**MENTAL & EMOTIONAL HEALING SCRIPTURES**

There are so many scriptures for mental healing and emotional renewal, God thought of us in a special way*. 1 Peter 3:7. Likewise, husbands, live with your wives in an understanding way, showing honor to the woman as the weaker vessel, since they are heirs with you of the grace of life, so that your prayers* *may not be hindered. Here are scriptures for renewing and transformation.*

Romans 12:2 for transformation through a renewed mind,

Philippians 4:8 for focusing thoughts on good things,

Matthew 11:28-30 for finding rest in Christ,

2 Timothy 1:7 for a spirit of power and self-control, and

Isaiah 41:10 for strength from God.

Psalm 147:3 also speaks to God healing the brokenhearted, and

John 16:33 offers peace in the face of suffering.

*Renewal and Transformation*

Romans 12:2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect will of God".

2 Timothy 1:7 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind".

Philippians 4:8-Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things".

John 16:33 "These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world".

*Strength and Comfort*

Isaiah 41:10: "Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness".

Matthew 11:28-30: "Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls".

Psalm 147:3: "He [God] healeth the broken in heart, and bindeth up their wounds".

*Go Ladies be free and heal yourself with God’s anointed word…without faith, nothing happens!*