**Going Through Hard Times**

**By Sis. Shavon Gray**

Hard times can come in many forms—loss of a job, a loved one, a home, car troubles, marriage struggles, or trauma. No matter what it is, we still need to be in the presence of God and continue in prayer. But let's be honest—it's not always easy to pray when you're going through a tough time.

This is when we must allow God to minister to us. As He begins to minister, we need to respond to Him. Before you know it, you're back in His presence-strengthened and comforted.

**Keys to Remember:**

* **Faith** – Complete trust or confidence in someone or something.
* **Trust** – A firm belief in the reliability, truth, ability, or strength of someone or something.
* **Seek Guidance** – From God. Also, seek a spiritual leader or mentor if needed.
* **Hope** – A feeling of expectation and desire for a certain thing to happen; a feeling of trust.
* **Renew Strength** –  
  *Isaiah 40:31:*  
  *“But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.”*

*Psalm 23:6:*  
*"Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever."*

To **dwell in the house of the Lord** symbolizes living in close fellowship with God—experiencing His presence, care, and protection both in this life and in eternity. We must have a covenant relationship with God.

This verse gives us trust and hope in our great Lord—that His goodness will remain with us. He will bless us and our families throughout life, and we will find eternal rest with Him.

**God will keep us and provide for every need we have.**  
Continue to dwell in His house.