



Sermon Discussion Guide

January 18, 2025
Colossians 2:5-16

1. Understanding 'Enough':

- Can you share examples of when you felt you had "enough" in your life?
- Why do you think people often feel like they need "just a little bit more" in areas like finances or personal achievements? How does this attitude impact our lives? Our faith?

2. Worldly Influences:

- The sermon mentions different influences, like Jewish obedience and Gnosticism, that suggest we need to achieve or know more to be "enough." Can you think of modern examples of these influences?
- How do these worldly pressures affect how we see ourselves and our worth?

3. Jesus as Our Enough:

- The sermon highlights that Jesus is the ultimate source of our sufficiency. What does it mean to you that Jesus is your "enough"?
- How does knowing Jesus took away all our obligations to be "enough" change the way you view yourself and your relationship with God?

4. Living in Christ's Sufficiency:

- How can we remind ourselves daily that our "enoughness" comes from Jesus and not from what we do or have?
- What practical steps can we take as a family to focus more on Jesus' sufficiency rather than the world's expectations?

5. Reflecting on God's Declaration:

- The sermon talks about God's declaration that "enough is enough." How can we rest in this truth when we feel inadequate or insufficient?
- Share a moment where you struggled with feelings of inadequacy. How might focusing on Jesus as "enough" have changed that experience?

Closing Prayer:

Almighty God, you gave your one and only Son to be the light of the world. Grant that your people, illumined by your Word and sacraments, may shine with the radiance of Christ's glory, that he may be known, worshiped, and believed to the ends of the earth; through your Son, Jesus Christ our Lord, who with you and the Holy Spirit lives and reigns, one God, now and forever. Amen.