



The Struggle is Real, but so is the Victory

5-day Bible reading plan and devotional guide

Day 1: The Reality of Our Struggle

Reading: Romans 7:14-25

Devotional: As we begin this journey, we confront the reality of our struggle with sin. Paul's honest confession in Romans 7 reminds us that even the most devout believers face internal conflicts. Reflect on areas in your life where you feel this tension between your desire to do right and the pull towards sin. Remember, acknowledging this struggle is the first step towards victory. Today, take comfort in knowing that your struggle is understood by God and shared by fellow believers. Ask the Holy Spirit to increase your awareness of His presence and power in these moments of conflict.

Day 2: The Spirit's Role in Our Victory

Reading: Galatians 5:16-25

Devotional: Yesterday, we acknowledged our struggle. Today, we focus on God's provision for victory - the Holy Spirit. Paul instructs us to "walk by the Spirit" as the key to overcoming our sinful nature. Consider what it means to yield to the Spirit's guidance in your daily decisions. How might your choices, words, and actions change if you consciously sought the Spirit's leading in each moment? Today, practice pausing before reacting in challenging situations, asking the Holy Spirit for wisdom and strength. Notice how this shift in perspective affects your responses and inner peace.

Day 3: The Transformative Power of God's Word

Reading: Psalm 119:9-16, 2 Timothy 3:16-17

Devotional: Our struggle is real, but so are the tools God has given us for transformation. Today's readings highlight the power of God's Word in shaping our hearts and minds. Reflect on how Scripture has impacted your life thus far. Are there areas where you need to allow God's truth to challenge your thinking or behavior? Consider establishing a regular practice of Scripture meditation. Choose a verse from today's reading to carry with you, reflecting on it throughout the day. Let God's Word be a lamp to your feet, guiding your path and transforming your inner being.



Day 4: The Promise of a New Creation

Reading: 2 Corinthians 5:17-21, Revelation 21:1-5

Devotional: While we struggle with sin in our present bodies, we have a glorious hope for the future. Today's readings remind us that in Christ, we are new creations, and one day we will receive new bodies free from the taint of sin. How does this eternal perspective change how you view your current struggles? Allow this hope to infuse your spirit with joy and perseverance. Today, practice gratitude for the aspects of your life that already reflect God's transforming work. Look for opportunities to be an ambassador of Christ's reconciling love to those around you, sharing the hope of new creation.

Day 5: Victory Through Jesus

Reading: Romans 8:1-11, 1 Corinthians 15:54-58

Devotional: We conclude our week by celebrating the ultimate source of our victory - Jesus Christ. Paul's triumphant words in Romans 8 assure us that there is no condemnation for those in Christ Jesus. The power that raised Jesus from the dead is at work in us, enabling us to overcome sin and death. Reflect on areas of your life where you need to more fully embrace this truth. Are there lingering feelings of guilt or inadequacy that you need to surrender to Christ? Today, spend time in worship, thanking Jesus for His finished work on the cross and the ongoing work of His Spirit in your life. Step into your day with confidence, knowing that in all things, we are more than conquerors through Him who loved us.