



★ Universal ★

ATHLETE

PROGRAM

BY PLAYMAKERS IN THE FAITH



Michael Ray Garvin

TRAINER / COACH

Universal Athlete Program

Sponsor Athletes

HIGH SCHOOL / COLLEGE

- The Universal Athlete Program provides high school and college athletes physical, spiritual, and mental training. This program offers **FREE training and discipleship** to student athletes in the Houston area (mainly Katy & Cypress but we will serve any student athlete). Many athletes today lack training in character and spiritual development which is a dire need in our society today. Especially with the rise of Name, Image, and Likeness (NIL), our goal is to change the athlete's focus and goals from attaining riches and fame to valuing the development of godly character and morals. By developing good character and strong morals, this program will help the youth increase their earning potential and enhance their quality of life. This training and discipleship can lead to sustainable and meaningful entrepreneurship or employment in their future. Coach Mike is one of the few trainers in the Houston area that combines athletic training and discipleship **into one program**.

Personal Profile

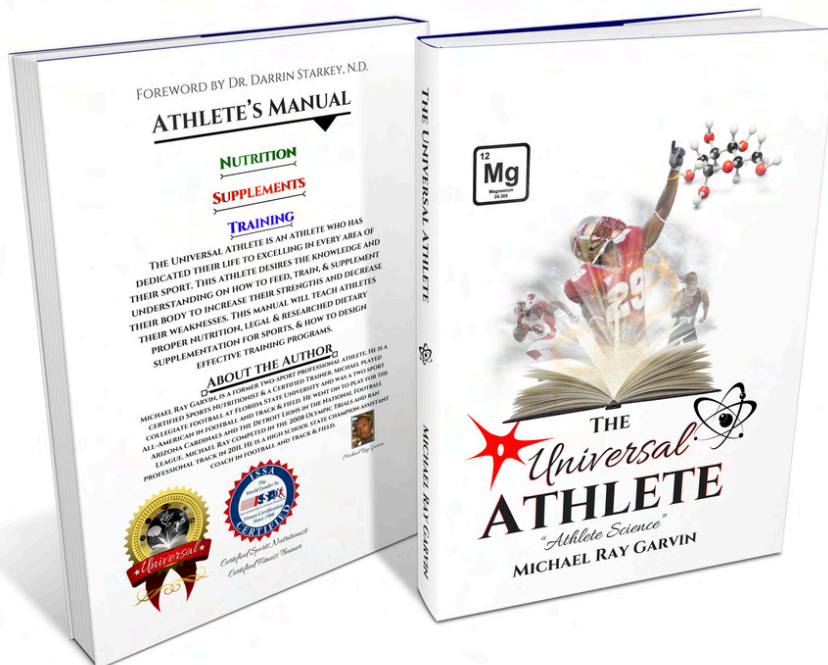
Michael Ray is a former two-sport professional athlete in football and track and field. He became a certified fitness & sports nutrition coach through ISSA. Coach Mike has over 12 years of experience in training athletes and is an author of several books.

About The Book

Michael Ray has studied about supplements and nutrition since he was 14 years old. He became an ISSA Certified Sports Nutritionist in 2018. This book is unique in giving the reader knowledge backed by scientific research and sharing Michael Ray's experience in applying that knowledge in high school, collegiate, and professional sports.

This Manual contains instructional pictures that are "Full Color Photography." Foreword was written by Dr. Darrin Starkey, N.D. Trace Minerals Research.

***Every Sponsored Athlete will receive a FREE copy of "The Universal Athlete" book.**





Michael Ray Garvin

TRAINER / COACH

Resume

HIGH SCHOOL / COLLEGE/ NFL & PRO TRACK

- Don Bosco Prep/ Florida State/ Arizona Cardinals/ Detroit Lions/60m Pro Track
- Football Coach DB at Cypress Christian School 2017-2021 / Two State Championships
- Track Coach at Cypress Christian School 2017-2020 /Two State Championships
- Football Coach WR at Fort Bend Christian Academy 2022-2023 / School's First State Championship
- Youth Pastor Holy Cross Church 2017-2019
- Fellowship of Christian Athletes Rep 2018-2020

