

Summer in the Psalms

Pt. 2: To Be Honest...

June 11, 2023



—TEACHING NOTES—

Psalm 13:1-6, How long, Lord? Will you forget me forever? How long will you hide your face from me? 2 How long must I wrestle with my thoughts and day after day have sorrow in my heart? How long will my enemy triumph over me? 3 Look on me and answer, Lord my God. Give light to my eyes, or I will sleep in death, 4 and my enemy will say, "I have overcome him," and my foes will rejoice when I fall. 5 But I trust in your unfailing love; my heart rejoices in your salvation. 6 I will sing the Lord's praise, for he has been good to me.

You grow closer to God by being honest in your...

1. _____ (Vs. 1-2)

- David felt pain from...

- _____ (vs. 1, "How long, O Lord? Will you forget me forever?")
- _____ (vs. 2, "I wrestle with my thoughts...sorrow in my heart")
- _____ (vs. 2, "my enemies")

- Pain that is ignored will spill out on...

- _____
- _____
- _____

- 1 Peter 5:7, *Cast all your anxiety on him because he cares for you.*

2. _____ (vs. 3-4)

- Psalm 13:3, Look on me and answer...Give light to my eyes.
- David prays boldly. God already knows how you feel, so be honest when you pray.

3. _____ (vs. 5-6)

- Psalm 13:5a, *But I trust your unfailing love* [Hebrew: *hesed*]...
- Hesed* love combines two ideas: Love and commitment.
- Psalm 13:5b, *...my heart rejoices in your salvation* [Hebrew: *yeshua*].
- "Your salvation" is the Hebrew word *Yeshua*. In Greek, *Yeshua* is translated _____.
- You grow closer to God by remembering your salvation in Jesus.

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→ DISCUSSION ←

Read & Discuss

Read through the main scripture(s) from the lesson and the Teaching Notes on the back.

Scripture(s): Psalm 13

1. What stood out to you from the scripture or the lesson?
2. What do these scriptures tell us about God?
3. What do they tell us about people?

→ GOING DEEPER ←

Reflect

1. When you talk to God, do you feel it is easier to thank Him for the good things or ask for help with the difficult things?
2. When you do talk to God about the difficult things in your life, do you feel like you can be honest about how you *truly* feel?
3. In Psalm 13, David lays out three areas of pain or difficulty that we face in life: theological, personal, and social. Which of these three are you struggling most with now? How can we as a group help you through those?
4. No matter what David is going through, he always puts His trust in God (verse 5). What are some ways you have found that make it easier to do this even during difficult times in your life?

Pray

1. What can you thank God for?
2. What can you ask God to help with?
3. How can God help you be obedient to His word this week?

→ CONTINUE THE CONVERSATION ←

Monday	Tuesday	Wednesday	Thursday	Friday
Psalm 21-23	Psalm 24-26	Psalm 27-29	Psalm 30-32	Psalm 33-35