

what is ability camp

Our mission at Ability Tree is to come alongside families impacted by disability by providing R.E.S.T. — Recreation, Education, Support, and Training. Ability Camp is just one way we do that! It's a faith-based sleep-away camp designed for adults with disabilities. Our hope is that camp offers a haven where individuals can experience joy, belonging, and spiritual growth. Campers build life-long friendships with peers and counselors, while experiencing the fun of activities like archery, rock climbing, swimming, art, and so much more.



Currently, Ability Camp sites are rented in two states, with 4 available weeks for 135 total campers.

pennsylvania

Refreshing Mountain Retreat & Adventure Center 455 Camp Rd Stevens, PA 17578

oklahoma

New Life Ranch Frontier Cove 5582 New Life Ranch Rd Adair, OK 74330



for campers

Only 22% of people with disabilities participate in recreational activities, compared to 59% of people without disabilities. About 50% of individuals with disabilities participate in community activities less frequently than they'd like because of lack of accessibility and social stigma. Ability Camp provides them with a safe space to engage in recreation and community.



The role of a parent or caregiver is often 24/7 and for life. Over 50% of family caregivers of individuals with disabilities report high levels of stress and emotional strain.* Providing opportunities for respite is crucial for the well-being of the entire family. (*National Alliance for Caregiving)

7,7FAQ?

What if I don't have any experience?

Ability Tree provides training before the campers arrive. Plus, you will serve as a part of a team, so there is always someone to ask if you need help!

Do I have to come With a Church?

No, you are welcome to sign up as an individual. We will ask that you provide references from your local church as a part of our registration process.

Where Will I Sleep?

You and at least one other counselor will sleep in the cabins with the campers.

How Will I typically interact with campers?

Encourage campers to participate while fostering independence and assisting with needs as necessary.

Our goal is to help make this the best, most fun week of their year!

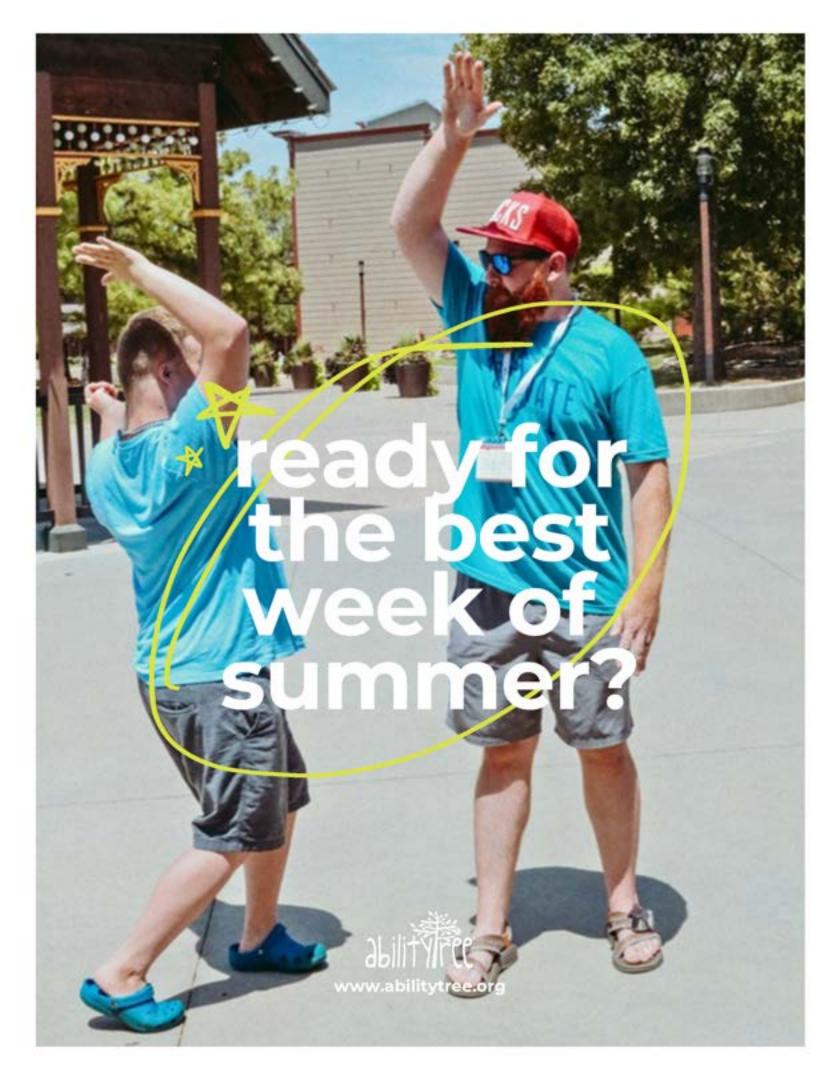
What are the common needs of the campers?