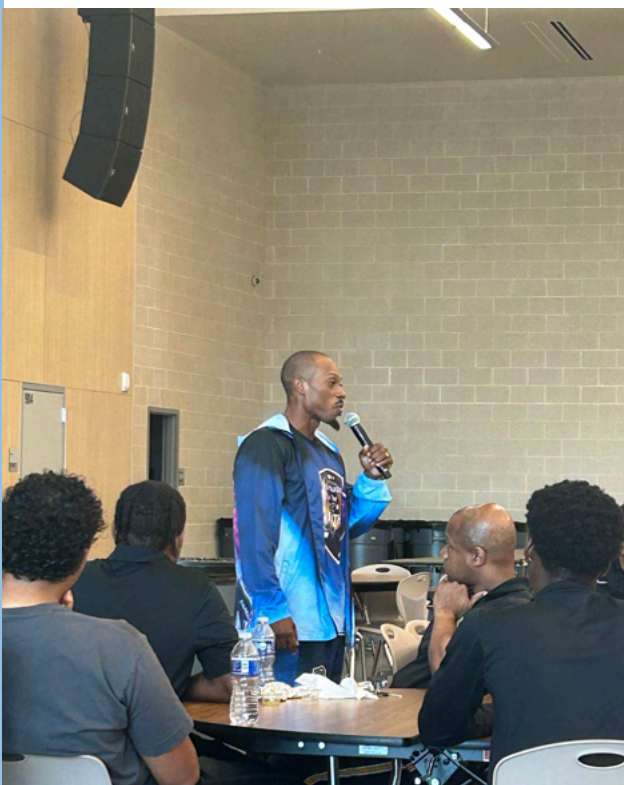
Train + Disciple

Coach Mike has served as an usher, parking lot ministry, kids ministry, youth pastor, and evangelist. He has over 14 years in ministry experience and over 12 years experience in athletic training. Visit his training website for more information.

www.MichaelRayGarvin.com

Michael Ray encounters many kids in the public schools that he visits to disciple coaches and athletes. Many of the athletes want to be trained in their sport and disciplined by him. **He has been training and discipling athletes since 2017.**

Athletes interested in the program register online.



Alesha Garvin

TEACHER / MINISTER

Resume

HIGH SCHOOL / COLLEGE / SEMINARY

- Deer Valley High School / Oral Roberts University/ Fuller Theological Seminary/ Houston Christian University (Seminary Doctoral Program)
 - Youth Volunteer 2017-2019
 - Fellowship of Christian Athletes Rep 2018-2019
 - Welcome Connect Director Holy Cross Church 2018-2019
 - Teacher at Cypress Christian School 2020-2023
 - Prayer Director Grace Fellowship Church 2023-Present
-

Discipleship

Alesha has ministry experience in discipling youth and young adults in high school and college (Prairie View A&M).





Physical & Mental

Universal Athlete Program

HIGH SCHOOL / COLLEGE

- The Sponsored Athletes have the ability to train with Coach Mike eight times each month. They work on linear speed, change of direction, speed strength, footwork and agility, and sport specific drills.

-Coach Mike has professional experience in two sports and can help these athletes overcome the mental adversity that comes with their sport. Perseverance, accomplishing goals, and never quitting will help them perform better in their sport but also be successful in life after they are done competing.

Coach Mike has trained high school, college, and professional athletes.

Notable Athletes Trained

Jalen Milroe (University Alabama QB)/ **Josh Oglesby** (University of Arkansas Football & Track/ **Marquis Shoulders** (Tulsa)/ **Seth Davis** (Mississippi State RB)/ **Damon Bankston** (Weber University)/ **Jalen Davis** (Arkansas State) and more...





Spiritual

Universal Athlete Program

HIGH SCHOOL / COLLEGE

- The Sponsored Athletes are also trained spiritually in the faith of our Lord Jesus Christ. Coach Mike disciple's these athletes on applying their faith on and off the field or court.
- Coach Mike uses sports to help make biblical truth applicable to the athlete's life.

Example: In football each team has a total of 3 times out in the first and second half. Timeouts allow the players to speak to the Head coach and talk about the game plan or make adjustments. Time outs in the faith is prayer to God. Unlike football we can take an unlimited amount of timeouts which is prayer. Luke 18:1 Jesus says that men are to always pray and not give up!

Athletes are encouraged to attend **Fellowship of Christian Athletes Huddles** at their school and Playmakers Bible Study which is held at the local YMCA in Katy. They are also encouraged to download the Playmakers In The Faith App as a resource to help them grow in the faith.

****Athletes who are not Christian do not have to participate if they do not want to.***



Damon Bankston III is with Don Davis and 2 others.

