

**→UNLIMITED
FORMATION
JOURNAL**

Volume Eleven
October – November 2025

NONACHURCH

➤UNLIMITED

Where Faith
Builds The
Future!

NONACHURCH

Dear Nona Church Family,

One thing we have believed at Nona Church from the earliest days is that the invitation of Jesus is into a lifelong journey to follow Him — one step at a time. That is why our mission is to help every person know and take their next best step in following Jesus. For this fall, we have created a special five-week volume of the Formation Journal to guide you in that journey around one powerful theme: **Unlimited.**

Ephesians 3:20-21 reminds us:

“Now all glory to God, who is able, through His mighty power at work within us, to accomplish infinitely more than we might ask or think. Glory to Him in the church and in Christ Jesus through all generations forever and ever! Amen.”

This fall, we are fixing our eyes on a God who is not bound by our limitations. Where we feel weak, He gives unlimited strength. Where we feel unworthy, He offers unlimited love. Where we feel uncertain, He invites us into a story of unlimited impact. We believe that when faithful followers trust an unlimited God, anything is possible — and His church becomes unstoppable.

Over the next five weeks, this journal will guide you through prayer, Scripture, and reflection that align with our weekend teaching. Our prayer is that it will help you not only encounter God in fresh ways, but also form new habits that remind you daily of His unlimited goodness.

We live in a culture that constantly reminds us of what we lack, but God invites us to remember all that He is. May these next five weeks strengthen your walk with Jesus and open your heart to trust Him with every part of your life.

We can't wait to see how God will work in you and through you this fall, as together we discover what it means to follow an unlimited God.

God Bless,
Pastor Collin & Stacey

7 PRACTICES IN THE WAY OF JESUS

Intimacy With God

knowing God and being known by God



Intentional Rest

trusting God with our time, life and future



Humility

maintaining a right view of God, self and others



Reconciliation

participating in the restoration of all things



Honor

seeing and treating everyone the way God sees them



Stewardship

managing God's gifts God's way for God's glory



Contentment

depending on God's goodness and control in all circumstances

MISSION

We help every person know and take their next best step in following Jesus.

VISION

We exist to be a family of neighborhood churches walking in the way of Jesus for the renewal of our city and world to the glory of God.

WEEKEND SERMON NOTES

Each week, this journal has a place to take notes and reflect on what you are learning through the teachings. We have provided extra space to jot down the big idea from the sermon, any questions you might have, important thoughts you want to remember and next steps towards Jesus you are ready to take. We pray this area will help you not just receive information but lean into the transformation that the Holy Spirit brings through His Word.

DAILY REFLECTION

Each day you will have the opportunity to slow down and reflect on how God is at work in your life. By taking time to notice His presence—in moments of joy and in seasons of challenge—you can cultivate deeper awareness, gratitude and trust in His guidance. Use this space to record your thoughts, prayers and reflections on who God is and what He is doing in and through you.

WEEKLY THEME

Each week, the Unlimited series invites us to focus on a powerful truth from Paul's prayer in the book of Ephesians — a reminder that God's goodness, strength, love, and impact in our lives are not limited by our circumstances or imagination. As we move through these themes, let them guide your reflections and prayers, shaping your faith and expanding your vision of what God can do in and through you.

SCRIPTURE AND PRAYER

How to Read Scripture:

Read the suggested Scripture passage. Try reading it aloud and thinking about each word or phrase.

Invite God to show you what He wants you to consider as you read the passage again. You can use the suggested reflection prompt.

Respond to God with gratitude, confession, joy or any other emotion.

Rest in God's forgiveness, assurance or whatever He might have for you.

Return to a word or phrase from the passage throughout the day.

How to Pray:

God invites us to communicate with Him any time day or night through the practice of prayer. Prayer is both talking to God and listening to the Holy Spirit. A simple way to pray is to think about the letters P-R-A-Y:

P – Praise God for who He is.

R – Repent of where I need forgiveness.

