

Take It Home

Individual Application



I will do this! Check one or more of the following:

Because the 50/50 pattern has threatened our marriage, I will compliment my spouse about something at least once a day for the next two weeks.

Since I am likely blinded to my own subtle selfishness, I will ask my spouse to carefully identify (with sensitivity) an area where, to him/her, I appear selfish. Then I will make needed adjustments.

Realizing how much the culture is influencing our marriage, I will take one of the following steps (check one):

___ Evaluate the impact of my time with the television's remote control.

___ Decide if what I feed my thinking (whatever media sources come into my mind) is positive or negative about marriage.

___ Discuss with my spouse what each of our friends likely value in marriage. Do we share the same values?

Because different expectations about financial issues have been a threat to our marriage, I will take one of the following actions:

Assume responsibility for paying the bills.

Discuss (as a couple) our financial status at least once a month.

Make an appointment to get financial help.

Couple Application



Let's talk! We will discuss:

Specific ways we believe the culture has negatively influenced our marriage.

Specific ways the homes in which we were raised have had an effect on our marriage.

Expectations we feel from one another.

If either of us is in danger of having an affair. (Review the list)



Let's learn! We will read the following book together:

Starting Your Marriage Right by Dennis and Barbara Rainey (great for couples who are newly married)

The Seven Conflicts: Resolving The Most Common Disagreements In Marriage by Tim and Joy Downs (love your spouse and have a great marriage in spite of conflict)

Little House on the Freeway by Tim and Darcy Kimmel (great for couples where life is over scheduled)

Staying Close by Dennis and Barbara Rainey