

Jonah

THE MINOR PROPHETS

6-Day
Devotional

Day 1: Running from God

Passage: Jonah 1:1–3

Reflection: God called Jonah to go to Nineveh and preach to a people he hated. Instead, Jonah ran in the opposite direction. It's easy to look at Jonah and shake our heads, but don't we do the same? When God asks us to do something hard like love an enemy, forgive someone who hurt us, or speak truth in love, our first instinct might be to avoid it. But running from God never leads to peace.

Prayer: Lord, help me to stop running from what You've called me to do. Give me the courage to follow even when it's uncomfortable.

Action Step: Write down one area where you've been avoiding God's direction. Ask for His strength to take one small step of obedience today.

Day 2: Storms and Surrender

Passage: Jonah 1:4–16

Reflection: God sent a storm not to destroy Jonah, but to redirect him. While the sailors panicked, Jonah slept. Sometimes we get so numb to our disobedience that we miss the warning signs. But God's grace often looks like a storm designed not to punish, but to wake us up.

Prayer: Father, thank You for loving me enough to pursue me, even in the middle of my mess. Help me see Your hand at work, even in life's storms.

Action Step: Reflect on a "storm" in your life. How might God have used it to get your attention or draw you closer to Him?

Day 3: Swallowed by Grace

Passage: Jonah 1:17–2:10

Reflection: Jonah prayed from inside a fish, a place of total desperation. And yet, God heard him. There's nowhere you can go where God won't meet you. Grace finds us in the lowest places and gives us a second chance. Jonah deserved judgment, but God gave mercy.

Prayer: God, thank You for being near when I feel far. Thank You for mercy that finds me when I've messed up.

Action Step: Spend 5 minutes praying honestly with no filters. Talk to God from wherever you are, even if it's messy.

Day 4: Obedience with a Bitter Heart

Passage: Jonah 3:1–10

Reflection: Jonah finally obeyed, but he wasn't thrilled about it. He preached to Nineveh with reluctance, yet the entire city repented! God's power isn't limited by our attitudes. He can use our obedience, even when it is reluctant. But imagine how much more He can do when our hearts are aligned with His.

Prayer: Lord, shape my heart as I obey You. I don't want to just go through the motions. I want to follow you with joy.

Action Step: Is there something God's asked you to do that you've been doing half-heartedly? Choose to obey fully today, not just with your actions, but with your heart.

Day 5: When Grace Offends You

Passage: Jonah 4:1–4

Reflection: Jonah was angry when God showed mercy to Nineveh. He wanted grace for himself, but judgment for his enemies. The book of Jonah challenges our tendency to decide who deserves God's mercy. But the truth is, grace isn't fair, and thank God it's not. If it were, none of us would stand a chance.

Prayer: God, forgive me when I resist Your grace in others' lives. Help me to celebrate Your mercy, even when it stretches me.

Action Step: Think of someone you struggle to forgive. Ask God to help you see them through His eyes, and pray for them by name.

Day 6: Lessons from the Plant

Passage: Jonah 4:5–11

Reflection: God gave Jonah a plant to shade him, then took it away to reveal Jonah's misplaced priorities. Jonah had more compassion for the plant than for the people of Nineveh. God is reminding us that His mission is always about people. Comfort fades. But compassion for the lost reflects the heart of God.

Prayer: Lord, break my heart for what breaks Yours. Don't let me care more about my comfort than the souls around me.

Action Step: Take a practical step to show compassion today—reach out to someone, serve someone, or give to someone in need.

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We pray this has been an encouragement to you. We'd love to hear how it's impacted you or how we can pray for you!