Camper's needs vary from independent to full-care. You will be paired with campers based on the information you provide in your registration packet regarding your experience.

Why is there a cost for counselors?

We view this as a mission opportunity. In order to keep the cost low for our campers, we ask counselors and volunteers to invest in their week of serving.









- The main role of the counselors is to care for, assist and encourage the campers in their assigned cabin for the week.
- Counselors will stay overnight in the cabin with the campers and travel to all activities with them throughout the day and evenings.
- Counselors will build relationships with their campers, lead them during small group time, and help the campers get to each scheduled activity.
- At least 2 counselors will be assigned to to each cabin. Additional support staff will be available to assist counselors when needed.



- · For teens ages 14-17
- Student Counselors will assist counselors in caring for and encouraging the campers in their assigned cabin for the week.
- This role is a great starting point for teens to learn about interacting with people with disabilities and building relationships with them.
- A mentor will meet with Student Counselors each day to debrief the day, answer questions, etc.



how can I serve

RECreation Team

- Members of the recreation team will help the recreation leader set up, tear down, and facilitate rec activities.
- They also assist with additional large group activities, such as theme parties, ice cream parties, etc.
- Members of the recreation team may be assigned to stay in cabins with campers.

Worskip Team

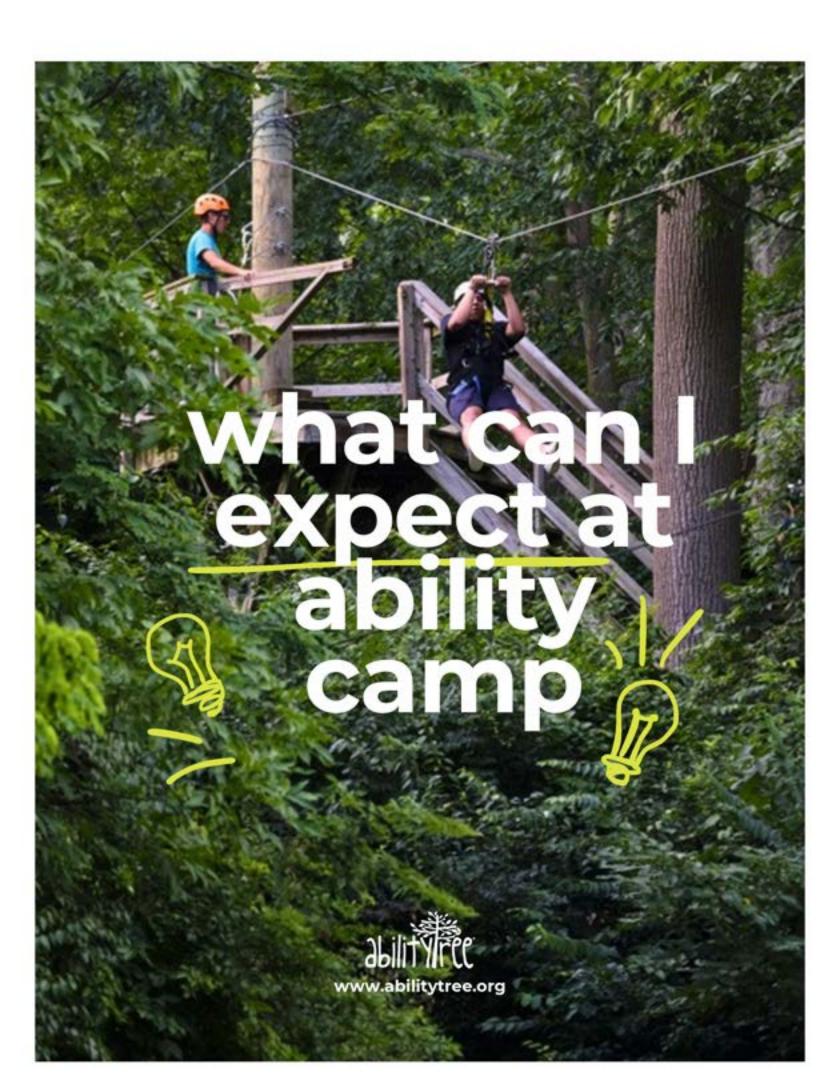
- The worship team will lead worship during morning and evening services.
- They will prepare the worship set and order of service in collaboration with the speakers and camp coordinator prior to camp.
- In coordination with the camp director, they will ensure all instruments and equipment is ready.
- They will assist campers with practicing their acts for the talent show during the week and prepare a list of acts for the show.