 Yesterday at 10:16 AM · 🌐

4 out of the top five rushers in Katy ISD all trained together with **Michael Ray Garvin Playmakers In The Faith** this past summer. Its also cool that all 4 guys averaged over 8 yards per carry too!! 🔥 speed training!!! Accelerate through the hole 🏃🏃 He started training Boss spring of freshman year and I can say, Coach Garvin played a huge role in his speed development and 40 yd technique and time... Boss went from a 4.64 freshman year to a 4.40 senior year!!!

INDIVIDUAL RUSHING

	CARRIES	YARDS	AVG.	TD
Loughridge, Mayde Creek	194	1464	7.5	19
Bankston, Paetow	161	1389	8.6	13
S. Davis, Katy	123	991	8.1	11
J. Davis, Katy	108	966	8.9	16
Shoulders, Tompkins	100	866	8.7	14
Whitaker III, Taylor	112	683	6.1	8
Smith, Tompkins	76	555	7.3	7
Christopher, Mrtn Ranch	108	513	4.8	3

Love Comment Share

You, Don Davis and 41 others

2 Shares

Marvin Shoulders
 He's a great trainer but he's a great man of faith off the field!!

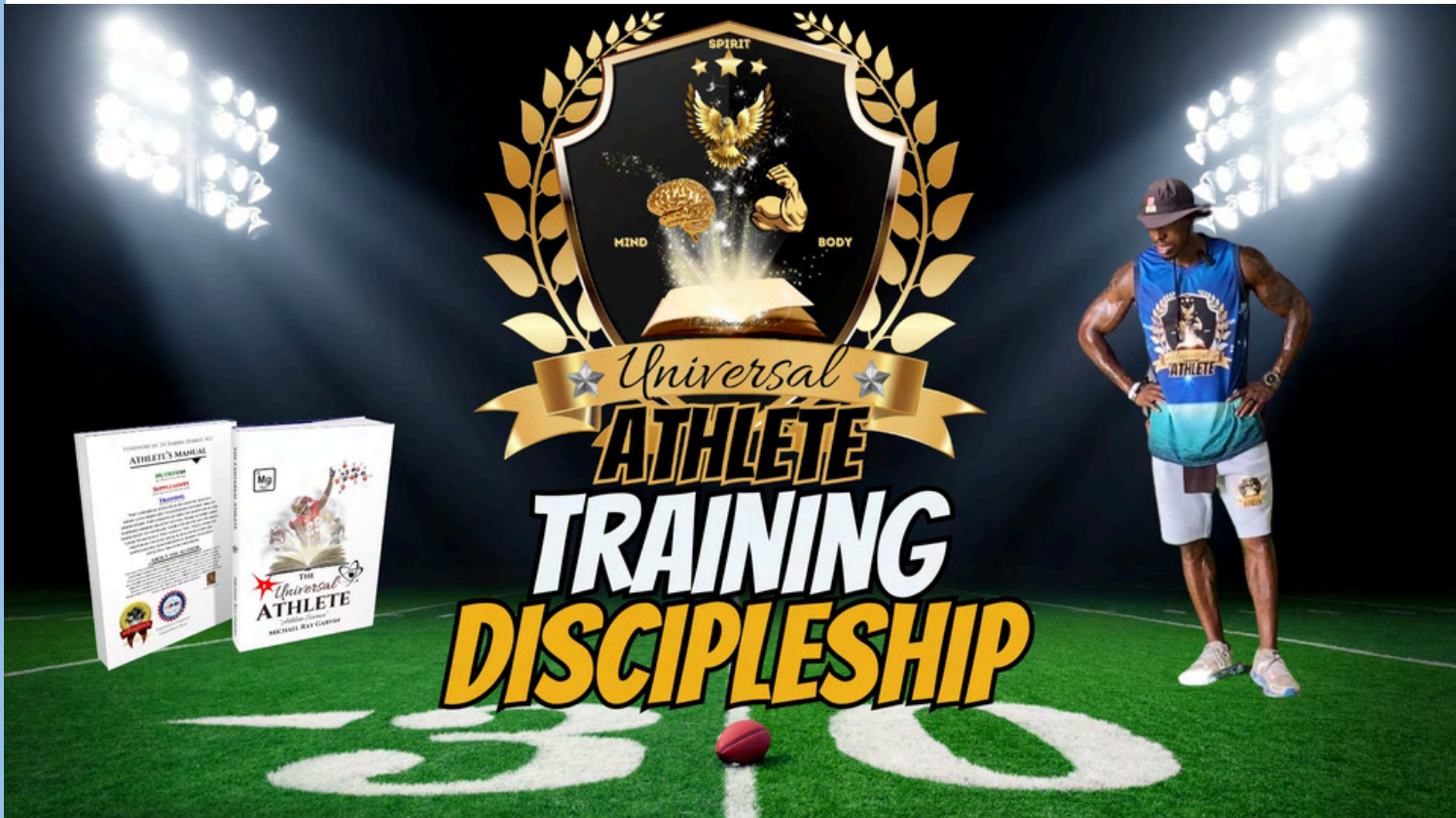
22h Like Reply 1

Damon Bankston III
 Marvin Shoulders great man of faith

Highlights

Watch Training & Discipleship

