

Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

Scripture

Ecclesiastes 1:12–2:11

Session Summary

As Solomon—known for wisdom—reflected on his life, he realized every pursuit aside from pursuing God and His wisdom was futile. Solomon had it all—wisdom, riches, romance, success, and wisdom. While God is not against us enjoying life or enjoying the things He has placed in our lives, but we have to remember that He alone is the source of true joy. When we look for pleasure in the wrong places, we are left empty when that pleasurable experience has come to an end. Only when we seek God above all else do we find true and lasting joy.

Conversation Questions

- Does our family tend to focus more on things on earth or things in heaven? Explain.
- How has our family tried to find our own way to joy and meaning without God? What happened?
- Where does our family turn to find our purpose? How can we work to turn toward God instead?
- Since nothing matters apart from Jesus as Solomon said, how should this motivate our family to share the gospel with others?

Family Challenge

Discuss some ways you tend to find joy in things of the world. Then, talk through some ways you can find joy in God instead. Here are some verses to help you get started:

“Rejoice in the Lord always. I will say it again: Rejoice!” Philippians 4:4

“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.” Galatians 5:22-23

“Blessed be the God and Father of our Lord Jesus Christ. Because of his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead.” 1 Peter 1:3

“We know that all things work together for the good of those who love God, who are called according to his purpose.” Romans 8:28