

GROUPS

s e r m o n g u i d e

HOME TEAM - 09/14/2025 (Mike Wilson)

MAIN IDEA

PROTECT YOUR TEAM

TALK ABOUT IT

- **ICEBREAKER:** What is one life lesson you learned growing up that you hope to pass on—or already are passing on—to the next generation?
- According to Luke 2:52, in what areas did Jesus grow? How can this verse guide your parenting, mentoring, or personal growth?
- What does “raising with release in mind” mean to you personally—even if you’re not a parent?
- How can you help someone grow in wisdom and spiritual maturity without trying to control or overprotect them?
- Proverbs 9:10 says, “Fear of the Lord is the foundation of wisdom.” What’s one practical way you’re building that foundation in your own life—or in someone you influence?
- Have you ever experienced—or practiced—over-sheltering? How did that affect you or others, and how can it shape the way you trust God more fully as you guide someone else?
- How does 1 Corinthians 6:19–20 reshape how you view your own body and what you allow into your life—physically, mentally, or spiritually?
- In what ways do you currently guard your heart, mind, and body from unhealthy influences like media, habits, relationships, or food?
- What are some common unhealthy choices children, teens, or even adults face today? How can we help others resist these while still giving them the freedom to grow?
- If someone younger or less experienced is watching your life, what habits might they imitate? Are there any changes you feel God prompting you to make?
- What’s one conversation you could have this week—with a child, friend, or someone you mentor—about honoring God with their body, mind, or choices?
- Who is someone in your life who modeled deep reverence for God? What made their faith stand out to you?
- What does it mean to live a ‘remarkable’ life from God’s perspective—not the world’s? How are you intentionally pursuing that kind of life right now?
- How does your personal walk with God influence others—whether it’s your kids, spouse, coworkers, or friends?
- If someone looked at your weekly routine, would they see that God is a priority in your life? What would need to change to reflect that more clearly?

KEY SCRIPTURES

LUKE 2:52

NEXT STEPS

- **ECOUNTER:**
 - Join us at one of our Sunday services 8:30am, 10am & 11:30am
- **EXPERIENCE**
 - Growth Track Week 3 - Discover Your Design
 - Fireside Room at 10am
- **EXPAND**
 - Ready to take the next step? Allow us to help you plug into a **[DREAM TEAM](#)**. Reach out to Jill Thayer at jillt@sagehillschurch.com for information on serve opportunities.

GOING DEEPER

- **Reflection:** What does it look like in your life right now to live with release in mind—and what fears or habits are making that difficult?
- **Journal:** Write about someone who has influenced your spiritual growth by how they lived—not just what they taught. What qualities did they embody that you want to carry forward?
- **Application:** What is one area—physical, mental, or spiritual—where God is calling you to lead yourself better, so you can lead others more faithfully?