- Watch Highlights each month from the Universal Athlete Training and Discipleship sessions. Sponsors can watch sports training videos, plus highlights from the discipleship lesson of the day.
- All of the athletes' workouts are recorded and uploaded on the Playmakers In The Faith App located under **Universal Athlete Training Sessions**. The Discipleship is located in **Media** under **Training & Discipleship**.



23 MAY THE GOD OF PEACE HIMSELF SANCTIFY YOU ENTIRELY, AND MAY YOUR **SPIRIT** AND **SOUL** AND **BODY** BE KEPT SOUND AND BLAMELESS AT THE COMING OF OUR LORD JESUS CHRIST.

1 THESSALONIANS 5:23



Job Opportunities

HIGH SCHOOL / COLLEGE

- Student athletes in our program can have job opportunities in our organization if they are interested in 3D-CGI animation, acting, and video game production. We have signed with Angel Studios and are working to produce the first ever Christian Sports T.V series and video game.

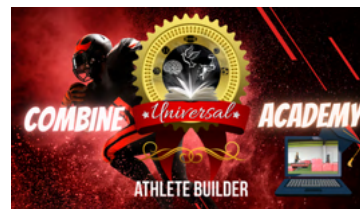
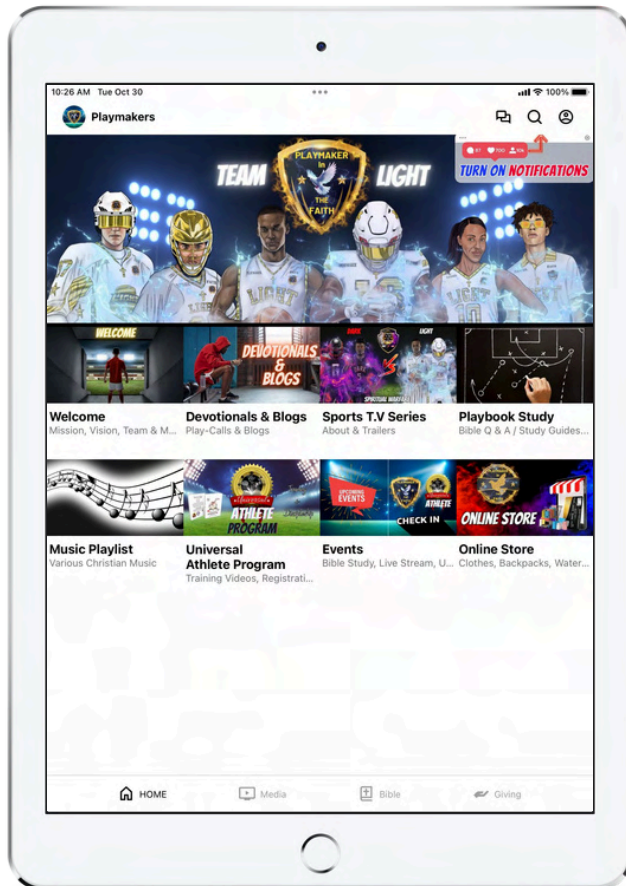
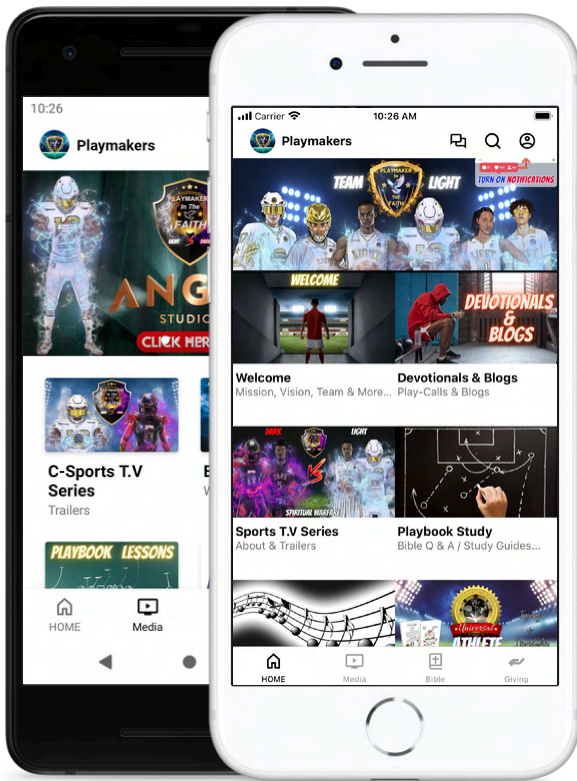
CHOOSE YOUR SIDE!



