Lesson 1: What Is My Worldview?

A Facilitator's Guide for Bible Class

I. Welcome & Prayer (5 mins)

II. Information & Ice-Breaker Question (5-10 mins)

- Today is the launch of the CORE Curriculum—a congregational study of 13 tenets of the Christian Faith.
- Making no assumptions, the goal of this study is for our entire congregation—from children to adults—to discuss our views on each of these subjects over 13 months in light of the secular & biblical perspectives in order to better align our beliefs, actions, & teachings with the Christian Faith.
- To that end, we will begin the discussion each month at the congregation level in worship and then it will funnel down through the Bible classes, small groups, family devotionals, & individual studies. The conversation will then funnel back up through the family, small groups, and Bible classes to the entire church as we share what we are learning. The results will transform College Church in this generation & the next.
 Consequently, this is not a pre-written curriculum, but a

Timeline	Торіс
Sept 2023	What Is My Worldview?
Oct 2023	God
Nov 2023	The Bible
Dec 2023	The Story
Jan 2024	Origin
Feb 2024	Purpose
Mar 2024	Sin
Apr 2024	Salvation
Aug 2024	Ethics/Morality
Sept 2024	Daily Christian Living
Oct 2024	Kingdom of God vs. World
Nov 2024	Home
Dec 2024	Church
Jan 2025	Afterlife & New Creation

guided study to help facilitate the building of a CORE lifestyle that will enrich us, our families, small groups, Bible classes, congregation, community, and world. Therefore, following our discussions in class and later as families and small groups, please share what you are learning and how you are learning it with your Bible class and the larger community of College Church. There are several ways to do this, such as: during class time, online in the "College Church Chatroom" (opening next week), a class email or text thread, GroupMe, etc.

(If questions arise in class about the CORE curriculum that you cannot answer, message Jordan through the HUB or text 859-553-5458. He will be available during class time to respond. This month is a soft launch, so nothing is too urgent that it has to be decided the first Sunday. You may decide to create your own classroom "hub"—whether on Google Spaces, GroupMe, or just as an email or text chain—to open up lines of communication for answering questions and offering opportunities for faith sharing during the weeks ahead.)

• Ice Breaker Questions (1 mix max per question):

- o What are some unique benefits of a church-built, congregation-wide, Bible class curriculum?
- o Which of the biblical worldview topics are you most excited to discuss?
- o Is there really a need for a no-assumptions, transformation-centered, inside-out approach to teaching and living the Christian faith today?

III. Your Worldview—Prompts for Discussion (5-7 mins per question)

- 1. What were **the values** in your home growing up (e.g. responsibility, fairness, loyalty, compassion, fun, honesty) and what were **the rules, practices, and slogans** that guided these values (e.g. the thou shalt/shalt nots, things celebrated/frowned upon, habits, expectations, rewards/punishments, catchy slogans—"a penny saved is a penny earned")
- 2. What are some of **the values** in your life and/or family today (e.g. balance, authenticity, health, happiness) and what are **the rules**, **practices**, **and slogans** that guide you toward these values? (e.g. say "I'm sorry," let's control our tongues, spiritual disciplines, "never go to sleep angry")?
- 3. What/who do you credit most for **influencing your decision(s)** to adopt these values, rules, and practices? (e.g. books, scripture, mentors, friends, parents, trial/error, podcasts, blogs, classes, phone apps, role models)

IV. Worldview in Action (5 mins)

Believe: Take 3 mins to sketch out your worldview. Follow the three-rings of the target—begin by identifying your core values, then determine which practices you follow (or try to follow) to achieve these values, and, finally, list scriptures that inform these values and practices. Share your worldview with someone beside you.

[For Homework...]

Act: Choose 1 value or practice informed by scripture that you would like to focus on developing this month. Evaluate your progression (not perfection!) toward that value or practice each week this month.

Teach: Find someone else who has written out their worldview and take turns sharing your values, practices, and sources to encourage one another. Incorporate any of their wisdom you into your written worldview.

Share: Take 5 minutes to share some of your values, practices, and resources with the rest of our class next week and in the College Church Chatroom/HUB this week (opening Sept 5th).

Lesson Outline for Children's Classes

Believe: Show pictures of things that we should value (e.g. family, friends, God) vs. should not value (bullying, lying, stealing). Have the children identify which are good vs. bad values. Share scriptures that teach the importance of the good vs. the bad.

Act: Talk about and practice some good rules and habits in class and have the kids decide on 1 rule or habit to do after class at home. Share scripture on these habits. Have them report back next week on how they did.

Teach: Take turns having each child recall 1 thing they should value/not value, and the scripture behind it. See if they recall the rules/habits by performing them for the class. Bonus points if they tell their parents a value, rule, or habit when they are picked up, and which of these they want to do during the week at home.

Lesson Outline for Small Groups & Families

Believe: Collaborate together to write out a family and/or small group worldview based on your shared values, practices, and resources. About what can you all agree are the core beliefs, actions, and sources for living out the Christian life? Discuss unique perspectives. Integrate valuable wisdom into your worldview.

Act: Post your family/small group worldview in a prominent place. Reflect on it regularly. Chose a value, practice, or resource to emphasize for the month. Evaluate how you progress toward that goal each week.

Teach: Connect with another family/group that has written down their worldview and take turns sharing some of your values, practices, and resources to help one another have a more biblical worldview.

Lesson Outline for Individual Study

Believe: Consider which values, practices, and sources in your life need to be refined in light of scripture (virtues to hold, vices to avoid, spiritual practices to start). Adjust your worldview in light of your study.

Act: Decide on 1 value or practice (a rule or habit) that you would like to emphasize for the month to deepen your biblical worldview and spiritual life. Evaluate your progress to your goals each week this month.

Teach: Share how this spiritual exercise is impacting your faith and life with someone you care about.