A – Ask God for what I (and others) need.

Y – Yield to the outcome.

You can use this suggested structure and the daily **Prayer Prompts** to grow in the discipline of prayer.

WEEKEND OF OCTOBER 11/12

Theme: More | **Big Idea:** God has more good for you than you think He does.

SERMON NOTES:

REFLECTION:

What is God asking me to do in response to what I've heard today?

MONDAY | OCTOBER 13

EPHESIANS 1

Reflection: Where am I living as though God were limited?

[illegible]

P.R.A.Y.

Ask God to open your eyes to His unlimited goodness. Pray for someone you know who is struggling with discouragement.

[illegible]

TUESDAY | OCTOBER 14

JAMES 1

Reflection: What good gifts has God given me?

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

P.R.A.Y.

Thank God for his protection, provision and love. Pray for thriving relationships in your neighborhood.

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WEDNESDAY | OCTOBER 15

PSALM 23

Reflection: Where do I struggle to trust that the Lord is a Good Shepherd?

[illegible]

P.R.A.Y.

Ask God to increase your trust in Him. Pray for our church leadership as they seek to **establish** a permanent home for our Moss Park campus.

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THURSDAY | OCTOBER 16

PHILIPPIANS 4

Reflection: When am I tempted to worry instead of pray?

[illegible]

P.R.A.Y.

Praise God for being your provider. Pray that your family would know and experience the love of God today.

[illegible]

FRIDAY | OCTOBER 17

JOHN 1

Reflection: What does this text reveal about Jesus?

[illegible]

P.R.A.Y.

Ask God to show you more of who He is. Pray that the decisions you make today would be guided by the Lord.

[illegible]

WEEKEND OF OCTOBER 18/19

Theme: Inner Strength | **Big Idea:** God wants to resource you with unlimited strength.

SERMON NOTES:

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REFLECTION:

What is God asking me to do in response to what I've heard today?

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MONDAY | OCTOBER 20

EPHESIANS 2

Reflection: Where do I need more of God's strength?

[illegible]

P.R.A.Y.

Praise God for the power He promises through the Holy Spirit.

Pray for the nations.

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TUESDAY | OCTOBER 21

2 CORINTHIANS 12

Reflection: How might God be using feelings of inadequacy, doubt or worry as an invitation to seek Him?

[illegible]

P.R.A.Y.

Ask God to give you courage to seek Him in moments of weakness.
Pray for the vulnerable and overlooked in our community.

[illegible]

WEDNESDAY | OCTOBER 22

ISAIAH 40

Reflection: What situations do I need to fully entrust to God?

[illegible]

P.R.A.Y.

Praise God for the hope you have in Him. Pray for our church leadership as they seek the Lord's wisdom to **expand** our Narcoossee Campus.

[illegible]

THURSDAY | OCTOBER 23

COLOSSIANS 1

Reflection: Where do I feel the need to control situations or people?

[illegible]

P.R.A.Y.

Ask God to fill you with endurance, patience and joy.

Pray for our missionaries.

[illegible]

FRIDAY | OCTOBER 24

JOHN 2

Reflection: In which situation or relationship am I trusting the Lord for a miracle?

This image shows a blank sheet of white paper with horizontal black ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

P.R.A.Y.

Praise God that He is a miracle-worker. Pray for those with physical or mental illnesses.

[illegible]

WEEKEND OF OCTOBER 25/26

Theme: Love | **Big Idea:** God's love isn't just unconditional; it's unlimited.

SERMON NOTES:

[illegible]

REFLECTION:

What is God asking me to do in response to what I've heard today?

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MONDAY | OCTOBER 27

EPHESIANS 3

Reflection: Do I believe that God loves me?

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

P.R.A.Y.

Praise God for His unconditional and unlimited love.

Pray for the youth in our community.

[illegible]

TUESDAY | OCTOBER 28

ROMANS 8

Reflection: When am I tempted to doubt God's love for me?

[illegible]

P.R.A.Y.