Playmakers In The Faith Mobile App

MINISTRY RESOURCE & SPORTS EDUCATION

This app also includes: *Bible with different translations (Audio Bible)
 *Daily Devotionals
 *Prayer Requests
 *Discipleship
 *Online Fellowship
 *Group Chats
 *Podcasts
 *Study Guides *Free Books *Bible Question & Answers
 *Christian Music Playlists
 *Encouraging Videos *Apologetics *Sermons
 ***Universal Athlete Online Academy**. (Over 500 videos NFL Combine, Football Drills, Plyometrics, Strength and Conditioning).



COMBINE ACADEMY: 40YD DASH/ 5-10-5/ L-DRILL/ BROAD JUMP/ VERTICAL JUMP/ BENCH PRESS

FOOTBALL ACADEMY: QUARTERBACK / RUNNING BACK/ WIDE RECEIVER / DEFENSIVE BACK/ LINEBACKER/ OFFENSIVE LINE/ DEFENSIVE LINE/ TIGHT END

STRENGTH & CONDITIONING ACADEMY: PLYOMETRICS/ DOT DRILLS/ LADDERS/ HURDLES/ CONES/ PROGRAMMING HIPS



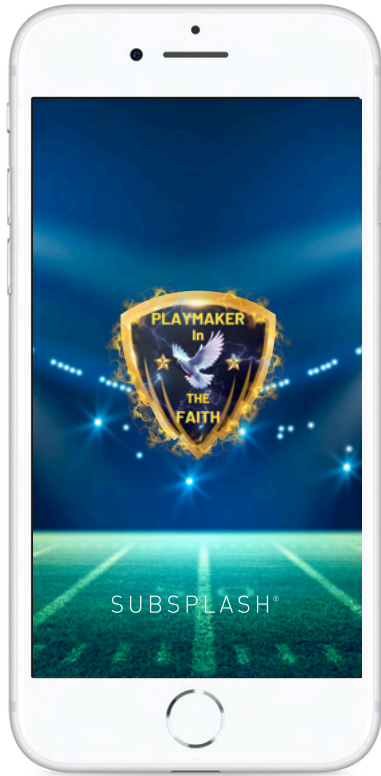
Playmakers In The Faith

Available in App Stores



Playmakers In The Faith

Check In & Analytics



APP USAGE & ATTENDANCE

Our app allows us to get real time analytics on downloads, app usage, and media views. We also have a check in system to keep track of the sponsored athletes attendance to the training sessions and bible studies.

MEDIA PLAYS >

15,883

PAST 30 DAYS

519

PLATFORMS



APP DOWNLOADS >

3,423

ALL-TIME



APP LAUNCHES >

46,890

ALL-TIME



APP IMPRESSIONS >

425,502

ALL-TIME



July 2024



Universal Athlete Training Session

2 check-ins • July 30, 2024 from 9:00am - 8:00pm CDT

● Universal Athlete Schedule ...



Universal Athlete Training Session

4 check-ins • July 28, 2024 from 9:00am - 8:00pm CDT

● Universal Athlete Schedule ...



Universal Athlete Training Session

5 check-ins • July 23, 2024 from 9:00am - 8:00pm CDT

● Universal Athlete Schedule ...



Universal Athlete Training Session

3 check-ins • July 22, 2024 from 9:00am - 8:00pm CDT

● Universal Athlete Schedule ...



