

Leading the Stronghold Sharing Experience

Before you begin:

- Read through the Facilitator Guide (P 45-52)
- Read through Rooted Workbook (P 100-105)
- Familiarize yourself with “Stronghold Prayer” on Page 103 (Workbook)
- Familiarize yourself with the Rooted Identity Bookmark

Gather your group together (men/women)

- Build Rapport and remind group of confidentiality
- Begin by referencing the strongholds/freedom presented on P 103-105
- Share that no one is required to share, but invite everyone to share whatever strongholds they identified with the group.
- Model by sharing at least one of your strongholds first.

Sharing your Stronghold

- The stronghold that I’m navigating is Bitterness (share...)
- Examples: Resentment, hate, unforgiveness, anger, violence, revenge (share...)
- Lie: I have power and protection when I don’t forgive others (share...)
- My Freedom is: Forgiveness (share...)
- Read 2 Corinthians 5:17-19 (insert personal name for pronouns like “i” & “we”)
 - 17 Therefore, if *Dan* is in Christ, the new creation has come: The old has gone, the new is here! 18 All this is from God, who reconciled *Dan* to himself through Christ and gave *Dan* the ministry of reconciliation: 19 that God was reconciling the world to himself in Christ, not counting *Dan’s* sins against *him*. And he has committed to us the message of reconciliation.

Saying the Stronghold Prayer

- It’s valuable for the individual to actually say the Stronghold Prayer out loud and insert their Stronghold/Freedom where appropriate
- Watch for shared emotion...prepare group to let the individual be emotional without sidetracking the group. Give the individual sharing the space to share emotion and get through their prayer.
 - Father, I come before you in the Name of Jesus. I recognize the power You have given me by the shed blood of Jesus to demolish spiritual strongholds in my life. I confess that I have given a foothold to sin and I renounce the stronghold of **Bitterness**. I claim the truth of **Forgiveness** by the authority of the Name of Jesus Christ. Through Your power, I take back the ground I surrendered to the enemy. I pray You will enable me to trust and obey your Holy Spirit so that this area of my life will be in conformity to the image of Christ. Amen

Affirm people as they share

Encourage to incorporate the stronghold prayer in their daily life

Close the time of sharing with prayer