Ask God to grow your understanding of His love.

Pray for single parents in our community.

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WEDNESDAY | OCTOBER 29

PSALM 103

Reflection: What aspect of God's character am I celebrating today?

[illegible]

P.R.A.Y.

Praise God for who He is. Pray for our leadership as they work to **establish** a Christ-centered school in the community.

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THURSDAY | OCTOBER 30

1 JOHN 3

Reflection: What does it mean to me that I am called a ‘child of God’?

[illegible]

P.R.A.Y.

Ask God to increase your experience of His love. Pray for the marriages in our community.

[illegible]

FRIDAY | OCTOBER 31

JOHN 3

Reflection: Reflect on what God gave to be united with you.

[illegible]

P.R.A.Y.

Praise God for His grace through His Son, Jesus.

Pray for the elderly.

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WEEKEND OF NOVEMBER 1/2

Theme: Impact | **Big Idea:** Understanding God's unlimited love leads to a life of unlimited impact.

SERMON NOTES:

[illegible]

REFLECTION:

What is God asking me to do in response to what I've heard today?

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MONDAY | NOVEMBER 3

EPHESIANS 4

Reflection: What do I want God to do in my life?

[illegible]

P.R.A.Y.

Ask God to expand your vision of what He can do in and through you.

Pray for the teachers and school staff in our community.

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TUESDAY | NOVEMBER 4

ACTS 1

Reflection: Who is God asking me to share His love with today?

This image shows a blank sheet of white paper with horizontal black ruling lines. The lines are evenly spaced and run across the width of the page, providing a template for writing or drawing. There are no margins, text, or other markings on the paper.

P.R.A.Y.

Praise God that He goes with you and will empower you.

Pray for our government leaders.

[illegible]

WEDNESDAY | NOVEMBER 5

MATTHEW 5

Reflection: Where is God calling me to live more generously and graciously?

[illegible]

P.R.A.Y.

Ask that God would strengthen you to live as He desires you to live.

Pray for our partnership with the people of Malawi.

[illegible]

THURSDAY | NOVEMBER 6

JOHN 15

Reflection: How do I need to reorient my life to stay more connected to God?

[illegible]

P.R.A.Y.

Praise God for His unchanging love for you.

Pray for those experiencing loss.

[illegible]

FRIDAY | NOVEMBER 7

JOHN 4

Reflection: Where am I tempted to quench my eternal desires by temporary means?

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P.R.A.Y.

Ask God to increase your desire for Him.

Pray for the healthcare workers in our community.

[illegible]

WEEKEND OF NOVEMBER 8/9

Theme: Legacy | **Big Idea:** Our faith-filled commitments today echo into eternity.

SERMON NOTES:

REFLECTION:

What is God asking me to do in response to what I've heard today?

MONDAY | NOVEMBER 10

EPHESIANS 5

Reflection: Where have I seen God work in my life or in the lives of those around me?

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P.R.A.Y.

Praise God for His power at work. Pray for the present and future impact of our church body on our community.

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TUESDAY | NOVEMBER 11

MATTHEW 6

Reflection: What things do I treasure?

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

P.R.A.Y.

Ask God to reorient your heart to treasuring what matters most to Him.

Pray for your peers.

[illegible]

WEDNESDAY | NOVEMBER 12

HEBREWS 11

Reflection: Where is God calling me to pray boldly?

[illegible]

P.R.A.Y.

Praise God for giving you faith.

Pray for the volunteers who serve in kids and student ministry.

[illegible]

THURSDAY | NOVEMBER 13

ROMANS 10

Reflection: What am I trusting God for by faith?

[illegible]

P.R.A.Y.

Ask God how He wants you to be involved in His global purpose.

Pray for the Church to flourish throughout the world.

[illegible]

FRIDAY | NOVEMBER 14

JOHN 5

Reflection: Where do I need to trust God more?

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P.R.A.Y.

Praise God for eternal life through faith in Jesus.

Pray for those who are far from God.

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