Universal Athlete Training Session

3 check-ins • July 19, 2024 from 9:00am - 8:00pm CDT

● Universal Athlete Schedule ...



Universal Athlete Training Session

5 check-ins • July 18, 2024 from 9:00am - 8:00pm CDT

● Universal Athlete Schedule ...



Universal Athlete Training Session

4 check-ins • July 17, 2024 from 9:00am - 8:00pm CDT

● Universal Athlete Schedule ...

Goals



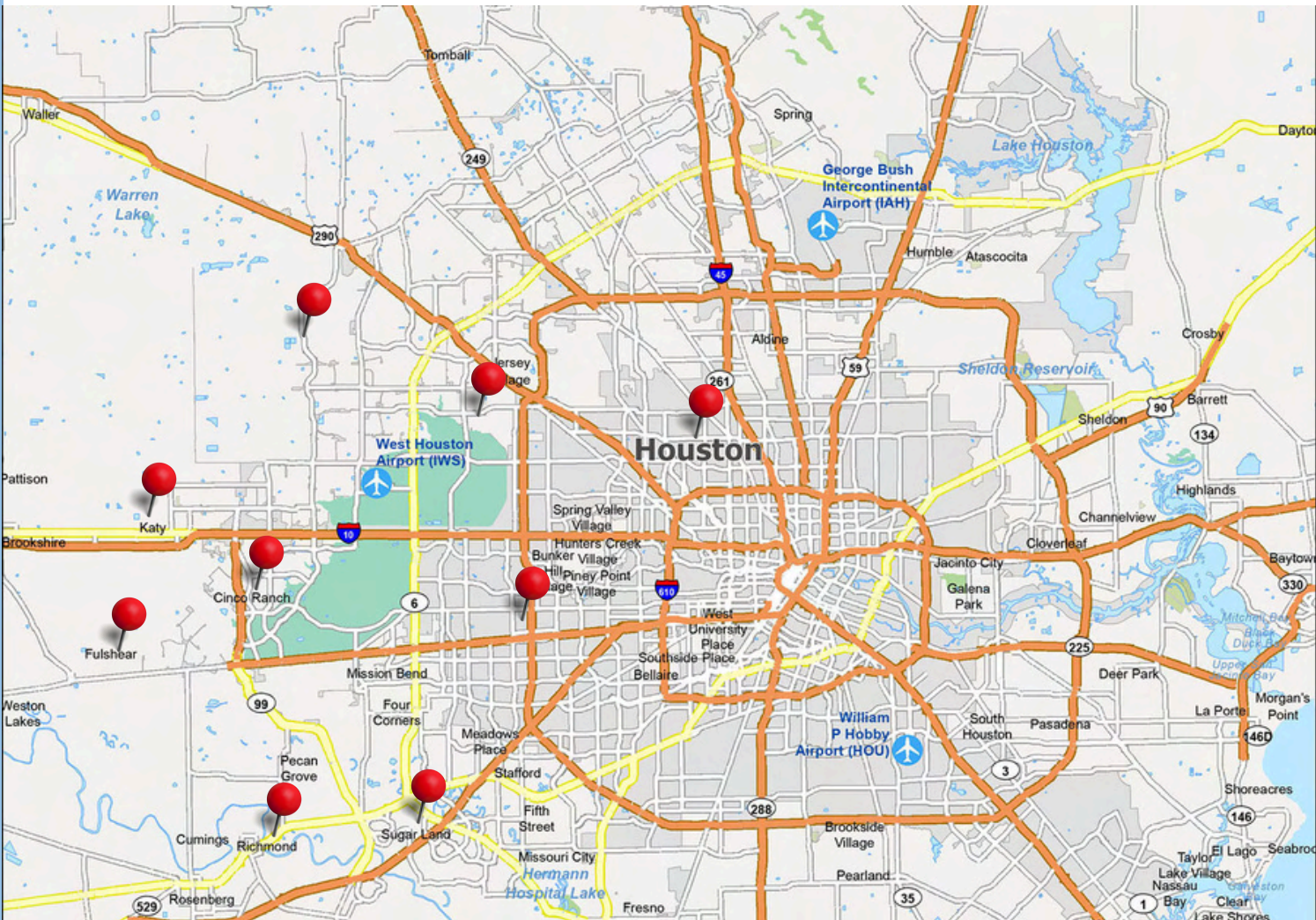
Our main goal is to train and disciple 100 student athletes and see them transformed to be in great physical and mental health and be bold in their faith. We know that true transformation has taken place when student athletes make lifestyle changes and also begin to share Jesus with their peers. We also want them to find their identity in Jesus and not in their sport only. When they complete this program it is our hope that they know they are more than just an athlete. In Jesus, there is life and a purpose for them after sports. Non faith athletes will complete this program with valuable sports knowledge and godly principles to help them build strong relationships and be leaders in their community.

