

Haunting Questions – Week 1 Small Group Questions

Opening Prayer 🙏

Ice Breaker 🧊

1. What's your go-to "stress snack" or comfort food when life feels overwhelming?
2. When you were a kid, what was something silly you thought would "fix everything" (ice cream, a toy, a superhero)?

Discuss 💡

Main Scriptures: Psalm 62:5-8

1. Pastor Jeff shared how God asked him, "do you want me to fix this, or do you want Me?" How does this question challenge you personally?
2. Read Psalm 62:5-8. What do you notice about where the psalmist places his hope? How is this different from placing hope in God's answers instead of God Himself?
3. Israel's cycle in Judges 2:18-19 shows them drifting from God and returning only in crisis. Where do you see a similar pattern in your own life?
4. Psalm 62:7-8a says, "He is my refuge, a rock where no enemy can reach me." What does it mean to you that God is your fortress?
5. Pastor Jeff said, "Not telling God how I feel is like throwing a stone at Masada and expecting it to collapse." How does this change the way you think about being real with God?
6. Which feels hardest for you to admit to God: anger, doubt, questions, or sin? Why?

Practice 🏃

1. Share with the group one thing from this message that stood out to you the most?
2. Find a photo of Masada or another fortress and put it somewhere visible as a reminder that God is your rock and your refuge.