



## **Wake Up or Get Wrecked**

**Pastor James Heyward**

Staying spiritually alert is the difference between breakthrough and breakdown—don't let spiritual sleep rob you of the future God has for you.

### Eutychus' Story: Windows and Wake-Up Calls

*"Seated in a window was a young man named Eutychus, who was sinking into a deep sleep as Paul talked on and on. When he was sound asleep, he fell to the ground from the third story and was picked up dead. Paul went down, threw himself on the young man and put his arms around him. "Don't be alarmed," he said. 'He's alive!' Then he went upstairs again and broke bread and ate. After talking until daylight, he left. The people took the young man home alive and were greatly comforted" Acts 20:9-12*

#### **1. What stands out to you about Eutychus' story?**

- Do not just show up - stay awake and alert spiritually  
Read Mark 13:33-37 (ESV) and Luke 21:34-36 (ESV).

#### **2. Why is it important to stay awake spiritually?**

#### **3. What can be the consequences of spiritually sleepwalking through life?**

- Slip-ups happen when we are sleepwalking spiritually.  
Read Matthew 26:41 (ESV) and 1 Peter 5:8-9 (ESV).

#### **4. According to these verses, what slip-ups are possible if you are asleep spiritually?**

**5. What practice of being spiritually alert do both these verses name? How is your personal practice of this spiritual safeguard?**

- Being spiritually alert.  
Read 1 Corinthians 16:13 (ESV).

**6. According to the verse above, what are some practices that keep you spiritually alert?**

**7. Is there an area that you are currently sleepwalking through spiritually? What can you do to wake up?**