



# I Doubt It

**Pastor James Heyward**

Doubt isn't the enemy of faith - doubt can be the door to a deeper, more genuine relationship with God.

From Abraham to the Disciples, even heroes of faith doubted.

**Sarah & Abraham:** How can this be? *Genesis 18:10-14*

**Israelites:** God did miracles before, but can you do it again? *Numbers 20:2-5*

**Gideon:** If You are with me, prove it—one more time. *Judges 6:36-40*

**John the Baptist:** Are you...really the One? *Matthew 11:2-6*

**Thomas:** I'll believe it when I see it. *John 20:24-27*

Doubt is fueled by:

- Questions you cannot answer.
- Situations that seem unfair.
- Hurts you cannot resolve.
- Objections from friends, social media, or culture.

**1. In which of these scenarios are you most likely to experience doubt?**

**2. Are you currently experiencing doubt in any area of your life?**

Doubt is not failure; it is part of being alive.

Psalm 42:11

**3. When you have doubts, how do you view your life?**

**4. When does doubt become failure?**

Doubt can be the place where faith really begins.

Mark 9:16-27

**5. How can doubt encourage faith?**

**6. Share a time where doubt has moved you forward in your faith?**

Doubt does not nullify our relationship with Christ.

Romans 8:38-39

**7. Have you ever felt distant from Christ because of doubt?**

**8. According to Romans, what nullifies your relationship with Christ?**

Doubt does not distance us from God.

Psalms 23:4

**9. When you have doubts, do you run toward God or hide from Him? Why?**

Doubt should be dealt with.

- Acknowledge your doubts
- Ask honest questions and seek honest answers
- Remember you are not alone
- Look for God's presence in the doubt
- Take your doubts to God
- Take the next step anyway

**10. Challenge: This week, when doubt shows up, deal with it using the strategies listed above.**