## Why PRAY IN THE SPIRIT?

What if I told you that there is an activity you can do for a few minutes a day that could unlock the mystery of your purpose in life?

What if I told you that this same activity would lift up your spirit, relieve stress, and increase your health and enthusiasm for life?

Would you be interested?

What if I went on to say that this same activity would provide you with an inner warning system that would protect you from making bad decisions, and kept you out of harmful situations and bad relationships?

Now, here's the kicker . . .

What if I also promise that this activity could be done at the same time that you are driving, walking, working, playing, or anything else you do during your day?

Oh, one more thing . . .

What if I went on to promise that there is absolutely no cost involved; no study; no thinking; and no physical strength required for this free gift.

Plus, it would give you an advantage over thousands of people all around you for wisdom, ideas, gifts, peace, and confidence.

Would you want to know more?

What I'm referring to is a special gift from God. It's a *spirit language* that born-again believers can have by asking to be "baptized with the Holy Spirit." (*Luke 11:13.*)

This gift has not passed away, as some ministers teach, because 1 Corinthians 13:8-12 tells that tongues and even knowledge will only pass away when we see Jesus face to face and "know as we have been known."

## 12 Benefits of praying and speaking in the spirit:

- 1. Native language / native tongue. We are not of this world. *Romans* 8:26-27
- **2.** Tongue tamer; helps keep our words under control. *James 3:1-10*
- 3. Blocks enemy interference. 1 Cor. 14:2; Eph 6:10-18
- 4. Helps worship God in spirit and in truth. *John 4:23-24;* 1 Corinthians 14:14
- Re-charges / Refreshes;
   edifies & builds up our spirit.
   1 Corinthians 14:4; Jude 1:20;
   Isaiah 28:10-12

- <u>6</u>. Supernatural sign to unbelievers. Acts 2:39; 1 Cor 14:22
- Z. Stress reliever / Health enhancer. Romans 15:13; Romans 14:17; 2 Corinthians 10:4-5; Proverbs 12:18
- Helps to stay spiritually minded and free from worldly contamination. *Romans* 8:6
- Helps to pray for the unknown, and pray in God's perfect will. Romans 8:26-27
- **10.** Helps giving thanks to the Lord. *1 Corinthians 14:17*
- 11. It's the doorway to all of the other spiritual gifts.

  Acts 1:8; 1 Corinthians 14:1
- 12. It places you into a position of safety and protection, and can even save your life! Psalm 91; John 16:13; Romans 8:14

Praying and speaking "in the spirit" does not automatically make you a mature Christian. It does give you a step in the right direction – but you still have to live by faith, walk in love, and give Jesus and His Word 1st place in your life.

## Best Ways to Develop Your Spirit Language

- 1. Read the Word of God. *Joshua 1:8; Proverbs 4:20-23*
- 2. Listen to the Word.

  Romans 10:17; Matthew 11:15
- 3. Meditate the Word. *Philippians 4:8; Joshua 1:8*
- 4. Confess the Word.

  Matthew 4:4; Hebrews 3:1, 4:14
- 5. Pray & Speak the Word.

  Matthew 6:10; Hebrews 4:12; Jude 20
- 6. Assemble together with other Spiritfilled believers. Hebrews 10:23-25; 1 Corinthians 14:14-15

Begin to thank and praise the Lord for filling you with the Holy Spirit. Speak those sounds, words and syllables that rise up from within your spirit – not your own language, but the new language given to you by the Holy Spirit. It could start very simple like, "E-la-ba, Sha-la, Ge-la-sha, Shun-be-la"

## Ref.:

Romans 10:17; John 4:24; 14:16-17, 16:14; Acts 1:8, 2:4, 2:17, 8:14-17, 19:2-6; Acts 10:38; Colossians 3:15-16; Ephesians 5:16; Jude 20; 1 Corinthians 14:2, 14-15; Romans 8.

Praying In The Spirit, compiled by Ron Craycraft, Southgate, MI. 2015. See <a href="https://www.ForecastForLife.org">www.ForecastForLife.org</a>







Speaking Mysteries to God and Building Up Your Spirit!