TARGET AREAS

We plan to target the northwest and west areas of Houston. Katy, Cinco Ranch, Cypress, and Fulshear. We also plan to have high school athletes from the southwest and inner city area of Houston.

College Athletes: 40 total (Texas A&M, PVAMU , Rice, University of Houston, Houston Christian University, Texas Southern, and more)

High School Athletes: 60 total (Katy, Cinco Ranch, Cypress, Fulshear, Richmond, Sugar Land, & more).





Sponsors

WHAT YOU ARE SPONSORING

There are many student athletes in the Houston area who cannot afford training but are in need of discipleship. Your donation will provide student athletes with **free professional athletic training**.

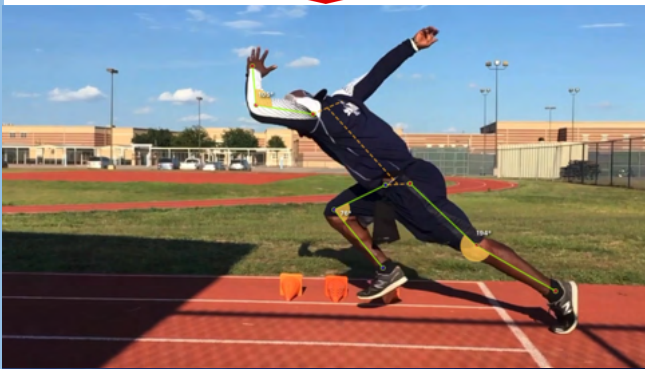
***Churches:** Sponsor youth or young adults in their program or any amount of athletes. *(This is missions, and community outreach)*

***Businesses/ Organizations:** Sponsor any amount of athletes. *(This is charitable giving to the community or corporate philanthropy)*

*Frequently Asked Question

Does our business or organization have to be Christian in order to sponsor athletes in the program?

Answer: No. Your tax deductible donation is going towards **only paying for the professional athletic training by Michael Ray Garvin and staff**. The spiritual discipleship is offered free of charge. Athletes can choose to only participate in the professional athletic training and sports education of the program.



THE UNIVERSAL ATHLETE

NUTRITION SUPPLEMENTS TRAINING

*Fastest man of the 2009 NFL Draft
4-24-4-Dyd*



By Michael Ray Garvin



GET IT NOW!





HIGH SCHOOL



COLLEGE



NFL

World's Most Jacked Athlete

ORDER NOW

Funding

ATHLETES

We are asking for **\$1,008,000** to sponsor 100 athletes to pay for **professional athletic training for three years.**

\$280 x 100 athletes = \$28,000 for one month.

\$28,000 x 12 months = \$336,000 for one year.

\$336,000 x 3 years = \$1,008,000 for three years.



Funding

To help us achieve our goals we also plan to raise funds to purchase a ranch in Texas and build a basketball court, turf or grass field for training, and a small track. This ranch will be used for large retreats that will occur two to three times each year. It will also be used to hold training sessions and bible studies on the weekends.

