

# Believing God for your Breakthrough Personal or group-based guide for additional study

Psalm 37:5 - "Commit your ways to the Lord, trust also in Him, and He shall bring it to pass."

# **Opening Prayer**

Begin by asking God to open hearts and minds to receive His message about breakthrough and to help group members apply these truths practically in their lives.

# Ice Breaker (5-10 minutes)

Share a time when you had to wait longer than expected for something important. How did the waiting period change you or teach you something valuable?

# **Key Sermon Points**

- 1. Commitment "Commit your ways to the Lord"
- 2. Trust "Trust also in Him"
- 3. Promise "He shall bring it to pass"

## **Discussion Questions**

# Part 1: Understanding Commitment (15-20 minutes)

- 1. The Commitment Test
  - The pastor shared a story about four masked men testing the commitment of church members. If you were in that situation, what do you honestly think you would do? Why?
- 2. Examining Our Hearts
  - What does it mean practically to "commit your ways to the Lord" in your daily life?
  - Are there any "rooms" in your life that you've been hesitant to let God enter? What makes it difficult to give Him full access?
- 3. Half-Hearted vs. Wholehearted
  - The sermon mentioned that God sees our hearts and knows who is truly committed. What's the difference between religious activity and genuine commitment to God?
  - How can we move from partial commitment to total commitment?



# Part 2: Learning to Trust (15-20 minutes)

## 4. Biblical Risk-Takers

• The sermon mentioned several people who took risks by trusting God: Abraham, Noah, Gideon, David, Esther, and Peter. Which of these stories resonates most with you right now? Why?

# 5. Personal Trust Journey

- Share about a time when you had to trust God with something uncertain. What happened? What did you learn?
- What situation in your life right now requires you to trust God more fully?

## 6. The Focus Problem

- Like Peter walking on water, we sometimes take our eyes off Jesus and begin to sink. What circumstances or worries tend to pull your focus away from God?
- What practical steps can you take to keep your eyes fixed on Jesus this week?

# Part 3: Claiming the Promise (15-20 minutes)

# 7. Identifying Your Breakthrough

• The pastor asked: "What do I really need to happen in my life?" Take a moment to reflect silently, then share: What breakthrough are you believing God for right now?

## 8. God's Timing

- The sermon emphasized that "God knows a whole lot about timing." How do you handle the waiting period between God's promise and its fulfillment?
- What does patience look like in the context of waiting for your breakthrough?

## 9. God's Promises

• Several promises were mentioned: His presence, protection, power, provision, leadership, purpose, rest, cleansing, goodness, answers to prayer, and love. Which promise do you need to hold onto most right now?

# Part 4: The Giving Principle (10-15 minutes)

#### 10. Learning to Give

- The pastor shared his personal journey from being "frugal" (or stingy) to becoming a generous giver. What has God been teaching you about generosity?
- According to Luke 6:38, God promises to give back to us when we give. Have you experienced this principle in your life?

# 11. Guarding Against Idolatry

• The pastor shared how God stopped a blessing because he had "switched guards" and was depending more on a person than on God. How can we guard against this in our own lives?



# **Key Takeaways**

- 1. Breakthrough requires decision We must decide to commit our ways to God and trust Him completely.
- 2. Breakthrough requires patience God's timing is perfect, even when it doesn't match our timeline.
- 3. Breakthrough requires obedience We must be willing to do what God asks, even when it doesn't make sense to us.
- 4. Breakthrough requires feeding our spirit Like the two dogs illustration, whichever nature we feed will grow stronger.
- 5. Breakthrough is promised God keeps His promises, and He wants to give us breakthroughs in our lives.

# Practical Applications This Week's Challenge (Choose 1-2):

### For Commitment:

- Identify one area of your life you've been holding back from God. Write a prayer committing that area to Him and place it somewhere you'll see it daily.
- Create a "commitment inventory" list the areas of your life and honestly assess whether you've fully surrendered each one to God.

### For Trust:

- Choose one promise from Scripture mentioned in the sermon (or another that speaks to you). Memorize it and meditate on it daily this week.
- Take one "trust step" this week do something God has been asking you to do that requires you to trust Him beyond your comfort zone.

# For Receiving Breakthrough:

- Write down the specific breakthrough you're believing God for. Share it with your accountability partner or this group for prayer support.
- Start a "breakthrough journal" where you document your journey of commitment, trust, and waiting for God's promise.

### For Generosity:

- Ask God to show you someone to bless this week then obey without questioning or judging their circumstances.
- Evaluate your giving patterns. Are you giving generously or stingily? Make one adjustment this week toward more generous giving.



# **Accountability Partners (5 minutes)**

Pair up with someone in the group. Share:

- 1. The specific breakthrough you're believing God for
- 2. One area where you need to grow in commitment or trust
- 3. How you can pray for each other this week

Exchange contact information and commit to checking in with each other midweek.

# **Closing Reflection**

Personal Reflection Questions (Take 2-3 minutes of silence):

- Am I truly committed to God in every area of my life?
- What is keeping me from fully trusting Him right now?
- Do I believe God wants to give me a breakthrough?
- What is one thing I need to do differently this week based on this message?

# **Closing Prayer**

Pray together as a group:

- Thank God for His faithfulness and His promises
- Ask for grace to fully commit your ways to Him
- Request strength to trust Him even when you can't see the outcome
- Pray specifically for each person's breakthrough
- Ask the Holy Spirit to be active in your lives this week