiving)

the reality is...

Research studies show respite can decrease stress levels, improve physical and mental well-being, strengthen family relationships, promote long-term care sustainability, and reduce the risk of burnout.



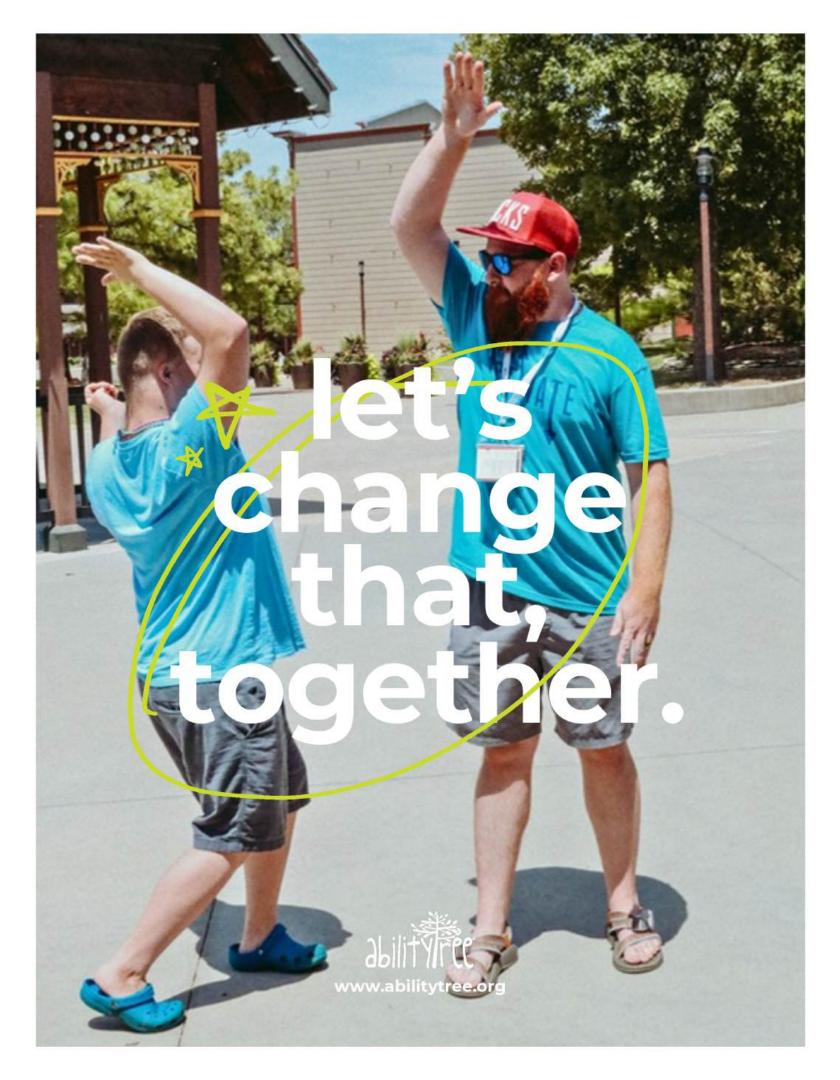
However, affordability, lack of options, and concerns about the quality of care make it challenging to access respite care.



Only 14% of caregivers report using respite care services.

Caregiving in the U.S. 2020 Report





together we can...

Purchase and develop a dedicated campground with specialized, accessible facilities. This campground would allow us to increase the number of camp weeks, campers, and counselors we could host per year.

