



### Part 2: Boundaries

**Theme:** Peace grows where space is guarded. Jesus modeled boundaries that protect purpose.

#### Ice-Breaker


1. **Fun Start:** Have you ever tried to put up a fence, lock a door, or set a limit that didn't quite work? What happened?
2. **Creative Twist:** If your life were a house, which room would you say has "too many guests," and which one feels "off-limits" even to people who should be there?

#### Reflect (Read Genesis 50:15-21 together)

3. **Core Message:** Jesus didn't let the crowd set His schedule or His calling. Why do you think we struggle to say no even when it's the right thing to do? (Mark 1:35–37)
4. **Scriptural Insight:** When Jesus withdrew to a solitary place to pray, He wasn't running from people but returning to the Father. What does that teach us about the link between solitude and strength? (Mark 1:35; Luke 5:16)
5. **The challenge:** When the disciples said, "Everyone is looking for you," Jesus answered, "Let's go somewhere else." How does His response show that boundaries aren't barriers but a way of staying in step with God's purpose? (Mark 1:37–38; John 5:19)
6. **God's Role:** Since pain must be carried by someone, how does transferring the "gift of hurt" to God change the story you're living, and how do these passages ground that transfer? (1 Peter 5:7; Romans 12:19)

#### Take Action

7. **Personal Growth:** Think about the "crowds" that pull at your attention (work, family, notifications, guilt). What would it look like to retreat and refocus before responding?
8. **Practical Steps:** Boundaries don't build themselves. What small action could help you protect your peace this week, like turning off a device, saying no kindly, or carving out prayer time? (Matthew 6:6; Proverbs 25:17)
9. **Difficult Boundaries:** When someone crosses a line you've set, what's your first reaction—anger, silence, people-pleasing? How can you hold the line without losing compassion? (Galatians 1:10; Ephesians 4:15)
10. **Community Impact:** How would your relationships change if everyone respected each other's limits the way Jesus modeled with His? What kind of peace might that create in your home or small group? (Romans 12:9–10; Mark 1:38)

 **Group Prayer:** Thank God that Jesus drew boundaries to stay close to His Father and focused on His mission. Ask for wisdom to do the same, and for courage to protect what brings peace.