

## In His Steps: Practicing the Way – Week 4 Small Group Questions

### **Opening Prayer**

### **Ice Breaker**

1. Pastor Jeff talked about wanting to learn stand-up comedy or roast his own coffee. What's something you've always wanted to learn but never actually tried?
2. When you hear the phrase "spiritual disciplines," does it sound more like freedom or pressure—and why do you think that is?

### **Discuss**

#### ***Main Scriptures: Luke 4:14-30***

1. I John 2:6 says that those who live in God should live as Jesus did. What do you think makes this verse feel inspiring to some people and intimidating to others?
2. Read Luke 4:16. What do you think the phrase "as usual" reveals about how Jesus structured His everyday life?
3. Pastor Jeff emphasized that Jesus' life was built around rhythms of formation. What rhythms or routines currently shape your spiritual life the most?
4. Dallas Willard said we become like Christ by arranging our lives around the practices He chose. What does "arranging your life" around Jesus look like in a modern, busy world? Which practices such as sabbath, Scripture, prayer, fasting, generosity, or community feels more natural for you and which ones feel the most challenging? Why?
5. Pastor Jeff said that Jesus was familiar with Scripture not just because He was God, but because He had formed His life around it. Do you agree? How does that challenge the way we might excuse our own formation?
6. Pastor Jeff closed by saying a church full of people living abundantly makes evangelism almost automatic. Why do you think a formed life is often more compelling than words alone?

## Practice

Choose one practice Jesus modeled (prayer, Scripture, Sabbath, generosity, silence, etc.) and intentionally engage it this week—not to perform, but to abide. Share with your small group at the next meeting how it went.