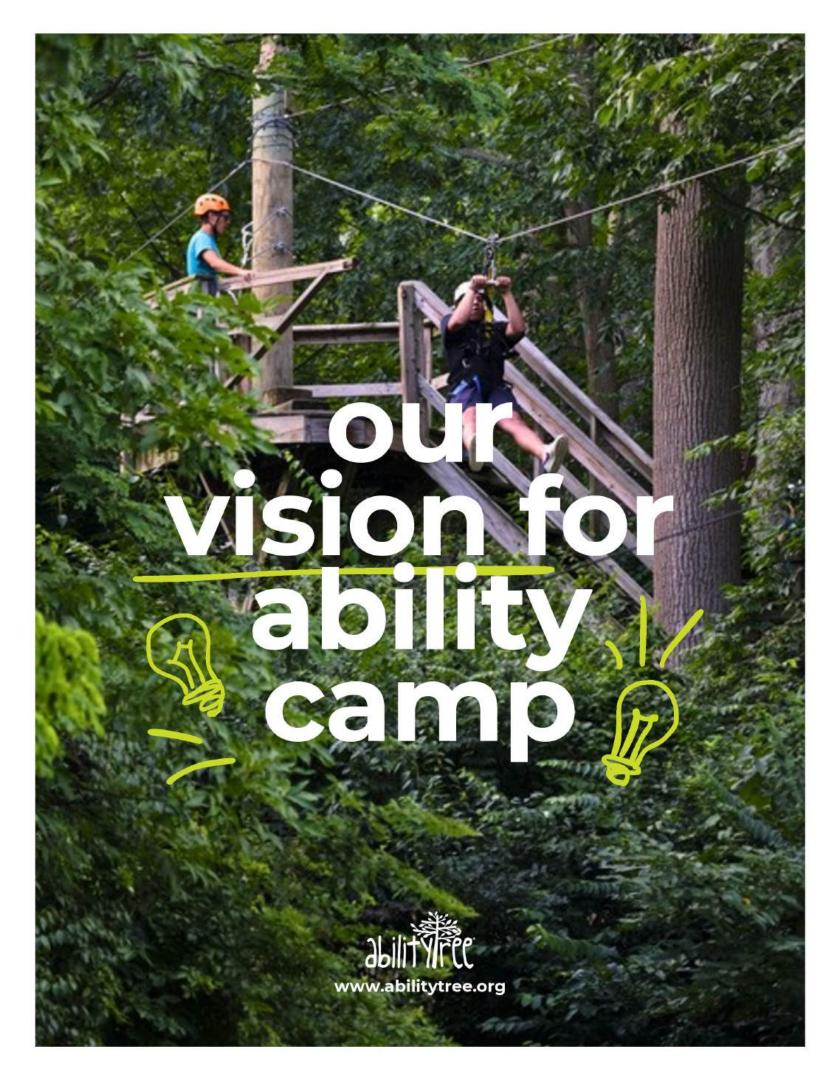


Raise funding to allow for decreased costs for campers and counselors, and hire more staff.



Provide opportunities for even more families in the PA, NJ, and NY area and beyond to experience R.E.S.T.!





ability campgrounds

About 15 years ago, Ability Tree hosted its first Ability Camp at Refreshing Mountain Retreat & Adventure Center in Stevens, PA. Since then, we've annually rented space both there and at New Life Ranch in Adair, Oklahoma. While our campers have cherished summers there, growth and accessibility constraints limit us on-site.

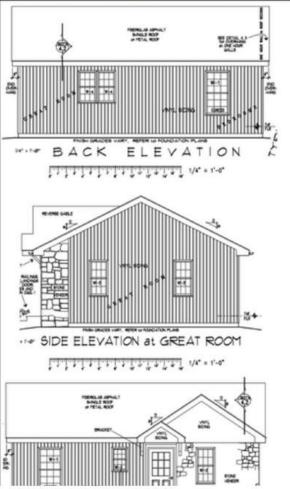
Our goal is to secure funding towards the purchase of land for accessible campgrounds. These grounds will serve Ability Camp, host retreats for impacted families, provide staff housing, and more!