MEDICAL TEAM

- Members of the Medical team will assist with addressing all medical needs during camp. This includes handling medication, first-aid, along with any medical emergencies.
- Members must be available and oncall the entire week of camp.
- Members of the medical team may be assigned to stay in cabins with campers.
- Med team members must have medical credentials.

o Media Team

- Members of the media team help ensure that services run smoothly by running slides on ProPresenter and running a soundboard.
- Members of the media team may also be responsible for taking photos and uploading them onto a shared drive.



Pennsylvania ability camp

In 2010, Ability Tree hosted its first Ability Camp at Refreshing Mountain Retreat & Adventure Center in Stevens, PA. Since then, we've annually rented space there. In 2024, we expanded to two weeks of PA camp due to high demand.

During the week of camp, you can expect to have a blast! It is a week full of fun from the theme party to the talent show featuring our very own campers. Each day all staff and campers join together in spirit-filled morning and evening chapel services that include worship and interactive messages.

camp facilities & amenities

- air conditioned lodges and cabins with bedding and towels provided
- 3 hot meals a day in a dining hall
- sports courts/fields and indoor gym
- pool and water play park
- outdoor activities including: archery, rock climbing wall, and giant swing
- air conditioned meeting rooms for activities
- cafe with sandwiches and treats for purchase
- ability tree store with merchandise for purchase



Oklahoma ability camp

in 2019, Ability Tree hosted its first Ability Camp at New Life Ranch in Adair, OK. Since then, we've annually rented space there.

During the week of camp, you can expect to have a blast! It is a week full of fun from the theme party to the talent show featuring our very own campers. Each day all staff and campers join together in spirit-filled morning and evening chapel services that include worship and interactive messages.

camp facilities & amenities

- air conditioned lodges and cabins
- 3 hot meals a day in a dining hall
- · sports courts/fields and indoor gym
- · pool and waterslides
- outdoor activities including: archery, go karts, and more
- air conditioned meeting rooms for activities
- · store open daily with treats for purchase
- · ability tree store with merchandise for purchase





2026 Pennsylvania ability camp



Dates of mission trips

Session 1: July 5-10

Sesson 2: July 10-14

sign up for

Session 3: August 23-26



Cost of mission trip

earlybird registration When you register before March 1, 2026!



Registration deadline

June 1, 2026



2026 Oklahoma ability camp



Dates of mission trip

August 2-7

Cost of mission trip

\$400

\$50 discount for



Registration deadline

July 15, 2026



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SCAN TO REGISTER



thankyou for making ability camp possible!

