



Family  
Baptist  
Church

## **Transformed: The Miracle of Life Change**

Session 10: The Role of Spiritual Training in the Transformation Process Pt. 2

[www.livingontheedge.org](http://www.livingontheedge.org) by Chip Ingram

1. For you personally, what was the biggest takeaway from today's teaching on anger?
2. When you look around at our world, what do you have "righteous anger" about?
3. In your opinion, when does "righteous anger" become "unrighteous anger"?
4. In what situations do you most struggle with the issue of anger?