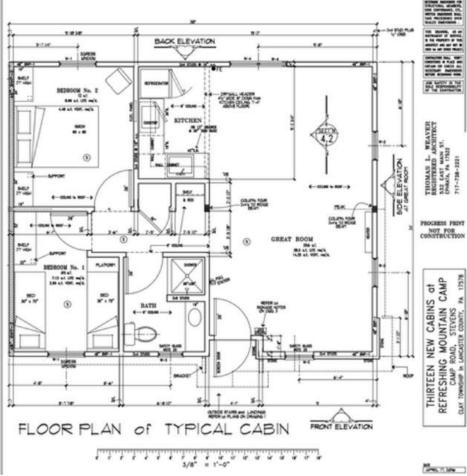
camp facilities & amenities

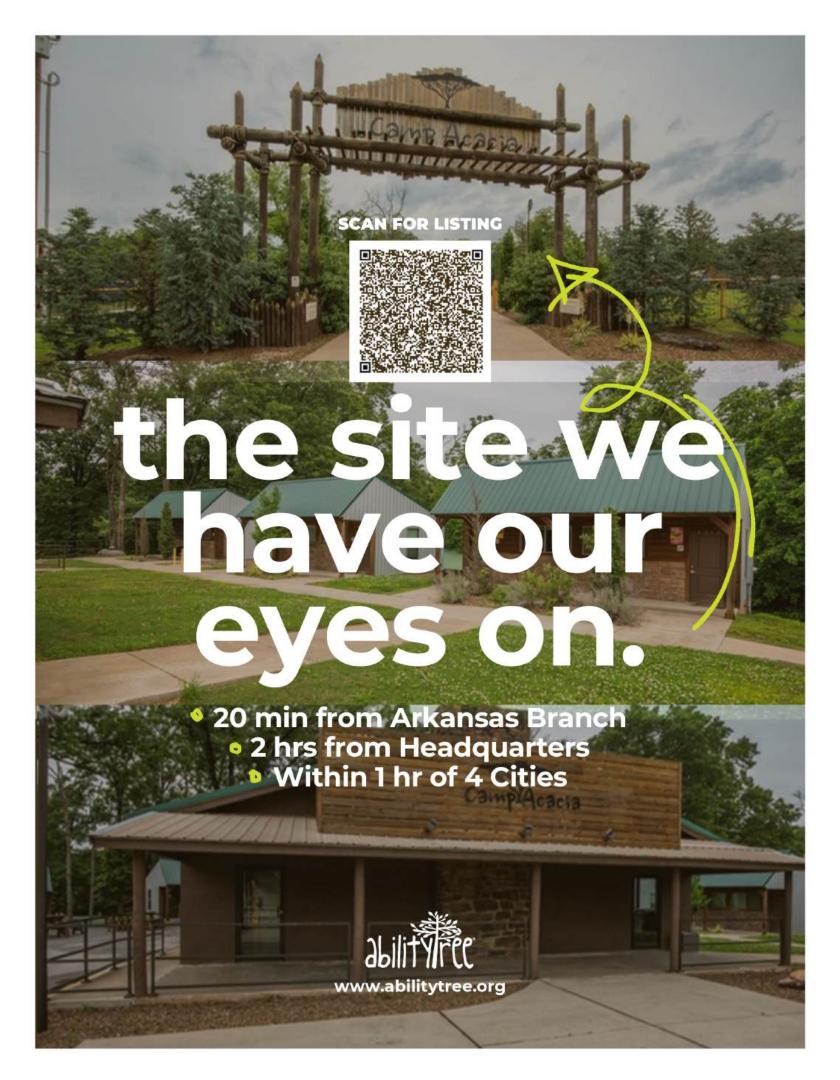
- 25 guest cabins, with accessible hotel-style rooms
- · Additional rooming for live-ins and rentals
- Main lodge with dining hall and staff offices
- Sports courts/fields and indoor gym
- Zero-entry pool and water play park
- Farmstead for sustainably-sourced food integration
- Art barn and multipurpose space
- · Outdoor activities such as zip lining and rock climbing













areas of need...

networking & awareness

Help us expand our reach by connecting us with potential partners, donors, and community champions. Your support in networking and raising awareness will ensure community is made possible for even more families impacted by disability in the tri-state area.



purchasing campgrounds

Partner with us by contributing financially toward the permanent purchase of campgrounds that will serve as a dedicated space for Ability Tree camps, family retreats, and year-round programming.



operations funding

Support the ongoing operation of Ability Camp by funding staffing, equipment, campers, and activities. Your donation ensures we continue providing life-changing experiences for adults with disabilities.





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