PLAYMAKERS SPORTS RANCH

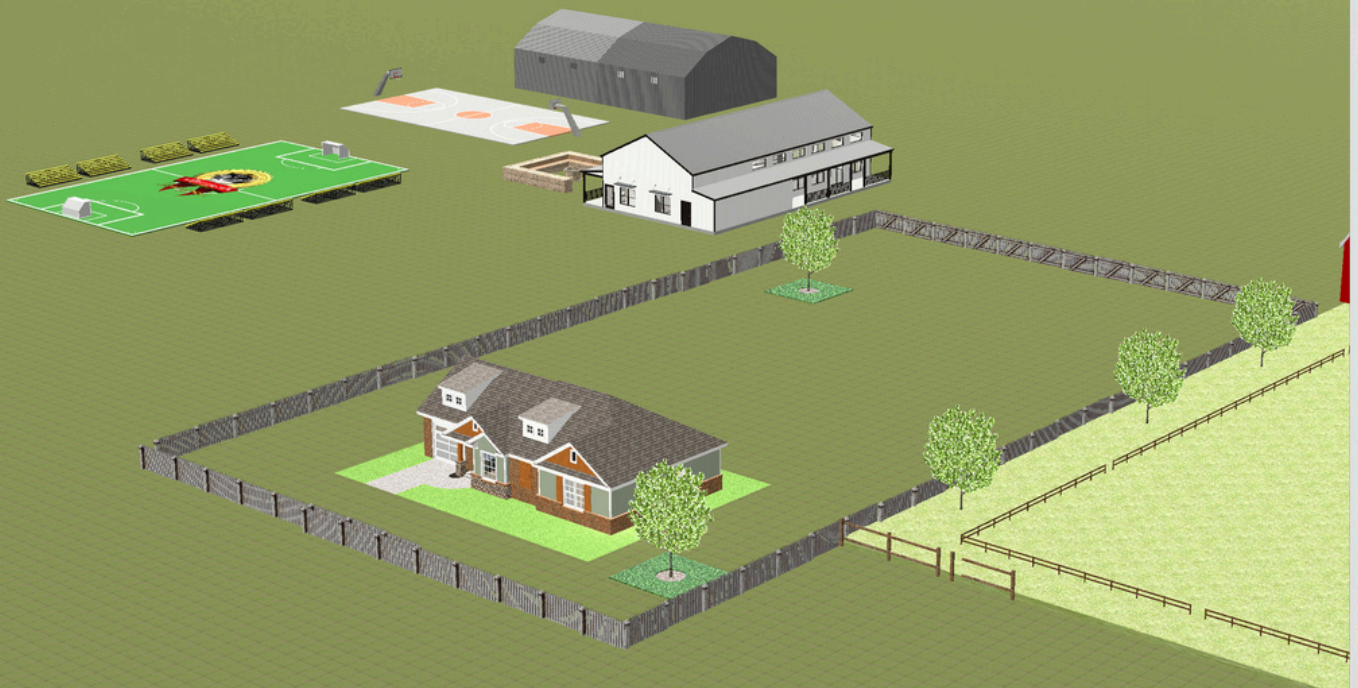
The Sports Ranch will be on land that is 5-7 acres.

Michael and Alesha Living Quarters

Athletes' Living Quarters (8-10 bedrooms) game room, kitchen, and living room.

Basketball Court, Football & Soccer field, 60m Track, Small weight room.

Playmakers Sports Ranch Funding: \$7,500,000-\$9,000,000



Ways to Give

MAIL A CHECK

Mail To: Playmakers In The Faith
Att: Universal Athlete Program
21040 Highland Knolls Dr Ste 200 -#461
Katy, TX 77450-1570

GIVE ONLINE



<https://playmakersinthefait.org/universal-athlete-program>

Venmo: @PlaymakersInTheFaith

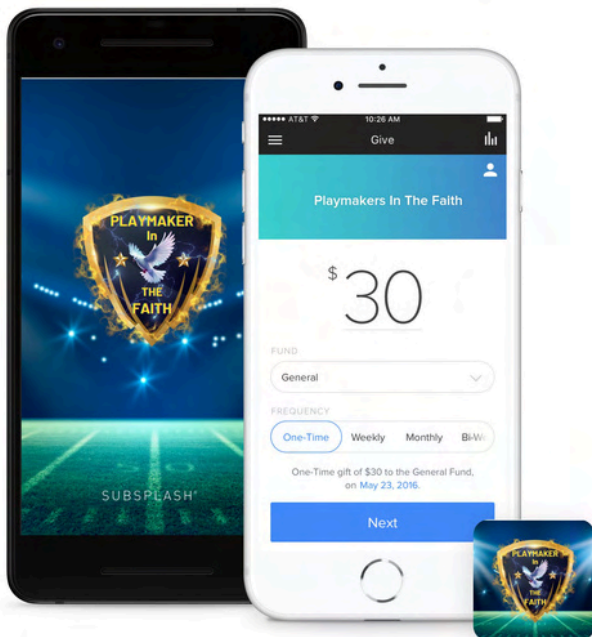
Cashapp: @PlaymakersInTheFaith



<https://playmakersinthefait.com/universalathlete>

DONATE >>

SCAN
ME



Fast and Easy Giving

Playmakers In The Faith

